



## MIDTERM EXAM GUIDE



### STUDY TIPS

- Make a **Study Schedule**
- Learn the best ways to study for **different types of exams**
- Have a good **Study Space** (or book a **Study Room** at the Library)
- **Study Smarter, Not Harder**



**REMEMBER:  
EXAMS DO  
NOT MEASURE  
WHO YOU  
ARE AS A  
PERSON**

A MIDTERM IS JUST A  
SMALL PART OF YOUR  
JOURNEY AT  
LAKEHEAD UNIVERSITY



### ON CAMPUS RESOURCES

- **Drop-In Tutoring** at the Academic Support Zone (LI 2004)
- **Academic Success Appointments** (note taking, exam tips, and more)
- **Student Health and Wellness**
- **Student Accessibility Services**
- **Safe Walk**

### OTHER TIPS

- Determine **what kind of learner** you are
- Take a **break** (no really, science agrees)
- **Take care** of yourself – get a good sleep, eat properly

