First it's important to thank our facilitators and let them know just how much we appreciate them as well. We have cards for each, Christine; and it comes with a hug; thank you; and for James, Nadine, and Ryly.

It's important for us to recognize just how valuable they were to our experience in Humanities 101.

I just want to start my speech by thanking all the little people, the munchkins, the children, Ron Hebert. (Raucous laughter;)

One of the most valuable lectures we had was talking about how with all the systemic violence perpetuated against people in society, we still have our agency to be able to push past it – to fight for our own struggles and for those of others. I really think that all who were in that group used our agency to be there in the first place, to complete it successfully, and to move forward to do what is important to us. I learned so much from everyone and the agency that they used to be there.

I learned how you can overcome a brain injury from Keith;
I learned bravery from Shannon;
I learned from Ron to do everything with everything that I have;
From Dan I learned fierce determination;
I learned to raise hell from Lisa;
Alaina you amaze me;
I learned courage from Balbir & Nichole;
And as usual, from Jenn & Joan I learned playfulness & love.

Before we can write our stories, as we were encouraged to do to make sure they are part of history, we have to make sure to live our stories; and I just want to thank you all for letting me be a part of yours.

Thank you.