

Employee Health & Wellness

A Wellness Fair



Wednesday Feb 15, 2017

9:30am—4:00pm

In the Agora

**Presented by:
Joint Health & Safety
Committee (Offices &
Classrooms)**

- *Aerobic & Fitness Info*
- *Alzheimer's*
- *Blood Sugar*
- *Chiropractic Care*
- *Chronic Pain*
- *Heart Health*
- *Footwear Expert*
- *Nutrition*
- *Yoga/Meditation*
- *Acupuncture*
- *Fire Prevention*
- *Kinesiology*
- *EFAP*
- *Cancer IQ*
- *Thunder Bay District Health Unit*