

Lakehead University Career Services: Where to Learn More About Workplace Safety in Canada

Understanding and practicing workplace safety is essential for maintaining a healthy and productive work environment. As a student entering the workforce, take the time to educate yourself on workplace safety and ensure that you know your rights and responsibilities. If you ever have questions or need additional guidance on workplace safety, please contact **Career Services** or your **employer** for more information.

To ensure you stay informed and up-to-date on workplace safety regulations and practices, here are several Canadian resources you can access for further learning:

1. [Canadian Centre for Occupational Health and Safety \(CCOHS\)](#)

CCOHS provides comprehensive resources on workplace health and safety in Canada, including free courses, guides, and fact sheets on a wide range of topics.

2. [WorkSafeBC](#)

WorkSafeBC is a great resource for students, especially those who are interested in living in British Columbia, but offers useful safety advice that can be applied across the country.

3. [Ontario Ministry of Labour](#)

For students working in Ontario, the Ministry of Labour provides specific resources on health and safety regulations in the province.

4. [Canada Labour Code](#)

The Canada Labour Code governs workplace health and safety across federal jurisdiction workplaces.

5. [SafeWork Canada](#)

SafeWork Canada is an excellent resource for national workplace health and safety information, regulations, and educational materials.

6. [Student Resources from WorkSafe Saskatchewan](#)

While tailored for Saskatchewan, WorkSafe Saskatchewan offers valuable tips for students entering the workforce, with free resources and guides on workplace safety.