

# 2019 ACTIVITY REPORT

Faculty of Health and Behavioural Sciences





# A MESSAGE FROM THE DEAN.

The Faculty of Health and Behavioural Sciences (FHBS) is a dynamic environment where students, staff, and faculty members can thrive and play a significant part towards better health and well-being for all. Whether it is through teaching and mentoring, research, or collaborating with our numerous community partners, members of FHBS seek to contribute in ways that will ultimately lead to tangible improvements in our communities. As evidenced in this activity report, our people are fully engaged towards this goal. In addition, our people also contribute economically to our communities by bringing in considerable amounts of external research funds. I hope you will enjoy reading this activity report – we certainly enjoyed compiling it - and I congratulate our people for their accomplishments.





Dr. Michel Bédard is the Dean of the Faculty of Health and Behavioural Sciences. He is a Professor in the Department of Health Sciences, a Professor with the Northern Ontario School of Medicine, and an Adjunct Professor in the Department of Psychology. He is also the Director of the Centre for Research on Safe Driving, and the Scientific Director, Centre for Applied Health Research, St. Joseph's Care Group.

The Faculty of Health and Behavioural Sciences is comprised of several departments and schools, all of which share a dedication to human health and well-being. As such, our students have the opportunity to study multiple dimensions of health: a broad area of study and practice that is relevant to every single individual.

It is our goal to offer educational programming and inspire innovative research that will meet the ever changing demands of the Canadian health care sector, with special emphasis and sensitivity to rural, remote, Indigenous and northern health issues.

Faculty of Health and Behavioural Sciences (FHBS)







**Our Students** 



**å** 1841

Total Students in the Faculty of Health and Behavioural Sciences. **Our Faculty and Staff** 

**76** 

Full time faculty, administrative, and technical staff in the Faculty of Health and Behavioural Sciences.

**Our Scholarly Contributions** 



Journal articles, books, and book chapters, within the Faculty of Health and Behavioural Sciences

**Our Grants Awarded** 

**†** \$10M

Dollars awarded in competitive external grants to the Faculty of Health and Behavioural Sciences.

Our Community Partnerships



Community partnerships have been made.

**Our Teaching** 

173

Undergraduate Courses

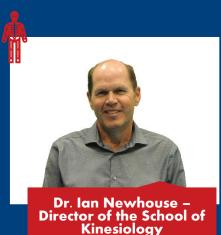
Graduate Courses

Dr. Beth Visser (Psychology), Dr. Kristen Jones-Bonofiglio (Nursing), and Dr. Aislin Mushquash (Psychology) received Contribution to Teaching Awards.

### **DIRECTORS AND CHAIRS**







This was a productive year for the School of Kinesiology! Notable achievements included the following:

Many hours were invested towards the development of our IQAP review document (scheduled for November, 2019). Preparations for our CCUPEKA accreditation were also initiated (scheduled for Winter, 2020).

A number of initiatives were undertaken in service of recruitment and provision of options for (prospective) students.

- At the undergraduate level, a
   Bachelor of Kinesiology stream was
   developed. This will provide a viable
   contingency for students unable to
   complete their honours degree.
- To encourage college graduates to pursue a degree in kinesiology by clearly outlining transferable credits, a dedicated team worked to develop 11 new transfer pathways which have now received Senate approval. Our partner colleges include Georgian, Canadore, Sault, Cambrian, and

   Parácl.
- At the graduate level, a course-based MSc option is in development. This applied 18-month program will mirror our existing professional diploma program offering with an additional research-oriented component.

Over the summer, we said goodbye to our Diploma in Professional Kinesiology Program Coordinator, Brooke Moncrief, and welcomed Erin Sargent to the role. An alumni of Lakehead with expertise in exercise science and sport physiology, Erin brings a wealth of knowledge in the areas of curriculum development and program management.



Faculty and staff in the School of Nursing were pleased to welcome Dr. Idevania Costa in 2018 and Jamie Dicasmirro and Sharon Goertzen in 2019. Dr. Karen McQueen took on the Director role on July 1st when Dr. Glenna Knutson retired after 39 years of service with Lakehead University. The School of Nursing continues to attract a diverse student group into the 2 nursing program streams. The 3-year Compressed BScN Program and 4-year Collaborative BScN Program with Confederation College comprise over 700 students. We are excited about the new activities in the School of Nursing including preparation for the All Nations Nursing Entry Program with Seven Generations Education Institute and a 4th intake of the Community based BScN Program in Collaborative with Confederation College, both for the fall of 2019. The proposed Master of Nursing Program has been submitted for review with the goal of the first intake in 2020.



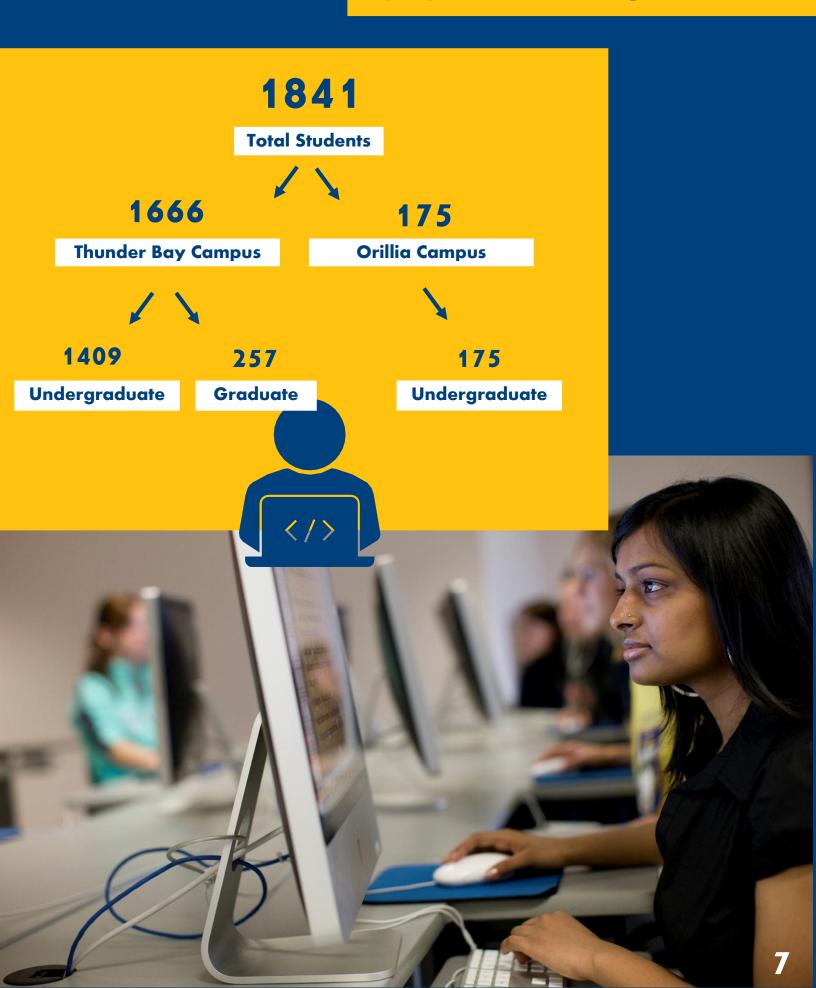
Dr. Mirella Stroink – Chair of the Department of Psychology



In 2018-19 the Department of Psychology underwent its 7-year cyclical program review, capping off a 2-year process of updating and strengthening its undergraduate curriculum. We are excited to provide students with a stronger foundation in the core areas of the discipline while providing more flexibility for advanced course options. Our PhD program in Clinical Psychology received a 6-year period of accreditation by the Canadian Psychological Association. We created a new Program Coordinator staff position that features a focus on student success and were excited to hire Jennifer Liscomb to the position. Dr. Chris Mushquash's Canada Research Chair in Indigenous Mental Health was renewed, and he was hired as the Associate Vice President of Research and Chief Scientist at the Thunder Bay Regional Health Sciences Centre. Dr. Beth Visser received tenure and promotion to the rank of Associate Professor, Dr. Beth Visser and Dr. Aislin Mushquash both received Contribution to Teaching Awards, and Dr. Kirsten Oinonen and Dr. Amanda Maranzan both earned Merit awards. Dr. Maranzan became the new Director of the Clinical Programs in July of 2018, as Dr. Oinonen stepped out of that position after 7 years of service to the Clinical programs. We were pleased to welcome Dr. Alex Drawson and Dr. Taslim Alani as external Adjunct faculty. Finally, our three student associations (Psychology Association of Lakehead Students. Neuroscience Research Interest Group, and Psi Chi) hosted several interesting talks and networking events throughout the year.

The School of Social Work offers two different Honours Bachelor's degree (HBSW) programs and a Master of Social Work (MSW) degree program at both Thunder Bay and Orillia campuses. The four-year HBSW program is designed to combine a liberal arts education with a professional education. The One-Year HBSW program is designed for those students who have completed the requirements of an approved Bachelor's degree other than social work and have related practice experience. All programs are fully accredited by the Canadian Association of Social Work Education. In 2018-19 academic year, the School also successfully went through IQAP re-accreditation. The School has 15 full-time faculty members (8 in Thunder Bay, 7 in Orillia) who are actively engaged in research and community work. Dr. Raymond Neckoway completed his term as Director of the School of Social work during this period, and Dr. Natalya Timoshkina became the Director on July 1.

# **STUDENT ENROLLMENT**



# PEER-REVIEWED CONFERENCE PRESENTATIONS: NATIONAL AND INTERNATIONAL IMPACT







## **JOURNAL ARTICLES**

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# **BOOKS AND BOOK CHAPTERS**

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- Andrée, P. Clark, J.K., Levkoe, C.Z., & Lowitt, K. (2019). Traversing Theory and Practice: Social Movement Engagement in Food Systems Governance for Sustainability, Justice and Democracy. In: Andrée, P. Clark, J.K., Levkoe, C.Z., Lowitt, K. (Eds.). *Civil Society and Social Movements in Food System Governance*. Routledge, Series on Food, Society and Environment.
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# **AWARDED GRANTS**

Granting Body	Research Title	Principal Investigator	Co-Investigators	Amount Awarded (indicate proportion if co- awarded)	Date of Grant
CIHR Operating Grant	Developing a Community-Engaged Research Network for Indigenous Mental Health: Priorities, Knowledge Gaps and Engagement Strategies for Future Research	Ansloos, J. Restoule, B. Stewart, S.	Linklater, R. Fellner, K. Graham, H. Harder, H. Mccormick, R. Mushquash, C. J. Sinclair, R.	\$75,000	2018-2019
National Health and Medical Research Council (Australia)	Driving Longer and Better: Evidence- based interventions for older drivers	Anstey, K.	Wood J., Delbaere K., Bédard M., Brown J., Kiely K., Clare L., Lung, T.	\$918, 549	January 2019
CIHR Planning and Dissemination Grant	Enhancing Educational Practices to Promote Holistic, Culturally Safe, and Equitable Care: Developing a Research Agenda Through a Community of Practice	Cameron, E. Maar, M. McGregor, L. Mushquash, C. J. Spadoni, M.	Urajnik, D.	\$20,000	2018-2019
Public Health Agency of Canada	Empowering the next generation of health care professionals with knowledge, skills, tools, and supports to address infectious diseases related to climate change in Canada Awarded to CASN/CHNEIG		Filice, S. Member of steering committee for CASN CHNEIG to direct literature review, content, stakeholder consultations with health care professionals, review of guidelines, etc	\$496,243	2018
Canadian Institutes of Health Research	Red Light, Yellow Light Green Light, Go! Stratifying Risk of Post-Traumatic Stress in Northern Ontario Fire Services		Gotwals, J. K. (COI) Sinden, K. E. (COI) Smith, K. J. (COI) Kortes-Miller, K. (COI)	\$26,032	May 2019
Associated Medical Services Phoenix Foundation	Cultural Safety and TRC in Health Care Education	Helmer, J (Indigenous Scholar)	Briggs, M. (NOSM) Spadoni, M.	\$100,000	August 2018 – November 2019
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Ontario Association of Interval and Transition Housing	Creating a harm reduction framework	Hovey, A.	Scott, S. Chambers, L.	\$8,500	January 2019
AMS Phoenix Fellowship (Year Two)	Self-compassion as the foundation for well- being & compassionate care	Jones-Bonofiglio, K.		\$25,000 (+ \$25,000 matched funding)	October 2018 – October 2019,
CIHR Project Grant	"Improving palliative care in the home and community: Building CAPACITI(Community Access to Palliative Care via Interprofessional primary care Teams Intervention)"		Kortes-Miller, K.	\$1,216,350	January 2019
Health Canada	Palliative Care Training for First Nations Communities: A Proposal to Support Capacity Development for Palliative Care Services in the Manitoba Region.		Kortes-Miller, K.	\$290,467	March 2019
SSHRC Partnership Development Grant	Deconstructing normativity in gerontology: Focus on sexual orientation & gender indentity		Kortes-Miller, K.	\$182,440	April 2019
CIHR Planning and Dissemination Grant	Engaging the next generation of health scientists in big data research at the 2018 National Student Conference of the Canadian Society for Epidemiology and Biostatistics	Kristman, V. L.		\$10,000	October 2018 – April 2019
Workers Compensation Board of Manitoba, Scientific Research Application	Workplace, supervisor, worker and accommodation factors associated with workers' compensation outcomes: An Ecologic study	Kristman, V. L.		\$177,600	April 2019 – March 2021
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Northern Ontario Heritage Fund Corporation Awarded by the Ministry of Northern Development and Mines	Regional Centres and the Sustainability of Canada's Rural and Northern Landscaped	Galway, L. Levkoe, C. Z. Schiff, R.		\$10,962	2018
On the Horizon Grant Awarded by the University of Minnesota	Solastalgia: Investigating the Nexus of Climate Change, Place, and Human Well-Being	Beery, T. Levkoe, C. Z.		\$14,693	2018
Awarded by the Department of Indian Affairs and Northern Development - National Indigenous Economic Development Board	Sustainable Northern Food Systems Study	Levkoe, C. Z.		\$75,000	2018
Northern Fruit and Vegetable Program Enhancement Project Awarded by the Thunder Bay District Health Unit	Understanding Our Food Systems Phase Two	Levkoe, C. Z.		\$200,504	2018-2019
Connections Grant Awarded by Social Science and Humanities Research Council	Lakehead University Community Connections Showcase	Sameshima, P.	Levkoe, C. Z.	\$10,600	2018-2019
Connections Grant Awarded by Social Science and Humanities Research Council of Canada	Agroecolology Research Summit: Building Sustainable Agri-Food Systems in Canada and Beyond	Levkoe, C. Z.		\$24,892	2018-2019
Institute for Human Geography	Radical Food Geographies: Connecting Knowledges, Cultivating Practices, (re)Imagining Governance	Hammelman, C.	Levkoe, C. Z.	\$4,000	2018-2019
VP Research Strategic - UMD Research Collaboration Grant Awarded by Lakehead University	Developing a Living Lab Learning Network in the Lake Superior Basin: Towards Local and Regional Sustainability	Galway, L. Levkoe, C. Z.		\$3,000	2018-2019 <b>1 9</b>

Connections Grant Awarded by Social Science and Humanities Research Council of Canada	Creating an Innovative and Democratic National Food Policy for Canada	Andrée, P. (Carleton University)	Levkoe, C. Z.	\$25,000	2018-2019
Partnership Engage Grant Awarded by Social Sciences and Humanities Research Council of Canada	The Indigenous Circle: Reconciliation and Resurgence through Food in Northwestern Ontario	Levkoe, C. Z.		\$24,000	2018-2020
Enrichment Funds Awarded American Association of Geographers	Food Justice Workshop	Levkoe, C. Z.		\$3,300	2019
Harbinger Foundation	Indigenous Food Circle	Levkoe, C. Z.		\$5,000	2019-2020
Partnership Engage Grant Awarded by Social Sciences and Humanities Research Council of Canada	Food Sovereignty and Fisheries Governance in Batchewana First Nation	Lowitt, K. (Brandon University)	Levkoe, C. Z.	\$24,965	2019-2021
Research Grant Awarded by Mitacs Globalink	Food Movements, Sustainable Food Systems and Indigenous- Settler Relations	Bohunicky, M. Levkoe, C. Z.		\$6,000	2019-2021
Insight Development Grant Awarded by the Social Sciences and Humanities Research Council of Canada	Fish as Food: Integrating Fisheries into Sustainable Food Systems for the Lake Superior Watershed	Levkoe, C. Z. Lowitt, K. (Brandon University)		\$66,486	2019-2022
Aid to Scholarly Publications Awarded by the Social Sciences and Humanities Research Council of Canada	Canadian Food Studies/ La Revue canadienne des etudes sur l'alimentation	Levkoe, C. Z.		\$96,300	2019-2022
Partnership Development Grant Awarded by the Social Sciences and Humanities Research Council of Canada	Lake Superior Living Labs Network: Enhancing Capacity for Regenerative Social-Ecological Systems	Levkoe, C. Z.		\$188,106	2019-2023
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Insight Grant Awarded by the Social Sciences and Humanities Research Council of Canada	Civil Society and Social Movement Engagement in Food Systems Governance	Levkoe, C. Z.		\$244,910	2019-2025
Gambling Research Exchange Ontario, BET: Student Capacity Program	Gambling and gaming harm reduction: A KT project for young adults in Northern Ontario	Mazmanian, D.		\$13,440	March 20, 2019 (ongoing)
CIHR Team Grant	Deepening the Roots of Living in a Good Way for Indigenous Children. The Indigenous Mentorship Program	Mcgavock, J. Mccomber, A. Ferguson, L. Halas, J. Levesque, L. Storey, K. Young, N.	Desjarlais, F. Torrance, B. Ballie, C. Dart, A. Johnson, J. King, M. Mchugh, T. Mushquash, A. Mushquash, C. J. Shen, G. Willows, N.	\$1,495,000	2018-2023
SSHRC Exchange Program	Psychosocial Interventions for Neonatal Abstinence Syndrome	Murphy-Oikonen, J.		\$1,000	June 2019
CIHR Planning and Dissemination Grant	Determining the optimal delivery and content of pediatric weight management services for families living in remote First Nations communities	Mushquash, A.	Ball, G. McGavock, J. Mushquash, C. J. Pearson, E.	\$15,000	2018-2019
Canadian Institutes of Health Research – Subgrant Agreement	Promoting resilience in incoming undergraduate students: Implementation and evaluation of a resilience app	Mushquash, A.		\$109,480	2018-2020
CIHR Project Grant	Developing a Transdiagnostic Group Intervention for First Nations Children and Youth	Mushquash, C. J.	Kowatch, K.	\$160,000	2018-2022
Indigenous Services Canada	'Choose Life': Evaluation of Jordan's Principle Projects in Nishnawbe-Aski First Nations	Mushquash, C. J. Hill, M. E.		\$249,965	2019-2020
ONCAT	Exploring Pathways for Oshki Training Institute Students into Lakehead's School of Social Work	Neckoway, R.		\$78,000	March 2019
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CIHR Planning and Dissemination n Grant Institute Community Support	"Revisioning self-care management for seniors living with diabetes: A community consultation".	Plazas, C.	Costa, I. G. Tregunno Duhn Alvorado	\$19,500	December 2018
Thunder Bay Catholic District School Board	Evaluation of the Strengths Assessment and Intervention in the TBCDSB	Rawana, E.		\$50,000	Sept 2018-June 2019
VPRI Strategic – International Research Partnership Award	Exploration of collaborative clinical research with York St. John University	Sanzo, A.		\$5,000	October 2018
NOSM NOSMFA Research Development Grant	The effects of shockwave therapy and the assessment of osteoporotic changes using quantitative ultrasound imaging in a rodent model	Sanzo, A. (COI)		\$7,125	April 2019
CMHA Thunder Bay	Crisis Consultations	Scharf, D.		\$1,800	February 2019
CMHA Thunder Bay	Joint Mobile Crisis Program – Program Evaluation	Scharf, D.		\$10,000	March 2019
NorWest CMHC/Public Health Agency of Canada	Evaluation design for the harm reduction peer mentorship project	Scharf, D.		\$9,355	March 2019
SSHRC	Quality of life and quality of care for cancer patients with comorbid chronic physical health conditions		Scharf, D.	\$17,000	April 2019
SSHRC PDG	Cannot disclose	Schiff, R.		\$79,990	March 2019
Lakehead Senate Research Committee	Cooperative housing – impacts on community wellbeing and social cohesion in the Canadian context	Schiff, R.		\$7,000	March 2019
Public Health Agency of Canada, Preventing Gender Violence Grant	Youth Violence Prevention in Thunder Bay District	Scofich, R.	Nadin, S. Hill, M. E. Olsen, C. Wenzel, S. Chevrette, L. Albanese McFarlane, J. Crooks, C. Mushquash, C. J.	\$955,111	2018-2023
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CIHR Planning and Dissemination Grant – Institute Community Support	Integrating knowledge users to identify research priorities in a Northwestern Ontario start-up mine: Implications for preventing injury among female miners.		Sinden, K. E. (COI) Mackenzie, C. (COI) Dorman, S. D. (COI) Eger, T. (COI) Kristman, V. (COI) Pearson, E. (COI)	\$9,064.92	2018-2019
CIHR – Catalyst Grant	Identifying the impact of formal and informal critical incident interventions on firefighters' exposure to post-traumatic stress injury in a Northwestern Ontario fire service	Sinden, K. E.		\$100,534	February 2019
CROSH – Speed Grant Competition	PTSD Information Guide: Offering support for employers, workers, and family members		Sinden, K. E. (COI)	\$9,970	May 2019
CROSH – Seed Grant Competition	Managing Critical Incident Exposure among Subgroups of Thunder Bay Fire Rescue Firefighters: Considering Impacts of Sex/Gender and Years of Service	Sinden, K. E.		\$9,910	May 2019
Canadian Institutes of Health Research (Team Grant: Mental Wellness in Public Safety Team Grants – Letter of Intent Development Grant)	Resiliency training for firefighters: a national implementation evaluation		Sinden, K. E. (COI)	\$30,000	June 2019
SSHRC Insight Development Grant	Preparing students for rural careers: Examining the learning processes and outcomes in rural medical education in Canada	Stroink, M.		\$62,200	June 2019
Employment and Social Development Canada: New Horizons for Seniors Program- Community- Based Projects	Changing Melodies: A Declaration of Independence		Sutherland, N. (COI)	\$24,575	2019-2020
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CIHR	Inclusive and Just End-of-Life Decision Making in Long-Term Care Homes	Sutherland, N.	Wiersma, E.		2019-2022
Canadian Institutes of Health Research (CIHR), Project Grant	Promoting Just and Inclusive End-of-life Decision-making for Long-term Care Residents with Dementia and their Care Partners	Sutherland, N.		\$195,075	April 2019-2022
Northern Ontario School of Medicine Association – Clinical Innovation Grant 2018-2019	Improving evidence- based pain care and opioid stewardship in Northern Ontario: An evaluation of health provider behavior changes following participation in Project Extension for Community Health Outcomes		Macleod, B. Smyth, C. Larocque, T. Rash, J. Glynn, B. Poulin, P. A. Mushquash, C. J.	\$49,990	
Emerging Leader of America (ELAPS)	Static and Dynamic Testing of 3D-Printed Designs for Injuries Prevention and Rehabilitation	Villa, R. (student of Zerpa, C.)		\$15,000	January 2019
CIHR Project Grant	Towards a Foundation of Indigenous Health Research Grounded in Our Relationships	Walker, J. Pedri, C.	Carlson, E. Cote-Meek, S. Fortin, D. Manitowabi, D. Moeke-Pickering, T. Mushquash, C. J.	\$75,000	2018-2019
Public Health Agency of Canada Community Dementia Investment	Building Community Capacity for Meaningful Participation of People Living with Dementia	Wiersma, E. Phinney, A. (University of British Columbia)	Sutherland, N. (COI)	\$999,888	2019-2023
New Horizons For Seniors Grant	A Changing Melody Conference: A Declaration of Independence	Wiersma, E.		\$24,965	2019-2020
North West LHIN Dementia Funding	Dementia Café: A Place to Belong	Wiersma, E.		\$25,145	Annually (ongoing base funding)
North West LHIN Dementia Funding	Behavioural Supports Ontario Community Education Funding	Wiersma, E		\$18,000	Annually (ongoing base funding)
CIHR Project Grant	Educating for Equality: Building Culturally Safe Care through Indigenous Narratives	Wylie, L. Ray, L.	Mushquash, C. J. Pitawanakat, B. Smye, V. Wathen, N. Forchuck, C.	\$460,050	2019-2024
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	application.				
Social Sciences and Humanities Research Council – Connection Grant	Increasing the dissemination of best practices in psychology: Practice guidelines, practice-research networks, clinical tools, progress tracking, and evidence based practice.		Mushquash, A.	\$45,761	2019-2020
CHIR – Catalyst Grant	Identifying the impact of formal and informal critical incident interventions on firefighters exposure to post-traumatic stress injury in a Northwestern Ontario fire service		Vis, J.	\$100,534	February 2019
SSHRC: Enhancement Program	Investigating Psychological and Cognitive Factors Impacting Student Transition to University	Zerpa, C.		\$1,500	June 2019
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Mushquash, A.

\$19,992

2019-2021

Healthy Brains Healthy Lives Initiative, McGill University Promoting brain

in social work students:

smartphone

health and resilience

Implementation and evaluation of a

# **RESEARCH CENTRES**

FHBS faculty members and students are also actively involved in the following Lakehead University Research Centres:

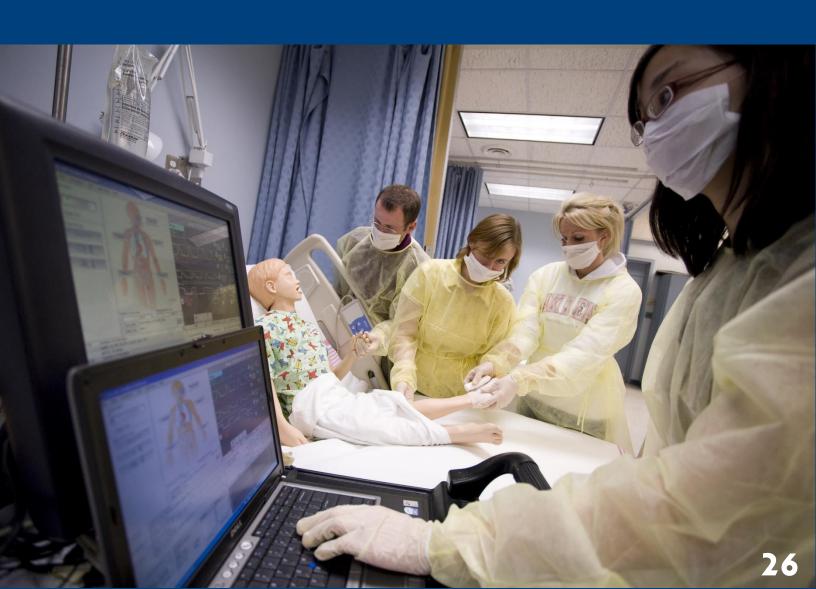
Centre for Health Care Ethics (CHCE)

The Food Security Research Network (FSRN)

The Centre of Education and Research on Positive Youth Development (CERPYD)

Centre for Education and Research on Aging & Health (CERAH)

Centre for Research on Safe Driving (CRSD)







https://www.lakeheadu.ca/programs/faculties/health-and-behavioural-sciences



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### **Department of Health Sciences**



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### **School of Kinesiology**



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### **School of Nursing**



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### **Department of Psychology**



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mstroink@lakeheadu.ca



### **School of Social Work**

