

# SKI SIZING CHART

SKIER HEIGHT		SKIER WEIGHT		APPROXIMATE SKI LENGTH cm		
				Classic/ Touring	Skate	Off trail/ Backcountry
5'0"-5'3"	150-160 cm	<115 lbs	50 kg	180	170	160
		>115 lbs	50 kg	190	180	170
5'4"-5'7"	161-170 cm	<130 lbs	60 kg	190	175	170
		>130 lbs	60 kg	195	185	180
5'8"-5'10"	171-180 cm	<145 lbs	65 kg	195	185	170
		>145 lbs	65 kg	200	195	180
5'11"-6'1"	181-190 cm	<160 lbs	73 kg	200	185	180
		>160 lbs	73 kg	205	195	190
6'2"+	191+ cm	<175 lbs	80 kg	205	200	190
		175-190 lbs	80-86 kg	210	200	200
		>190 lbs	86 kg	215	200	200

Skier weight and height are the key elements in choosing the right ski. If skiing with a pack, include the estimated weight that you will carry. For more grip - go down one size. For more glide - go up one size.