



# Student Success Centre

## Academic Supports Overview



Support	Description	How to Access
Online Orientation	To help students succeed at Lakehead, we have created a 4-part online D2L orientation program for new and incoming students that includes: <ul style="list-style-type: none"> <li>• Advice from current students about how to thrive at Lakehead;</li> <li>• Information on the campus and Lakehead community;</li> <li>• Information about financial aid and budgeting;</li> <li>• Access to academic support resources for successful learning;</li> <li>• Where and how to get help at Lakehead;</li> <li>• Suggestions about how to deal with stress;</li> <li>• Guidance as to how to connect students' academic programs or studies with their future careers.</li> </ul>	Students can visit <a href="https://mycounselink.lakeheadu.ca">mycounselink.lakeheadu.ca</a> to access the Lakehead University Online Orientation.
University Seminar Course (UNIV)	University Seminar courses provide new undergraduate students with opportunities to build their academic skills and confidence for a successful transition to university before the start of their fall semester.	Visit <a href="https://lakeheadu.ca/universityseminar">lakeheadu.ca/universityseminar</a>
Academic Skills Resources D2L	The Academic Skills D2L gives helpful tips for time management and active learning, i.e., critical thinking, reading and note-taking, study skills, and test-taking strategies. Modules on academic writing, argumentation, appraising research articles, referencing, presentation skills, and the research process are included, as well as pointers for successful group work.  The D2L also includes a template for an individualized study plan for students to utilize as needed.	Students can visit <a href="https://mycounselink.lakeheadu.ca">mycounselink.lakeheadu.ca</a> to self-register.  Contact <a href="mailto:academiczone.ssc@lakeheadu.ca">academiczone.ssc@lakeheadu.ca</a> for details.
Math and STEM Refreshers D2L	Refresher D2Ls are available to all students throughout the year. The Math Refresher D2L reviews Calculus and Functions, Algebra, and Data Management, while the STEM Refresher D2L covers Biology, Chemistry, and Physics. D2L Refreshers are developed, revised, and maintained by the Academic Support Zone.  Refresher D2Ls open up in May/June and run until March of the following year.	Students can visit <a href="https://mycounselink.lakeheadu.ca">mycounselink.lakeheadu.ca</a> to self-register.  Contact <a href="mailto:academiczone.ssc@lakeheadu.ca">academiczone.ssc@lakeheadu.ca</a> for details.
Math Refresher D2L for CUTP Engineering Students	A Math Refresher D2L designed specifically for the CUTP Engineering students opens in Spring and runs for the entire academic year.  The Refresher covers basic math functions and their graphs, trigonometry, lines, coordinate systems, logarithms and exponentials, domain and range, and sequence and series.	Students can visit <a href="https://mycounselink.lakeheadu.ca">mycounselink.lakeheadu.ca</a> to self-register.  Contact <a href="mailto:academiczone.ssc@lakeheadu.ca">academiczone.ssc@lakeheadu.ca</a> for details
Elements of Style - Basic English & Grammar Module	A module, curated from the famous Elements of Style guidebook, is included in the Academic Skills Resources D2L. It has been designed to help students master the basics of English sentence structure, grammar, and punctuation.	Students can visit <a href="https://mycounselink.lakeheadu.ca">mycounselink.lakeheadu.ca</a> to self-register for the Academic Skills Resources D2L.  Contact <a href="mailto:academiczone.ssc@lakeheadu.ca">academiczone.ssc@lakeheadu.ca</a> for details.
Academic Writing Coach Services	Our Writing Coaches help students develop writing skills and are available to assist with the following: <ul style="list-style-type: none"> <li>• Setting research questions;</li> <li>• Creating literature reviews;</li> <li>• Examining structure, arguments, and logical flow;</li> <li>• Learning proper referencing and citation;</li> <li>• Bolstering self-editing and proof-reading skills</li> </ul> Writing appointments are designed to teach and augment writing skills, not provide copy-editing services.	One-to-one writing support is available through the Academic Support Zone by booking an appointment online at <a href="https://mysuccess.lakeheadu.ca">mysuccess.lakeheadu.ca</a> or <a href="mailto:academiczone.ssc@lakeheadu.ca">academiczone.ssc@lakeheadu.ca</a> . It is best to book an appointment well in advance of a due date.



# Student Success Centre

## Academic Supports Overview



Support	Description	How to Access
Study Clubs/Academic Peer Mentors	<p>The Academic Support Zone runs Study Clubs for STEM-based disciplines as well as a Writing Study Club for SS&amp;H students. The Study Clubs are led by Academic Peer Mentors – upper-year students who have excelled in their field of study and who are trained to guide others in the ins and outs of university academics. Study Clubs also provide social networking opportunities, which reduce students' feelings of isolation, build their confidence, and augment their sense of belonging to Lakehead University.</p> <p>Individual academic support is available as needed and when possible.</p>	<p>The Academic Support Zone's Study Club schedule will be made available early in the Fall and Winter terms on the <a href="#">Academic Support Zone website</a>.</p> <p>Individual tutoring/support can be requested by contacting <a href="mailto:academiczone.ssc@lakeheadu.ca">academiczone.ssc@lakeheadu.ca</a>.</p>
Bounce Back Sessions	<p>Bounce Back Sessions are created to help students get back on track with their academic careers. Sessions may cover time management tips, note-taking strategies, study smarts techniques, and the use of individualized study plans. They are offered in January as students return for the winter academic term and are delivered both in person and/or online.</p>	<p><a href="#">Registration</a> is made available as part of the Winter Orientation schedule shared in December.</p>
Student Success Advising, Academic and University Life	<p>The Student Success Centre offers one-on-one academic skills-based advising for students who are struggling with their studies. Appointments typically focus on strategies to improve note-taking, study skills, and time management.</p> <p>Advising appointments may also focus on helping students re-engage with their courses and university life via the promotion of leadership programs, volunteer opportunities, campus clubs, and the co-curricular record, while also connecting students with other supports as needed.</p>	<p>Student Success Appointments are offered in Thunder Bay and Orillia either in person or online.</p> <p>Students can book appointments via <a href="#">mySuccess</a>.</p>
Academic Skills Workshops	<p>Academic Skills Workshops are offered online or in-person to classes, groups of students, and LUSU clubs and can be tailored to meet student needs. Past workshops included tips on reading &amp; note-taking, time management, academic writing, and test/exam study techniques.</p>	<p>Student Success Appointments are offered in Thunder Bay and Orillia either in person or online.</p> <p>Students can book appointments via <a href="#">mySuccess</a>.</p>
Classroom Visits	<p>A Student Affairs Departmental Overview of Supports and Services PowerPoint presentation is delivered at the beginning of the fall semester to select first-year classes. The Thunder Bay and Orillia Campus Overviews are available to course directors and instructors for upload onto their D2L course sites.</p> <p>An in-class presentation that deals specifically with academic supports is available upon request.</p>	<p>If you are interested in hosting a 5-10 minute overview of academic support services please email our Academic Support Zone Coordinator at <a href="mailto:academiczone.ssc@lakeheadu.ca">academiczone.ssc@lakeheadu.ca</a>.</p>
mySupport Program	<p>mySupport serves as a first point of contact for questions students may have about where to go and who to contact about services for their academic work.</p> <p>Students can also use mySupport to learn more about various career options, mental health services, and social life activities.</p>	<p>Students can access mySupport at <a href="http://lakeheadu.ca/mysupport">lakeheadu.ca/mysupport</a>.</p> <p>mySupport is also available under students' myInfo accounts.</p>