



LAKEHEAD UNIVERSITY

FACULTY OF SOCIAL SCIENCES AND HUMANITIES

CHANGE REQUEST REPORT

Change Request Tracking Number: 2025-SOC-9150

Title of Change Request: Course change – UG – Prereq update
ORPT-4911

Status of Change Request: In Workflow

Change Request can't be split

CHANGE REQUEST CONTENTS

#	Type	Title
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1.	New Version of a Course	Standards of Practice in Therapeutic Recreation
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CHANGE REQUEST HISTORY

Workflow Stage	Action Type	Action Taken By	Change Made	Action Rationale	Date
Initiator	Approved	Lori Kapush	Yes	Submitted to workflow	11/03/2025, 08:48 AM
Submission Review (Manager of Curriculum Development)	Relegated	Submission Review	No	Hello, the course OUTD-4311 is an old version of the course. Please use "Outdoor Recreation 4311" code to located the current version to make changes. Thank you	11/03/2025, 04:26 PM
Initiator	Cancelled	Lori Kapush	Yes	corrections needed	11/06/2025, 01:42 PM
Initiator	Approved	Lori Kapush	Yes	Submitted to workflow	11/06/2025, 01:58 PM
Submission Review (Manager of Curriculum Development)	Approved	Submission Review	No	ok to move forward in workflow	11/13/2025, 08:47 AM

SUPPORTING DOCUMENTS

None.

SUPPORTING DOCUMENTS AUDIT TRAIL

None.

CHANGE REQUEST COMMENTS

None.

1.	New Version of a Course	Standards of Practice in Therapeutic Recreation
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COURSE DETAILS

MODIFY COURSE FORM – The following is information that will be displayed in the University Calendar

- Course Code: Outdoor Recreation 4911 The code is the 'subject' plus the course number (e.g. "Biology 1110").
- Title of Course: Standards of Practice in Therapeutic Recreation
- Course Description: Students will examine and implement the phases of delivering therapeutic recreation programming. Assessment, evidence based program design, and evaluation of nature based experiences for a variety of populations will be explored theoretically and experientially.

Credit Weight of this Course: 0.5 Example 0.25, 0.5, 1.0, 1.5 etc

Offering (Hours of instruction): 3-0 or 3-0 Example 3-0

List any prerequisites for this course here: Outdoor Recreation 36102010

List any corequisites for this course here:

List any special notes or restrictions for this course here: Will appear in the Calendar. For example: A course fee for field activities may be required.

What is the Grade Scheme?:

Is this a Special Topics course?:

Is this course cross listed with another? If so, enter the other course code here:

Course Classification(s):

- Type A: Humanities
- Type B: Social Sciences

The following is information for Committee Review

Faculty or Institution Unit:

- Lakehead University
- Faculty of Social Sciences and Humanities

Calendar Start Term. When this change should be displayed in the Calendar: 20172026-1827

Calendar End Term. When is the last calendar year this should be displayed?: No Specified End Date Use No Specified End date unless you are removing it from the calendar.

Academic Level: Undergraduate

Is this a required course, or an elective?: • Required

What is the pedagogical rationale for this request? Why are you submitting this request?: ~~Therapeutic Recreation (TR) is a growing professional field of practice. Based on societal shifts there is an increased awareness of the connection between health and wellbeing and experiences in nature-based settings. Considering the abundance of outdoor recreation activities and access to natural setting in the Thunder Bay region, it is beneficial for TR professionals to gain skills in accessing and facilitating experiences in natural settings with the ability to negotiate risk and legal liability while demonstrating critical thought and professional excellence. Therapeutic Recreation Ontario (TRO) and the North American regulatory body (National Council for Therapeutic Recreation Certification) for Therapeutic Recreation professionals are currently in the process of professionalizing this line of work. These agencies require the completion of a four year~~

~~recreation degree with therapeutic recreation courses (Table 1) that are informed by professional Standards of Practice to become a fully qualified Therapeutic Recreation professional. Currently the only available degree offerings for TR diploma graduates are in Southern Ontario (Brock University and University of Waterloo).The proposed concentration has been developed in conjunction with TR0 and the Recreation Therapy program at Confederation College to work towards ensuring that students in North Western Ontario will have the necessary university level courses and placement experiences to work towards becoming registered Therapeutic Recreationists in the province of Ontario. The proposed new course is one of the required elements of this concentration.Prerequisite update For example, is this change required for accreditation?~~

Learning Outcomes: ~~1) Apply evidence based assessment and evaluation tools to Recreation Therapy programming and practice2) Demonstrate comprehension of Therapeutic Recreation Ontario's Standards of Practice3) Design and implement Therapeutic Recreation programming using Provincial and National Standards4) Demonstrate the ability to comprehend and apply multiple forms of data used to inform Therapeutic Recreation practice5) Know and understand Best Practices in Therapeutic Recreation program delivery for a variety of populations~~

Curriculum Navigator Resources Page

REQUIRED FIELD – Course
Experiential Learning
Types:

- Field Experience
- Case Studies

The following is information for Senate Budget Committee Consideration

NOTE: Complete each section and provide full explanations for both "yes" and "no" answers. This will not be displayed in the calendar but will be used by the Senate Budget Committee when considering approval of this proposal. The creator of this proposal may be asked to attend a committee meeting to discuss this proposal. Contact the Chair of the Senate Budget Committee if you wish to discuss any of the questions below.	
Will this request impact student enrolment in another program within the same faculty/unit?:	No
Will this request impact student enrolment in another program in a different faculty/unit?:	No
Will additional resources be required (space, staff, equipment, etc)?:	Yes. To offer the proposed Nature-Based Therapeutic Recreation Concentration, we will need an additional 0.5 FCE sessional support. This is due to the new course being proposed in this request (OUTD 4911). Given the increased enrollments that are projected (at a minimum 5 students per year), the costs of this sessional should be covered. There are two Confederation College Articulation Agreements that have been submitted to Senate, one of which (Confederation College Therapeutic Recreation Diploma to Honours Bachelor of Outdoor Recreation with Concentration in Nature-Based Therapeutic Recreation) is directly related to this proposal. There will be an additional 4 articulation

	agreements coming forward (two with Georgian College, one with Sault College and one with Dawson College), all of which will contribute to increasing enrollment and thus justify the addition of 0.5 FCEs to support the Concentration. no
How will this impact existing teaching loads within this faculty/unit?:	We will need to hire one additional sessional in order to cover the course offerings for our program, including the new Nature-based Therapeutic Recreation concentration program. Despite limiting the number of elective courses offered and rotating courses, we have not been able to limit our sessional budget below 2.5 FCEs. no
What is the impact on the demand for teaching support services (library, computers, staff, etc)? :	None
Will this course require outside support? If yes, please outline the amount and timing of the funding:	No