

Lakehead University Bachelor of Science in Nursing

General Skills Letter – Year 1 BScN Programs

This letter is for information purposes only.

Year 1 focuses on foundations of relational nursing practice. Fall term nursing courses engage students with fundamental nursing knowledge, including a laboratory course that focuses on therapeutic communication, working with others, and interpersonal skills. An integrated Anatomy and Physiology course focuses on nursing application of A & P with head-to-toe assessment, covered in labs. Beginning reading of Nursing and related research is facilitated by courses in statistics and nursing inquiry.

In the winter term, students study in the laboratory and apply knowledge in a long-term care setting. Students have been taught basic nursing skills, such as a systematic health assessment, vital signs, hygiene, nutrition, elimination, fluid balance, safety, mobility, communication, and nursing process skills.

Students spend 90 hours in a lab environment, and 48 hours in a long-term care setting, providing nursing care to clients.

Introductory psychology and elective courses round out year 1.

If required, any student can provide proof of enrollment and/or a transcript to confirm academic standing, by obtaining the same from the University Enrolment Services office.