

Cooperative Education Overview

Lakehead University's Co-op Department integrates academic learning with practical work experience, offering students diverse placements across various disciplines. Co-op education bridges the gap between theory and practice, enhancing understanding and employability. It helps students build strong resumes, develop professional networks, and gain industry-specific skills, giving them a competitive edge in the job market. The Co-op Department is dedicated to enriching students' academic journeys and preparing them for successful careers. For more information about the co-op program, please visit the Co-op Faculty Toolkit.

Services Available to Students

Co-op information, services and support is available online via [MySuccess.Lakeheadu.ca](https://mysuccess.lakeheadu.ca). Students and faculty can use their Lakehead credentials (email and password) to access the platform. MySuccess enables students to schedule appointments, review job opportunities, submit applications, and participate in various aspects of the co-op program, according to their program requirements.

Individual appointments can be booked in MySuccess for the following topics

- Career and employment advising
- Co-op advisor/monitor meetings
- Cover letter, resume, and job searching tips
- Strong interest inventory

For more information on how to use MySuccess, please see the MySuccess FAQ document, or feel free to drop into the Career Zone for support. For more information about the co-operative education at Lakehead, please contact coopadvisor@lakeheadu.ca.

How do students/employers apply for co-op

Students applying for the Co-op Program log in to MySuccess with their MyInfo and D2L credentials. This allows them to access program details, eligibility criteria, and submit their applications directly through the platform. Notifications on application status are sent via email, ensuring a straightforward process from start to finish.

In contrast, employers engage with MySuccess to recruit Lakehead University students and alumni. They start by registering and creating a company profile, which undergoes a verification process. Once approved, employers can post job opportunities directly accessible to students through the platform. This streamlined process ensures that employers can efficiently connect with qualified candidates from Lakehead University.

Applications to the co-op program are done via [MySuccess](https://mysuccess.lakeheadu.ca). For more Information, please see the FAQ section.