



INDIGENOUS STUDENT HANDBOOK

Thunder Bay Campus

TABLE OF CONTENTS



Welcome to Lakehead University	2
Lakehead University Directory	3
Academic Schedule of Dates (2020-2021)	4
Voluntary Indigenous Self-Identification	5
Lakehead University Campus Map	6
Indigenous Initiatives	7
On-Campus Events and Services	7
Ojimaawin-Indigenous Education Council.....	8
Lakehead University Native Students Association.....	8
Indigenous Services in Thunder Bay	9
Education in Thunder Bay	10
City of Thunder Bay	11
Health and Medical Resources	12
Daycare and Recreation.....	13
Residence & Off-Campus Housing	14
Transportation/Taxi/Car Rentals	15
Thunder Bay Transit System Map	16
Employment Services.....	17
Public Libraries	17
Food Resources	18
Grocery Stores/Farmer's Markets	19
Thrift & Consignment Stores/Shopping	20
LGBTQ2S	21
Community Safety	21
Community Legal Services	22
Support Centres	22
Shelters	22

WELCOME TO LAKEHEAD UNIVERSITY!



Lakehead University is dedicated to furthering the educational aspirations of Indigenous students and offers a diverse range of high-quality, Indigenous-focused programs.

The following Anishinaabe partners are located at Lakehead University

- Indigenous Initiatives and Indigenous Student Services Centre (ISSC)
- Ogimaawin Indigenous Education Council
- Lakehead University Native Student Association (LUNSA)
- Indigenous Education (P/J)
- Indigenous Learning
- Indigenous Transition Year Program (ITYP)
- Indigenous Language Instructors Program (ILIP)
- Indigenous Nurses Entry Program (INEP)
- Indigenous Teachers Education Program - BA/BED (Indigenous Learning)
- Native Teacher Education Program (NTEP)
- Honours Bachelor of Education (Indigenous Teacher Education) P/J
- Nijjii Indigenous Mentorship (NIM)
- Northern Studies Library
- Métis Student Liaison / Infinite Reach Facilitator
- Aboriginal Awareness Centre

LAKEHEAD UNIVERSITY DIRECTORY

LAKEHEAD UNIVERSITY – Call 343-8010 then enter extension number as listed below

Main Campus Number 807-343-8010
Security 807-343-8569

STUDENT CENTRAL

Student Central Ext. 8500

UNIVERSITY SERVICES

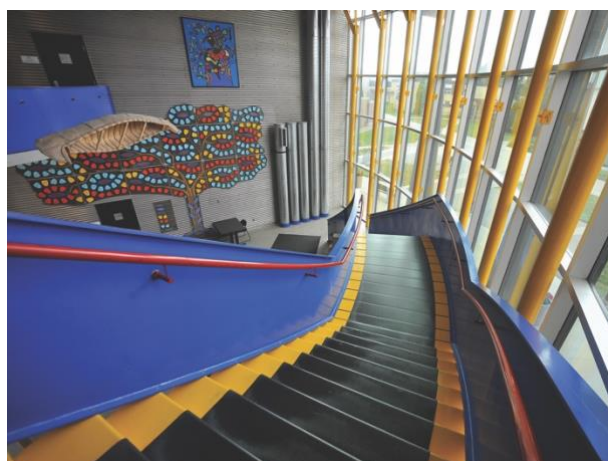
C.J. Sanders Fieldhouse Ext. 8585
Chancellor Paterson Library Ext. 8225
Technology Services Helpdesk Ext. 7777
Lakehead University Student Union Ext. 8259

INDIGENOUS INITIATIVES

Denise Baxter, Vice-Provost Ext. 7177
Anna Chief, Indigenous Outreach and Recruitment Coordinator Ext. 7221
Yolanda Twance, Indigenous Student Services Centre Coordinator Ext. 8084
Sheryl O'Reilly, Indigenous Student Counsellor Ext. 8072
Fionna Farquhar, Indigenous Transition Year Program Coordinator Ext. 7709
Lisa Primavesi, Indigenous Access Programs Coordinator (INEP, ISTEM and ITYP) Ext. 8768

STUDENT LIFE & SERVICES

Student Central Ext. 8500
Indigenous Student Services Centre Ext. 8085
International Centre Welcome Desk Ext. 7848
Office of Human Rights & Equity Ext. 7765
Ombudsperson Ext. 8061
Lakehead University Student Union 807-343-8259



ACADEMIC SCHEDULE OF DATES (2021-2022)

All students, excluding the exceptions, follow these important dates

Fall 2022 Term Courses

First Day of Classes	Tuesday, September 6, 2022
Final Day of Classes	Tuesday, December 6, 2022
Final Date to Register (Add)	Monday, September 19, 2022
Final Date to Withdraw (Drop)	Friday, November 4, 2022
Examination Period	Thursday, December 8, 2022 -
Sunday, December 18, 2022 (11 Days)	
Exam Contingency Date	Monday, December 19, 2022
Marks Due	Thursday, December 22, 2022

Fall/Winter (Year Long) 2022/2023 Term Courses

First Day of Classes	Tuesday, September 6, 2022
Final Day of Classes	Tuesday, April 11, 2023
Final Date to Register (Add).	Monday, September 19, 2022
Final Date to Withdraw (Drop)	Friday, February 10, 2023
Examination Period	Friday April 14, 2023 -
Monday, April 24, 2023 (11 Days)	
Exam Contingency Date.	Tuesday, April 25, 2023
Marks Due	Friday, April 28, 2023

Winter 2023 Term Courses

First Day of Classes	Monday, January 9, 2023
Final Day of Classes	Tuesday, April 11, 2023
Final Date to Register (Add)	Friday, January 20, 2023
Final Date to Withdraw (Drop)	Friday, March 10, 2023
Examination Period	Friday April 14, 2023 –
Monday, April 24, 2023 (11 Days)	
Exam Contingency Date	Tuesday, April 25, 2023
Marks Due	Friday, April 28, 2023

Spring 2023 First Term Courses (3 Weeks)

First Day of Classes	Monday, May 1, 2023
Final Day of Classes	Friday, May 19, 2023
Final Date to Register (Add)	Wednesday, May 3, 2023
Final Date to Withdraw (Drop)	Thursday, May 11, 2023
Examination Period	Saturday, May 20, 2023
Exam Contingency Date	Sunday, May 21, 2023
Marks Due	Friday, May 26, 2023

Spring 2023 Full Term Courses (6 Weeks)

First Day of Classes	Monday, May 1, 2023
Final Day of Classes	Monday, June 12, 2023
Final Date to Register (Add)	Wednesday, May 3, 2023
Final Date to Withdraw (Drop)	Thursday, May 25, 2023
Examination Period	Tuesday, June 13, 2023
Exam Contingency Date	Wednesday, June 14, 2023
Marks Due	Monday, June 16, 2023

Spring 2023 Second Term Courses (3 Weeks)

First Day of Classes	Tuesday, May 23, 2023
Final Day of Classes	Monday, June 12, 2023
Final Date to Register (Add)	Thursday, May 25, 2023
Final Date to Withdraw (Drop)	Friday, June 2, 2023
Examination Period	Tuesday, June 13, 2023
Exam Contingency Date	Wednesday, June 14, 2023
Marks Due	Friday, June 16, 2023

Spring/Summer 2023 Full Term Courses (12 Weeks)

First Day of Classes	Monday, May 1, 2023
Final Day of Classes	Tuesday, July 25, 2023
Final Date to Register (Add)	Wednesday, May 3, 2023
Final Date to Withdraw (Drop)	Thursday, June 9, 2023
Examination Period	Wednesday, July 26, 2023
Exam Contingency Date	Thursday, July 27, 2023
Marks Due	Monday, July 31, 2023

Summer 2023 First Term Courses (3 Weeks)

First Day of Classes	Tuesday, July 4, 2023
Final Day of Classes	Monday, July 24, 2023
Final Date to Register (Add)	Thursday, July 6, 2023
Final Date to Withdraw (Drop)	Friday, July 14, 2023
Examination Period	Tuesday, July 25, 2023
Exam Contingency Date	Wednesday, July 26, 2023
Marks Due	Monday, July 31, 2023

Summer 2023 Full Term Courses (6 Weeks)

First Day of Classes	Tuesday, July 4, 2023
Final Day of Classes	Tuesday, August 15, 2023
Final Date to Register (Add)	Thursday, July 6, 2023
Final Date to Withdraw (Drop)	Thursday, July 27, 2023
Examination Period	Wednesday, August 16, 2023
Exam Contingency Date	Thursday, August 17, 2023
Marks Due	Friday, August 19, 2023

Summer 2023 Second Term Courses (3 Weeks)

First Day of Classes	Thursday, July 27, 2023
Final Day of Classes	Thursday, August 17, 2023
Final Date to Register (Add)	Monday, July 31, 2023
Final Date to Withdraw (Drop)	Friday, August 11, 2023
Examination Period	Friday, August 18, 2023
Exam Contingency Date	Saturday, August 19, 2023
Marks Due	Thursday, August 24, 2023

Spring/Summer 2023 Graduate Studies Term

First Day	May 1, 2023
Final Day	August 31, 2023
Final Date to Register (Add)	May 15, 2023
Final Date to Withdraw (Drop)	May 28, 2023
Marks Due	September 1, 2023

Special Examinations Schedule for 2022/2023

Final Date to Apply for a Fall Term Special Exam	Wednesday, January 11, 2023
Special Examination Period for Fall Term Courses	January 19, 20, 21, 2023
Final Date to Apply for a Winter & Full-Term Special Exam	Friday, May 26, 2023
Special Examination Period for Winter & Full-Term Courses	June 15, 16, 17, 2023
Final Date to Apply for a Spring & Summer Term Special Exam	Friday, August 25, 2023
Special Examination Period for Spring & Summer Term Courses	Friday, September 1, 2023



VOLUNTARY INDIGENOUS SELF- IDENTIFICATION

What is self-identification? Indigenous students provide specific information about themselves in a voluntary and confidential online survey conducted and kept secure by Lakehead University. The University's Offices of Indigenous Initiatives and Institutional Planning and Analysis use this data for reporting purposes, to support Indigenous specific programming and to plan future initiatives.

By self-identifying, Indigenous students can:

- Strengthen the Indigenous presence and influence at Lakehead University.
- Connect with the growing Indigenous student community on campus.
- Assist Indigenous departments to further positive changes to services and supports.
- Receive communications about Indigenous specific opportunities such as scholarships, bursaries, events and career opportunities.

If you choose, you can also add your name and email address to the confidential Indigenous Student Services Centre (ISSC) email membership list. This will ensure you receive information about the following:

- Academic workshops
- Bursaries and scholarships
- Career and employment opportunities
- On and off campus events
- Cultural events information

What you need to know about Indigenous Self-Identification.

Building Legend

AC	Avila Centre
AT	Advanced Technology & Academic Centre (ATAC)
BB	Braun Building
BL	Bora Laskin Building
BM	Building Maintenance
BS	Bike Shelter
CB	William Tamblin
FB	Centre for Advanced Studies in Engineering and Sciences
GH	Greenhouse
HG	Psychology Research Lab
HF	The Centre of Education and Research of Positive Youth Development
HS	Balmoral Street Centre
LI	Chancellor Paterson Library
MS	School of Medicine
MV	Music & Visual Arts Centre
ND	Nanahjoui Childcare Centre
NO	Alumni House – 1294 Balmoral Street
PA	PAQI (see bottom right)
PH	Power House
RL	Regional Centre
RC	Lot 5 Research Lab
SB	Sanders Friedhouse - The Wolf Den
SC	Student Centre
SH	Sanders Hangar
SN	School of Nursing Building
UC	University Centre (Agora)

Residence Legend

1. **Prattie Residence**
Dorion
4. **North Residence**
Shebandowan
Armstrong
Sioux Lookout
Upsala
2. **Bartley Residence**
Atikokan
Dryden
Ear Falls
Fort Frances
Kenora
Longlac
Marathon
Nipigon
Rainy River
3. **Deer Lake Ridge**
Red Rock
Rossport
Sandy Lake
Mikaki
Quetico
4. **North Spirit Heights**
Wabigoon
Waskaganish
Beardmore
Keewatin
Ignace
Nakina
5. **South Residence**
Schreiber
Balmertown
Jellicoe
6. **Holiday Hall**
Wawa
Shanqua
7. **North Spirit Heights**
Wabigoon
Waskaganish
Beardmore
Keewatin
Ignace
Nakina
8. **Bearskin Lake**
Kakabeka
Ugoki
Timmins
Simpson
Lansdowne
Rock Bay

- One Way
- Accessible
- Cycling Paths
- Tunnels
- Parking
- Bus Stops
- Bike Racks
- Walking Paths
- Emergency Phones
- Parking Meters

Exterior Accessibility

- Automatic Door
- Ramp



INDIGENOUS INITIATIVES

The Indigenous Initiatives team provides academic, cultural and individual support to First Nations, Métis and Inuit students.

DENISE BAXTER

Vice-Provost Indigenous Initiatives
807-343-8010 ext. 7177
vp.ii@lakeheadu.ca

YOLANDA TWANCE

Coordinator, Indigenous Student Services Centre
807-343-8010 ext. 8084
coordinator.issc@lakeheadu.ca

ANNA CHIEF

Indigenous Outreach/Recruitment
807-343-8010 ext. 7221
aboriginaloutreach@lakeheadu.ca

SHERYL O'REILLY

Indigenous Student Counsellor
807-343-8010 ext. 8072
counsellor.issc@lakeheadu.ca

ON-CAMPUS EVENTS AND SERVICES FOR INDIGENOUS STUDENTS

- Personal one-on-one counselling services
- Peer Tutoring
- Maadaadizi Post-Secondary Orientation
- Annual Fall Harvest
- Elder in Residence Program
- Weekly Bannock
- Mijim Noongom
- Seasonal Feasts
- Monthly Sweat Lodge Ceremonies
- Gakina Nindinawemaaganag Lounge – UC1007 with access to computers and kitchenette
- Academic, Transition, Mental Health and Cultural Workshops
- ISSC Peer Mentorship Program
- Facebook Page – *Search* Lakehead University Indigenous Student Services Centre
- Instagram Page – *Search* lakeheadindigenous

OGIMAAWIN INDIGENOUS EDUCATION COUNCIL

The **Ogimaawin Indigenous Education Council** (formerly Ogimaawin Aboriginal Governance Council) at Lakehead University was founded on the original Native Advisory Committee and constituted into its present form in response to the Ontario Ministry of Education and Training - Aboriginal Education and Training Strategy (AETS) in the early 1990s. AETS is an initiative to increase access for Aboriginal students in Ontario's universities and colleges. O-IEC membership consists of organizations from the surrounding Aboriginal community that sit in an advisory capacity to the President's Office. O-IEC has representation on the Lakehead University Board of Governors and Senate.

LAKEHEAD UNIVERSITY NATIVE STUDENTS ASSOCIATION



The **Lakehead University Native Students Association (LUNSA)** is committed to ensuring the Indigenous (First Nations, Metis and Inuit) students' university experience is fulfilling and enjoyable. LUNSA is an organization run by students for student and works to ensure the Indigenous students' voices are recognized throughout the Lakehead University community. LUNSA is responsible for organizing the LUNSA Annual Powwow.

For more information, please contact **LUNSA** by email lunsa@lakeheadu.ca





INDIGENOUS SERVICES IN THUNDER BAY

Thunder Bay Indigenous Friendship Centre
401 Cumberland Street N.
807-345-5840
www.tbifc.ca

District of Thunder Bay Child Care Registry
231 May Street South
807-766-2111
<https://thunderbay.onehsn.com>

Métis Nation of Ontario
226 May Street South
807-624-624-5025
www.metisnation.org

Native People of Thunder Bay Development Corporation
230 Van Norman Street
807-343-9401
www.nptbdc.org

Lakehead Social Planning Council
125 Syndicate Avenue South
Unite 38, Victoriaville Centre
807-624-1720
www.lspc.ca

Ontario Native Women's Association (ONWA)
380 Ray Blvd
807-623-3442
www.onwa.ca

EDUCATION in Thunder Bay

Lakehead University

955 Oliver Road

807-343-8110

www.lakeheadu.ca

Confederation College

1450 Nakina Drive

807-475-6110

www.confederationcollege.ca

Kiikenomaga Kikenjigewen, Matawa Employment & Training

28 Cumberland Street, N., 3rd Floor

807-768-4470

www.kkets.ca

Adult Learning Centre

125 S. Lillie Street

807-625-5145 or 1-877-625-5145

www.lakeheadschoools.ca/adult-education/

Dennis Franklin Cromarty High School

315 Edward Street, N.

807-623-8914

<http://www.nnec.on.ca/index.php/dennis-franklin-cromarty-high-school>

Lakehead Public School Board

2135 Sills Street

807-625-5100 or 1-888-565-1406

www.lakeheadschoools.ca

Thunder Bay Catholic School Board

459 Victoria Avenue, W.

807-625-1555

www.tbcschoools.ca

Oshki Pimache-O-Win; The Wenjack Education Institute

3-106 Centennial Square

807-626-1880

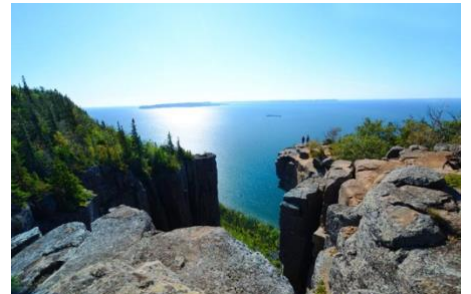
www.oshki.ca



Thunder Bay Catholic
District School Board



Website: www.thunderbay.ca



HEALTH & MEDICAL RESOURCES

Thunder Bay Regional Health Sciences Centre
980 Oliver Road
807-684-6000
www.tbrhsc.net

WALK-IN CLINICS

Oak Medical Arts - Academy Medical Pharmacy, Walk-In Clinic
554 Beverly St, Thunder Bay, ON P7B 5V2
Phone: 807-344-4540
Hours: Hours vary; call for information

Dilico Family Health Team Clinic
200 Anemki Place
Fort William First Nation
807-626-5200
www.dilico.com

NorWest Community Health Centre, Urgent Care Clinics
525 Simpson St, Thunder Bay ON P7C 3J6
Phone: 807-622-8235
Hours: Mon-Thu 4 pm-8 pm; Fri 1 pm-4 pm; Sat-Sun 10 am-3 pm

HEALTH SERVICES

Lakehead Nurse Practitioner-Led Clinic
Suite 101-325 S. Archibald Street
807-475-9595
<http://lnplc.ca>

Ontario Doctor Directory
www.ontariodoctordirectory.ca/Thunder-Bay

Telehealth Ontario
1-866-797-0000
24hr service
<https://www.ontario.ca/page/get-medical-advice-telehealth-ontario>

Thunder Bay District Health Unit
999 Balmoral Street
807-625-5900 - www.tbdhu.com



COUNSELLING

Dilico Mental Health Walk-In Counselling Clinic
Thunder Bay Clinic
Tuesdays 1:00 p.m. – 7:00 p.m.
Dilico Heath Park Site, 1115 Yonge Street
For more information, please contact (807) 624-5818

Mental Health & Counselling
Canadian Mental Health Association
200 Van Norman Street
807-345-5564
www.cmha-tb.on.ca

Mental Health and Addiction Services
1-866-346-0463

Sister Margaret Smith Centre
301 Lillie Street N.
807-684-5100
<https://www.northwesthealthline.ca/displayservice.aspx?id=141120>

Thunder Bay Counselling Centre
544 Winnipeg Avenue
807-684-1880
www.tbaycounselling.com

Good 2 Talk Post-Secondary Student Helpline
Confidential Helpline 24/7/365
Dial 1-866-925-5454 to talk

Talk for Healing
1-855-554-4325

OPTOMETRIST
Brandley Wakegijig Optometry
807-622-7500

DENTIST
Emergency Dental Services
807-622-9848

DAYCARE

Thunder Bay Child Care Registry
<https://thunderbay.onehsn.com/>

Nanabijou Child Care Centre
855 Oliver Road
807-343-8369

Ogden Day Care
600 McKenzie Street
807-625-3810

Grace Remus Day Care
750 Tungsten Street
807-684-3594

Thunder Bay Aboriginal Headstart
<https://www.shkoday.com>

Biwaase'aa
<http://www.shkoday.com/programs/biwaaseaa/>
807-623-0500

RECREATION

Boys and Girls Clubs of Thunder Bay
Activities for children and youth, ages 4-18
807-623-0354
<http://www.tbayboysandgirlsclub.org/>

Thunder Bay Recreation Facilities
<https://www.thunderbay.ca/en/recreation/recreation-facilities.aspx>

The Key
The Key is your guide to community programs and services! The publication is distributed to Thunder Bay residences and various agencies four times a year.
<https://www.thunderbay.ca/en/recreation/recreation-guide---the-key.aspx>



RESIDENCE AND OFF-CAMPUS HOUSING

Lakehead University Residence Services

Moving away from home? Thinking of living with us? You've made a great choice! Residence is an amazing life experience where you will enjoy convenience and safety within a fun and friendly community!

Mr. Shannon Foster, Director, Residence Services

Email: resadmin@lakeheadu.ca

Website: <https://www.lakeheadu.ca/faculty-and-staff/departments/services/residence>

Phone: 807-343-8512

Off-Campus Housing

<https://offcampus.lakeheadu.ca/roch/index.php>

Home Sweet Home

807-345-2108

www.homesweethomerentals.ca

Rent Panda

<https://www.rentpanda.ca/>

Matawa Non-Profit Housing

807-344-4575

www.matawa.on.ca

Native People of Thunder Bay Development Corporation

807-343-9401

www.nptbdc.org





TRANSPORTATION

Thunder Bay Transit

807-684-3744

www.nextlift.ca

Thunder Bay Airport

340-100 Princess Street

807-473-2600

www.tbairport.on.ca

Porter Airlines

Reservations: 1-888-619-8622

www.flyporter.com

Air Canada

Reservations: 1-888-247-2262

www.aircanada.com

Bearskin Airlines

Reservations: 1-800-465-2327

www.bearskinairlines.com

Ontario Northland Bus

<https://www.ontarionorthland.ca/en/station/thunder-bay>

TAXI

Roach's Yellow Cabs

807-345-7721

Diamond Lacey's Taxi

807-622-6001

URIDE

807-700-0013

www.uridetect.com

CAR RENTALS

Enterprise Rent-A-Car

727 Memorial Avenue

807-344-2800

www.enterprise.ca

Budget Car & Truck Rental

230 Waterloo St S.

807 622-3366

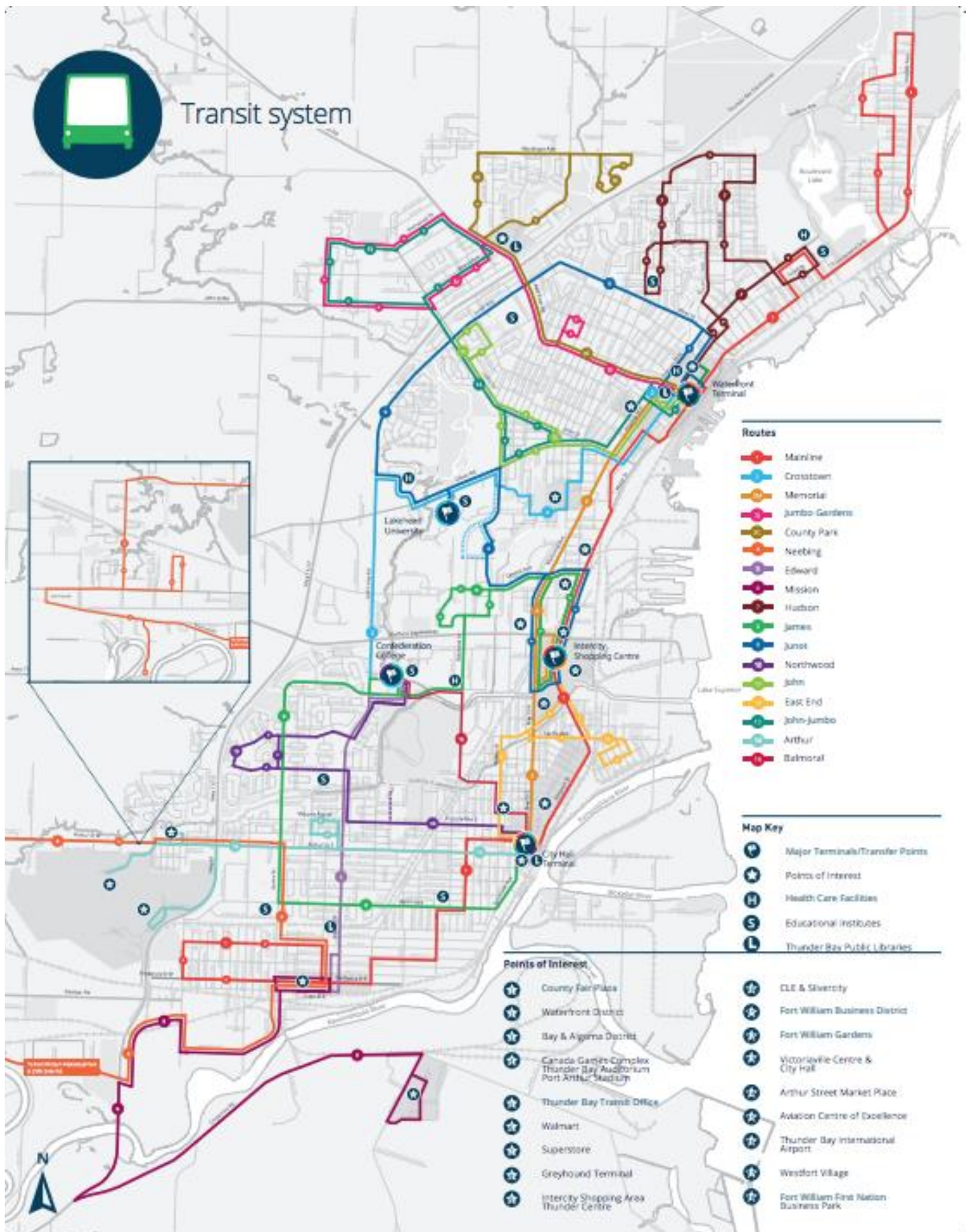
www.budget.com

Discount Car & Truck Rentals

882 Copper Crescent

1-888-310-2277

www.discountcar.com



EMPLOYMENT SERVICES

Lakehead University Job Search

<https://mysuccess.lakeheadu.ca/home.htm>

YES Employment Services

1116 Waterford Street

807-623-0768

www.yesjobsnow.com

Anishinabek Employment & Training Services

285 Red River Road

807-346-0307/1-866-870-2387

www.aets.org

Northwest Employment Works

Confederation College

1450 Nakina Drive

807-473-3829

www.northwestworks.ca



Matawa Employment and Training – Kiikenomaga Kikenjigewen

28 Cumberland Street North, 3rd Floor

807-767-4470

www.kkets.ca

Thunder Bay Indigenous Friendship Centre

401 N. Cumberland Street

807-3435-05840

<https://tbifc.ca/program/apatisiwin-employment-program/>



PUBLIC LIBRARIES

Lakehead University Chancellor Paterson Library

955 Oliver Road

807-343-8225

<https://libguides.lakeheadu.ca/about/hours>

Lakehead University Education Library

Bora Laskin Building, 955 Oliver Road

807-343-8718

<https://library.lakeheadu.ca/libraries-and-collections/education>

Lakehead University Law Library

Port Arthur Collegiate Institute (PACI) building,

807-346-7830

<https://library.lakeheadu.ca/index.php/lawlib>

Thunder Bay Public Library:

<http://www.tbpl.ca/>

Waverly Resource Library

285 Red River Road

Brodie Resource Library

216 Brodie Street S.

Mary J.L. Black Branch

901 Edward Street S.

FOOD RESOURCES

The LUSU Food Resource Centre

The Pantry

A safe, stigma-free environment that provides students who are experiencing food insecurity with culturally-diverse, nutritional, dietary accommodating foods including both non-perishables and fresh options.

Contact information:

E-mail (Preferred): frc@lusu.ca

Phone: 807-343-8010 ext. 8850

The Pantry is located in the University Centre, Room 2014B, upstairs from the bookstore, just past the Multicultural Centre, and just before the LUSU board room

Thunder Bay Food Bank

129 Miles Street E.

807-626-9231

Open every second Friday from 9 to 11 a.m. All clients are required to show identification each time they visit the food bank.

<https://www.thunderbayfoodbank.com/access-services>

The Good Food Box

Good Food Box pick up is on the third Wednesday of the month for the rest of 2022, and the order deadline for customers is the Monday of the week prior. See the full list of order and pick up dates here.

<https://goodfoodboxtb.org/boxes/host-sites/>



DAILY MEALS (no charge)

St. Andrew's Dew Drop Inn

286 Red River Road

807-345-0481

Nourishing take-home hot meal from 12:30 pm to 3:30 pm or a bagged lunch daily from 9:00 am to 3:30 pm. to anyone who joins us. We continue to observe COVID-19 social distancing policies and masks are required for everyone entering the building.

Shelter House Soup Kitchen

420 George Street

807-623-8182

Lunch Service 11:00 am – 3:00 pm (Serve at 1:30 pm) Dinner Service 5:00 pm – 9:00 pm (Serve at 7:00 pm)

Salvation Army Soup Van

344-7300

6:00 pm for Southward residents

7:00 pm for Northward residents

Call for information and locations.

Grace Place

235 Simpson Street

807-473-3538 or 807-627-9848

Meals Monday to Wednesday 1:00 to 4:00 p.m.

Sunday 2:00 pm to 4:00 pm



GROCERY STORES

Metro

640 River Street 807-345-8343
505 Arthur Street W. 807-475-0276

Real Canadian Superstore

600 Harbour Expressway 807-343-4500

No Frills

425 Edward Street N. 1-866-987-6453
1020 Dawson Road 1-866-987-6453

Walmart Supercenter

777 Memorial Avenue 807-346-9441

Renco Foods

161 Court Street S. 807-345-3947

Safeway

115 Arthur Street W. 807-473-5993
70 Court Street N. 807-345-2652
1015 Dawson Road 807-768-0099

FARMERS MARKET

Thunder Bay Country Market

850 May St. N.
807-622-1406
Wed. 3:30 pm – 6:30 pm
Sat. 8 am – 1 pm



THRIFT & CONSIGNMENT STORES

The Salvation Army
915 Memorial Avenue
807-343-0411

Value Village
915 Memorial Avenue
807-345-3232

Twice As Nice Thrift Store
250 May Street N.
807-622-7575

Deja Vu Consignment
196 Algoma Street S.
807-386-76

SuperThrift
107 Johnson Avenue
807-286-7888

SHOPPING

Intercity Shopping Centre
1000 Fort William Rd
807-623-6646
<https://intercityshoppingcentre.com>

Thunder Centre
767-805 Memorial Ave

Arthur Street Market Place
1101 Arthur Street W.
807-473-5815

Northwood Park Plaza
425 North Edward St.



LGBTQ2S

**Gender Equity Centre – Lakehead University
Student Union**
807-343-8879
SC0020
<http://gic.lusu.ca/>

**Pride Central - Lakehead University Student
Union**
807-343-8813
UC0019
<https://www.lusu.ca/Pride-Central>

Thunder Pride
<http://www.thunderpride.ca/>

Rainbow Health Ontario
<https://www.rainbowhealthontario.ca/>

COMMUNITY SAFETY

Ambulance, Fire, Police
Emergency: Dial 9-1-1

Thunder Bay Police Service (non-emergency)
1200 Balmoral St.
807-684-1200

OPP Thunder Bay
3267 Hwy 130
807-939-2133

Anishinabek Police Services
400 Anemki Place
807-625-0232 or 1-800-438-5638

Nishnawbe-Aski Police Services
309 Court Street S
807-623-2161

Crime Stoppers
1200 Balmoral Street
1-800-222-8477



OTHER COMMUNITY RESOURCES

COMMUNITY LEGAL SERVICES

Kinna-Aweya Legal Clinic

86 Cumberland Street S.
1-888-373-3309 or 807-344-2478
www.kalc.ca

Legal Aid Ontario – Northwest District Office

209 Van Norman Street
1-866-297-5559 or 807-345-1972
www.legalaid.on.ca

Nishnawbe-Aski Legal Services Corporation

86 Cumberland Street S.
1-800-465-5581 or 807-622-1413
<http://www.nanlegal.on.ca/article/welcome-1.asp>

SUPPORT CENTRES

Al-Anon Ala-Teen Family Groups

807-622-1906

Alcoholics Anonymous

516 Victoria Ave. E.
807-623-1712

Birthright

1-800-550-4900/345-3200

Canadian Cancer Society

807-344-5433

Canadian Diabetes Association

807-577-4232

Canadian Hearing Society

807-623-1646

Canadian National Institute for the Blind

807-345-3341

Handicapped Action Group Inc.

807-345-5121

Lesbian Gay Bi Trans Youth Line

1-800-268-9688

Sexual Health Clinic (TBDHU)

807-625-5900

SHELTERS

Beendigen Inc.

Provides safe, emergency shelter and support for women and their children who are seeking refuge from family violence.

1-888-200-9997 Crisis Line 807-346-4357
<http://www.beendigen.com/>

Faye Peterson Transition House

Shelter and support for women and their children who have experienced abuse-24hrs, 7 days/week
1-800-465-6971
807-345-0450

www.fayepeterson.org

Salvation Army

24hr emergency shelter for those without residence in Thunder Bay.

545 Cumberland St. N.
807-345-7319

Shelter House Thunder Bay

24hr emergency shelter for those aged sixteen years and over. There are no children allowed.

420 George St.
807-623-8182