

Healing the Whole Self

A training for service providers working with women
surviving the effects of domestic violence

Wednesday, May 13th, 2015

8:30 am—5 pm

Lakehead University, Conference Services
955 Oliver Road, Thunder Bay

This training day is for anyone who works with domestic/intimate partner violence (i.e., counselors, social workers, psychologists, social service workers, nurses, students, etc.).

To register, email Taslim at talani@lakeheadu.ca

Registration required. Spaces are limited.

\$20 registration fee; free for students

Includes lunch and snacks throughout the day

Child care, bus passes/parking reimbursement available

About the *Healing the Whole Self* Model

Healing the Whole Self was a model developed in Thunder Bay to better serve the needs of Aboriginal women who have experienced domestic violence, but has been used effectively with non-Aboriginal women as well. The model includes

- Psychoeducation about domestic violence and the effects of trauma
- DBT and CBT skills
- Self-care strategies



About the Presenter

Taslim Alani has spent the past several years understanding the many ways in which women experience oppression and marginalization. She completed a Masters in International Development Studies at Dalhousie University in Halifax, Nova Scotia, and a Masters in Clinical Psychology with a Specialization in Women's Studies at Lakehead University in Thunder Bay, Ontario. She is currently completing her PhD in Clinical Psychology at Lakehead University.

Generously sponsored by

