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Bachelor of Science in Nursing Program

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General Skills Letter – Year 3 Collaborative BScN program

**This letter is for information purposes only.**

Year I of the BScN program focuses on foundations of relational nursing practice. Fall term nursing courses engage students with fundamental nursing knowledge, including a laboratory course that focuses on therapeutic communication, working with others, and interpersonal skills. An integrated anatomy and physiology course focuses on nursing application of A & P, with head to toe health assessment covered in labs. In the winter term, students study in the laboratory and apply knowledge and skills such as in a long-term care setting. Students have been taught basic nursing skills, such as systematic health assessment, vital signs, hygiene, nutrition, elimination, fluid balance, safety, mobility, communication, and nursing process skills. Students spend 90 hours in a lab environment and 48 hours in a long-term setting.

Year II focuses on care of ill adults, with knowledge of pathophysiology and nursing care supported by two other courses: an integrated nursing sciences course that combines pharmacology, microbiology and nutrition; and clinical courses that begin with a set of intensive nursing skills labs that reinforce theory and practice with skills such as oxygenation, aseptic technique, wound care, bandaging, suture/staple removal, parenteral fluids/injections, nasogastric tube insertion, enteral feedings, chest tubes, blood administration, and catheterization and continue with clinical practice across the year. Students complete 72 hours of clinical practice in the fall and 144 hours in the winter term. A fall-term course focuses on relational nursing care across the lifespan, and in the winter, students study relational nursing practice with vulnerable populations, with an emphasis on ethical relational practice.

Year 3 focuses on specific nursing specialties: maternal-infant nursing, child/youth nursing, mental health nursing, and nursing older adults. In maternal-infant and child/youth nursing, students gain nursing knowledge that they are then able to practice in either a maternal-infant or a pediatric clinical setting. All students complete a clinical placement in mental health and older adult health. Students also gain knowledge of family nursing and community health/population health nursing in Year III.

If required, any student can provide proof of enrolment and/or a transcript to confirm academic standing by obtaining the same from the University Enrolment Services office.