



# From the Heart

## Teaching and Learning Goals



### This program will:



1. Ensure a wholistic learning experience that encourages Teacher Candidates' (TCs) healing, health, and wellbeing.



2. Share and model how TCs can begin to ground their practices in Anishinaabe ways of knowing, seeing, doing, and being, to promote both learning and teaching that is congruent with Indigenous pedagogy incorporating family, community, and healing.



3. Strengthen TCs' existing (cultural) knowledge and enhance or transform their teaching and learning practices to reflect Anishinaabe values.



4. Develop TCs' self-reflexivity skills to enable them to reflect on their teaching practices and self.



5. Provide a safe space for TCs to strengthen their identity, as a way to bring their whole Indigenous selves (emotional, physical, spiritual, and mental) into their teaching practice and school communities.



6. Model the importance of relationships for TCs. In an Anishinaabe worldview, everything is related.



7. Foster TCs to become strong helpers who have the knowledge, tools, and skills to guide and walk alongside the future generations.



8. Facilitate connections to local learning systems that include family, community, language/dialects and Aki. Learning will be Aki centered.



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### Indigenous Ways of Knowing



1. Begin to understand the relationality within knowledge and apply relational accountability in their interactions and work.
2. Begin to understand how spirit lives in knowledge, and that knowledge comes from many different sources.
3. Create safe learning spaces that are grounded in spirituality.
4. Learn that an Indigenous way of knowing is spiritual, it comes from our hearts (it is our individual truth); it is related to place and people—family and community; and it includes relational accountability.

### Indigenous Ways of Seeing



1. Begin to understand the importance of an Indigenous worldview and how it differs from a Western worldview.
2. Begin to understand that in Anishinaabe culture, everything has spirit, and thus, we are all related.
3. Begin to understand that worldview is crucial to Anishinaabe ways of knowing and gaining knowledge.
4. Begin to understand that there is a spiritual, emotional, and physical relationship to land and that in Indigenous contexts, land is not just the land we walk upon, but it includes air, water, spirit—all of Mother Earth. It is Aki (Earth)-based learning.

### Indigenous Ways of Doing



1. Learn the importance of Indigenous pedagogy.
2. Begin to understand the purposes of Anishinaabe protocols through experiential learning and participation.
3. Learn their roles and responsibilities in attending ceremonies.
4. Begin to understand the importance of ceremony and that it is a way to gain, demonstrate, and share knowledge.

### Indigenous Ways of Being



1. Begin to learn how to embody the Seven Grandfather Teachings and Eight Grandmother teachings. Also, understand the role kindness plays in creation and that kindness does not equate to being nice.
2. Begin to learn about our Original Instructions which help to guide us in how we should behave and act towards Creation. The goal of Indigenous education should be to create good people.
3. Learn that these Original Instructions are different for everyone and an Anishinaabe way of being is what helps us understand our roles.
4. Learn that Indigenous spirituality, ceremonies, protocols, pedagogies, culture, traditions, people, and place (land), all play a role in our Indigenous way of being.