

Lakehead University

Faculty of Natural Resources Management

Field School

What equipment do you need?

Clothing	Warm, comfortable, quick drying! Layers are good because it's often cool in the morning but warm at mid-day.
Rain gear	Bring a good quality rain suit (not a poncho). Most folks prefer pants with suspenders and a coat with a hood. Many of these are bright orange with reflective safety stripes on them. This makes it much easier to see you in the bush!
Footwear	Regulations stipulate that you must wear safety boots (green patch toes and soles) when in the field. Waterproof or rubber boots are available at every safety shoe store and many students – and instructors – prefer them. “Bama” socks are great, especially when the boots are a little loose.
Headgear	Hard hats are a must . (Face screens/ear protection aren't necessary in first year.)
Vest	High Visibility or a Cruising vest (with pockets, etc.)
Compass	You must have your own compass. Either the Silva Ranger or the Suunto MC-2 model is acceptable; there are no substitutes. This is one of the most important pieces of equipment you will ever own.
Safety Glasses	Buy a pair that are comfortable and fit well.
Pack Sack	Fill it with plant collecting gear (see below), clipboard with a cover (keeps the rain/dew out of your notes), a whistle, bug repellent, a thermos, and a good nourishing lunch!
Money	There is an ATM on campus.
Meals	Students staying in Residence need to clarify when their meal plan begins and what the cafeteria hours are. They will make you a box lunch if you are going to be off-campus, but you must order it 24 hours ahead of time. Use lakeheadu.catertrax.com website to put in your order.
Plant Collecting Supplies	Masking tape for labeling samples, pocket knife, and small trowel. Anvil style, hand held, good quality clippers are necessary to ensure clean cuts and minimal damage to the tree. Small notebook for writing down field info.

REMEMBER - EVERY DAY IS EARTH DAY!