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LAKEHEAD UNIVERSITY AND CONFEDERATION COLLEGE  
BACHELOR OF SCIENCE IN NURSING PROGRAM

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General Skills Letter - Year 1 Collaborative BScN Program

**This letter is for information purposes only.**

Year I focuses on foundations of relational nursing practice. Fall term nursing courses engage students with fundamental nursing knowledge, including a laboratory course that focuses on therapeutic communication, working with others, and interpersonal skills. An integrated anatomy and physiology course focuses on nursing application of A & P, with head to toe health assessment covered in labs. Beginning reading of nursing and related research is facilitated by courses in statistics and nursing inquiry. In the winter term, students study in the laboratory and apply knowledge in a longterm care setting. Students have been taught basic nursing skills, such as systematic health assessment, vital signs, hygiene, nutrition, elimination, fluid balance, safety, mobility, communication, and nursing process skills. Students spent 90 hours in a lab environment and 48 hours in a long-term setting, providing nursing care to clients. Introductory psychology and elective courses round out Year I.

If required, any student can provide proof of enrolment and/or a transcript to confirm academic standing by obtaining the same from the University Enrolment Services office.