

Lakehead University Bachelor of Science in Nursing

General Skills Letter – Year 3 BScN Programs

This letter is for information purposes only.

Year 1 focuses on foundations of relational nursing practice. Fall term nursing courses engage students with fundamental nursing knowledge, including a laboratory course that focuses on therapeutic communication, working with others, and interpersonal skills. An integrated Anatomy and Physiology course focuses on nursing application of A & P with head-to-toe assessment, covered in labs. Beginning reading of Nursing and related research is facilitated by courses in statistics and nursing inquiry. In the winter term, students study in the laboratory and apply knowledge in a long-term care setting. Students have been taught basic nursing skills, such as a systematic health assessment, vital signs, hygiene, nutrition, elimination, fluid balance, safety, mobility, communication, and nursing process skills. Students spend 90 hours in a lab environment, and 48 hours in a long-term care setting, providing nursing care to clients. Introductory psychology and elective courses round out year 1.

Year 2 focuses on care of ill adults, with knowledge of pathophysiology and nursing care supported by two other courses: an integrated nursing sciences course that combines pharmacology, microbiology and nutrition; and clinical courses that begin with a set of intensive nursing skills labs and continue with clinical practice across the year. Simulation and other strategies augment clinical practice. Students complete 72 hours of clinical practice in the fall, and 144 hours in the winter term. A fall-term course focuses on relational nursing care across the lifespan. In the winter, students study relational nursing practice with vulnerable populations, with an emphasis on ethical relational practice. These two courses support the student's development as a professional nurse.

Year 3 focuses on specific nursing specialties: maternal-infant nursing, child/youth nursing, mental health nursing, and nursing older adults. In maternal-infant and child/youth nursing, students gain nursing knowledge that they are then able to practice in either a maternal-infant or a pediatric clinical setting. All students complete a clinical placement in mental health and older adult health. Students also gain knowledge of family nursing and community health/population health nursing in Year 3.

If required, any student can provide proof of enrollment and/or a transcript to confirm academic standing, by obtaining the same from the University Enrolment Services office.