

# M.A. and Ph.D.\* Programs in Clinical Psychology

## The Programs

- Our programs offer **generalist training** in research and clinical services with children, adolescents, adults, or older adult populations.
- Opportunities to gain knowledge and skills in northern, rural, and cultural issues are available through coursework, research, and clinical training.
- The generalist approach prepares students to work in **urban and rural settings**.
- Thunder Bay is located on the shores of beautiful Lake Superior, and offers a rich culture with all the amenities of a large city. It also provides ample opportunities for an active and healthy lifestyle through easy access to a variety of outdoor activities involving scenic views, and quick travel throughout the city.



Doctoral training in Clinical Psychology prepares one to assess, diagnose, and treat people with disorders of behaviour, emotion, or thought.

## Train to be a Clinical Psychologist

Graduates from our program have gone on to careers as university academics and registered psychologists in hospitals, private practice, and community organizations in urban and rural settings.

## Mission, Philosophy, and Theoretical Orientation

- The programs seek to **pursue excellence** in psychological research, professional education and training, and in public and community service.
- We adopt the **scientist-practitioner model** of training and place equal emphasis on research and evidence-based practice.
- Students are prepared to be **sound researchers and clinicians** who can make novel contributions to psychological science and make informed clinical decisions guided by research evidence.
- The primary theoretical orientation of the program is **cognitive-behavioural**. However, students are exposed to other theoretical orientations in their courses and practicum settings.

## Program Requirements

- MA (2 years): 6 full course equivalents (5 required, 1 elective), Thesis, Practicum (400 hours)
- PhD (4 years): 6 full course equivalents (3 required, 3 elective), Dissertation, Clinical Practice and Research Exam, Practicum (600 hours), Internship (1 year)

**EXCEPTIONAL. UNCONVENTIONAL.**



\*The PhD program is accredited by the Canadian Psychological Association for a six year term until 2023-24 (<http://www.cpa.ca/accreditation/CPAAccreditedprograms>).



## Feedback from our Graduate Students:

- **Small class sizes** allow for engaging discussions and interactions
- **Small faculty size** means you can really get to know all your professors
- Many opportunities to **collaborate** with different faculty members
- A very **positive supportive collegial environment and culture**
- **Flexibility** in practicum placements and research; the ability to choose practicums and research that fit personal interests

## Program Faculty

The diverse group of full-time faculty offers exceptional teaching, research and/or clinical skill development, and thesis/dissertation supervision:

- Dr. Ron Davis, C.Psych.** – cognitive-behavioural considerations in mood & eating disorders, self-regulatory processes in eating behaviour/body image/stress
- Dr. Gordon Hayman** – cognitive processes, problem solving, memory
- Dr. Rupert Klein** – application of social & personality theories into applied settings
- Dr. Amanda Maranzan, C.Psych., Director of Clinical Programs** – mental illness stigma, mental health outcome research, clinical/ethical/professional issues
- Dr. Dwight Mazmanian, C.Psych.** – mood disorders, anxiety disorders, problem gambling, evolutionary psychology, chronic pain
- Dr. Aislin Mushquash, C. Psych.** – health behaviours, mental health & substance use; personality, social & contextual contributors
- Dr. Christopher Mushquash, C.Psych.** – Indigenous mental health & addiction
- Dr. Kirsten Oinonen, C.Psych.** – behavioural endocrinology, women’s health, evolutionary psychology, clinical neuropsychology
- Dr. Edward Rawana, C.Psych.** – psychological strengths, positive youth development, substance abuse, Indigenous mental health
- Dr. Deborah Scharf, C.Psych.** – mental health & addiction services, systems, & policy
- Dr. Mirella Stroink, Chair, Department of Psychology** – systems thinking, resilience, environmental behaviour, the social psychology of change
- Dr. Josephine Tan, C.Psych.** – cultural clinical psychology, gender & depression, suicide & nonsuicidal self-harm, resilience, student mental health
- Dr. Michael Wesner** – vision, attention, multisensory integration, face perception & biorhythmicity

## Clinical Practicum Settings

Diverse practicum settings make for an environment of opportunity and challenge in which innovation is encouraged and supported. Students have access to the Psychology test library.

- **Hospital settings** such as Thunder Bay Regional Health Sciences Centre & St. Joseph’s Care Group
  - **Inpatient & Outpatient Programs:** Chronic Pain, Neurology, Addictions, Bariatrics, Eating Disorders, Cancer Care, Mental Health Outpatient Program, Adult Rehabilitation Programs, Senior’s Mental Health Programs, Adolescent Inpatient & Day Patient Programs, Adult Forensics Unit
- **Community settings** such as Children’s Centre Thunder Bay & Dilico Anishinabek Family Care
- **Northern/rural settings** such as Nodin Child and Family Intervention Services in Sioux Lookout and Integrated Services for Northern Children in Kenora

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Additional information about the program can be found at the following links:

Program goals: <https://www.lakeheadu.ca/academics/departments/psychology/graduate-programs/clinical-program-information>  
 Applicant and student statistics: <https://www.lakeheadu.ca/academics/departments/psychology/graduate-programs/clinical-program-information/applicant-statistics>  
 Application link: <https://www.lakeheadu.ca/academics/departments/psychology/graduate-programs/application-and-resources>  
 Department email: [grad.psych@lakeheadu.ca](mailto:grad.psych@lakeheadu.ca)