## BIOLOGY 2012 HUMAN ANATOMY - Internal

("Where one has to work their phalanges to the periosteum!") Spring~2018

### LAB MANUAL



# BIOLOGY 2012 HUMAN ANATOMY - Internal Spring 2018

**Instructor:** Donna Newhouse, M.Sc., Ph.D(c)

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#### **Required Texts:**

1. Principles of Human Anatomy (12e). Author: Tortora, G. (2016)

2. Atlas of Human Anatomy (4e.). Author: Netter (2015)

3. "Inhouse" Laboratory Manual for Biology 2012. Donna Newhouse (2018)

#### Teaching Assistants:

Jonathon Avella

#### \*\*Mark Breakdown:

Lecture: 2 Exams: 1. Midterm: [30%]

(June 2; 6:00 pm) 2. Final Exam: [30%]

(June 13; 6:00-7:45 pm)\*\*

Lab: 1 lab exams: 1. Lab Exam [40%]

(June 12; 6:00-8:00 pm)\*\*

<sup>\*\*</sup>Dates are subject to change

#### **General Information: Lecture**

There are a total of two lecture and one laboratory examinations. The two lecture exams will consist of a variety of questions (mostly fill-in-the-blank type, T/F, MC). The midterm exam will be approximately 125-200 questions. The Final exam will be primarily fill-in-the-blank, short answer, clinical corner, and will consist of approximately 150-200 marks. Two hours will be allotted for the exams. The Midterm Exam will cover information from May 24 to June 3, and the Final Exam will cover information from MT exam to June 19th.

#### **General Information:Laboratory Examinations:**

There will be one Lab exam. The lab exam will include approximately 25-50 stations. Each station will have between 2 and 4 "tags" which you will identify within a set period of time. This type of exam is affectionately known as a BELL RINGER! You will be tested on models, radiological, and histological materials.

I welcome you to Biology 2012 (Spring 2018) and hope that your experience in human anatomy will be a stimulating and enjoyable one. If you encounter difficulties, don't endure them in isolation. Often much can be done to help. Don't wait until problems are unmanageable to seek help!

#### **Biology 2012 - Policies**

The policies set out below are for the students' benefit. These policies are somewhat stringent and inflexible. These policies are set forth to ensure that all students are treated fairly.

- 1. All tests must be written in pen to be eligible for mark revision.
- 2. Simple adding mistakes should be given to Donna Newhouse for correction.
- 3. When exams are returned, the student has one week to challenge any discrepancies in marking/grading. After one week no mark adjustments will take place. It is therefore in your best interest to review your marked paper when they are returned.
- 4. If you feel you deserve more marks for a question, attach a note to your paper explaining which question(s) should be re-marked and why. However, should you submit your exam it may be marked in its entirety and thus there is a chance the initial mark may decrease.
- 5. In the event that a student has to miss a lab or lecture exam for emergency reasons, it will be the student's responsibility to get in touch with Donna Newhouse prior to the scheduled exam. A message may be left at 474-9016.
- 6. In the event that a student has to miss a lab or lecture exam for medical reasons, the student must submit a signed medical note (from the attending physician) within 7 days after the exam. It is the student's responsibility to get in touch with Donna. Failure to comply with points 5 or 6 will result in a grade of zero for the exam.
- 7. Video or photographic equipment is/are NOT permitted in the laboratory at any time.
- 8. All laboratory specimens and models must be treated with the utmost respect and care. The human bones are fragile and irreplaceable. If any breakage should occur please report this to a TA or Donna.
- 9. There is an established chain of command should you have any problems associated with this course. The chain of command is as follows: T.A.'s...Donna Newhouse...Chairman of Biology...Dean of Science and Environmental Studies...V.P. Academics...Dr. Stevenson (...Daltan McGinty...Stephen Harper!!!). Issues or problems should be resolved at the lowest level possible. (Dr. Stevenson shouldn't have to resolve the problem of a half mark injustice on a lab exam!)

#### \*\*SUBJECT TO CHANGE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May 27	May 28 LECTURE 6:00-9:00 pm	<b>May 29 LAB</b> 7:00-9:00 pm	May 30 LECTURE 6:00-9:00 pm	<b>May 31 LAB</b> 7:00-9:00 pm	June 1 LECTURE Assigned Reading	June 2
June 3	June 4 LECTURE Assigned reading LAB 7:00-9:00 pm	June 5 LECTURE 6:00-9:00 pm	June 6 LECTURE 6:00-9:00 pm	June 7 LECTURE 6:00-9:00 pm	June 8 MT EXAM 6:00-7:45 pm	June 9
June 10	June 11 LECTURE 6:00-8:00 pm LAB 8:00-10:00 pm	June 12 LECTURE 6:00-8:00 pm LAB 8:00-10:00 pm	June 13 LECTURE 6:00-8:00 pm LAB 8:00-10:00 pm	June 14 LAB 6:00-10:00 pm	June 15 LECTURE 6:00-8:00 pm FINAL LAB EXAM 8:00-10:00 pm	June 16 FINAL LEC EXAM 6:00-7:45 pm

#### **LECTURE OUTLINE**

(Subject to Change)

- I. Nervous System
  - A. Organization
  - (1) anatomical classification
    - (a) central nervous system
    - (b) peripheral nervous system
  - (2) functional classification
    - (a) cerebrospinal fluid
    - (b) autonomic system
  - B. Gross anatomy
  - (1) central nervous system
    - (a) meninges
    - (b) major regions of the brain
    - (c) spinal cord
  - (2) peripheral nervous system
    - (a) cranial nerves
    - (b) spinal nerves
  - (3) autonomic nervous system
    - (a) sympathetic division
    - (b) parasympathetic division

#### INTERNAL ANATOMY

- II. Respiration
  - A. General comments
  - B. Nose
  - C. Sinuses of skull
  - D. Pharynx
  - E. Larynx
    - (1) location and function
    - (2) cartilages
    - (3) vocal cords
    - (4) muscles
  - F. Trachea
  - G. Bronchi
  - H. Lungs
  - I. Muscles and nerves involved in breathing

#### III. Circulatory System

- A. Microscopic anatomy (vascular connective tissue)
  - (1) plasma
  - (2) formed elements (erythrocytes, leukocytes, thrombocytes)

#### B. General functions

- (1) transportation
- (2) protection
- (3) maintenance of homeostasis

#### C. Heart

- (1) pericardium
- (2) layers of the heart (epicardium, myocardium, endocardium)
- (3) chambers and valves
- (4) 'neuromuscular' tissue
- (5) nerve supply to the heart

#### D. Arterial blood vessels

- (1) aorta
- (2) arteries of the head and neck
- (3) arteries of upper limb
- (4) arteries of abdomen
- (5) arteries of lower limb

#### E. Venous blood vessels

- (1) veins of head and neck
- (2) veins of thorax
- (3) veins of upper limb (deep and superficial)
- (4) veins of lower limb (deep and superficial)
- (5) veins of the pelvis and abdomen (hepatic portal system)

#### IV. Digestion

- A. Functions
- B. General review of structures involved
- C. Mouth
  - (1) salivary glands
  - (2) teeth
  - (3) muscles of mastication
- D. Pharynx
- E. Esophagus
- F. Stomach
- G. Liver
- H. Pancreas
- I. Small intestine
- J. Large intestine
- K. Rectum, anus

- V. Reproductive System
  - A. General comments
  - B. Male reproductive structures
    - (1) scrotum
    - (2) testes (enclosing capsule, seminiferous tubules)
    - (3) epididymis
    - (4) vas deferens
    - (5) seminal vesicles
    - (6) prostate gland
    - (7) Cowper's glands
    - (8) urethra
    - (9) penis
- C. Female reproductive structures
  - (1) ovaries
  - (2) fallopian tubes
  - (3) uterus
  - (4) vagina
  - (5) external structures
- VI. Urinary System
  - A. Functions
  - B. Kidney
    - (1) gross anatomy
    - (2) microscopic anatomy
  - C. Ureter
  - D. Bladder
  - E. Urethra
- VII. Special Sensory Structures
  - A. Structure of the eye
    - (1) orbit
    - (2) eyelids
    - (3) lacrimal apparatus
    - (4) extrinsic muscles
    - (5) internal structure

#### THE CNS, PNS, INTERNAL ANATOMY and SPECIAL SENSES

#### The Nervous System - Structures you are responsible to know

- 1. Twelve cranial nerves
- 2. Cerebrum: frontal lobe, parietal lobe, temporal lobe, occipital lobe, longitudinal cerebral fissure, central sulcus

corpus callosum: genu, body, splenium, anterior commissure, intermediate commissure (interthalamic adhesion), posterior commissure

thalamus hypothalamus choroid plexus pineal gland (body) optic chiasm pituitary gland: infundibulum

mammillary body

3. Cerebellum: arbor vitae

4. Brainstem: medulla oblongata, pons, midbrain (cerebral peduncle)

5. Spinal cord

gray matter: ventral (anterior) horn, lateral horn, dorsal (posterior) horn,

commissure

spinal nerve

white matter vertebral artery/vein anterior white commissure superficial peroneal n ventral median fissure deep peroneal n. dorsal median sulcus common peroneal n. central canal saphenous n.

epidural space (fat in epidural space) sciatic n.

dura mater posterior tibial n. iliohypogastric n. arachnoid mater

subarachnoid space femoral n. pia mater obturator n. ventral root intercostal nn. dorsal root phrenic n. spinal ganglion (dorsal root ganglion) axillary n. median n. ventral ramus dorsal ramus ulnar n.

musculocutaneous n.

radial n.

cervical plexus sympathetic trunk mental n. rami communicans (gray and white) brachial plexus infraorbital n.

denticulate ligament lumbar plexus supraorbital n.

ligamentum flavum sacral plexus facial n.

#### **INTERNAL ANATOMY**

## Digestive, Respiratory, Urinary, Reproductive and Cardiovascular Systems and Special Senses

#### **Internal Anatomy: Models**

You are responsible for all of the visceral organs found in the body. You should familiarize yourself with structures specific to certain viscera.

Structures of the male sexual organ:

prepuce external anal sphincter (m) internal anal sphincter

cremaster m. pyramidalis m. rectus abdominis m.

rectum ureter urinary bladder urethra prostate gland prostatic urethra seminal vesicle ductus (vas) deferens urinary bladder prostatic urethra spermatic cord

scrotum corpus spongiosum testis

epididymis corpus cavernosum

penis pampiniform venous plexus

glans penis

Structures of the female sexual organ:

ureter external anal sphincter internal anal sphincter

pyramidalis m. rectus abdominis m. rectum labium majora labium minora clitoris

round ligament ovarian ligament (proper) fallopian tube

broad ligament ovary vagina

uterus cervix fornix of vagina

urinary bladder urethra

Structures of the kidney:

renal a. renal v. medulla
cortex renal pyramid renal papilla
renal pelvis major calyces minor calyces
ureter loop of Henle interlobular a.
interlobar v. arcuate a. afferent arteriole

efferent arteriole arcuate v. glomerulus

Structures of the liver:

right lobe left lobe caudate lobe quadrate lobe falciform ligament gallbladder

Structures of the Intestines:

duodenum jejunum ileum rectum

cecum appendix ileocecal valve ascending colon transverse colon descending colon

haustra greater omentum right (hepatic) colic flexure epiploic appendices sigmoid colon left (splenic) colic flexure

Structures of the Larynx:

Hyoid, thyroid cartilage, cricoid cartilage, arytenoid cartilage, corniculate (Santorini) cartilage, cuneiform (Wrisberg's) cartilage, tracheal cartilages

Structures of the lung:

superior lobe middle lobe inferior lobe oblique fissure horizontal fissure lingula of lung

apex cardiac notch hilus

Miscellaneous structures:

spleen, thymus gland, thyroid gland, adrenal glands, inguinal ligament

#### THE CIRCULATORY SYSTEM

#### Structures of the **Human Heart** (that you are responsible for)

atrium auricle ventricle apex base

superior vena cava inferior vena cava ascending aorta

arch of aorta

descending aorta

brachiocephalic a. (trunk)

brachiocephanic a. (trunk

left common carotid a.

left subclavian a. ligamentum arteriosum

right coronary a.

left coronary a.

posterior interventricular a. (post. descending br. of rt. coronary a.) anterior interventricular a. (ant. descending br. of lt. coronary a.)

circumflex a.

great cardiac v. coronary sinus pulmonary trunk

pulmonary aa.

pulmonary vv. brachiocephalic vv.

Vessels of the lower extremities:

external iliac a.
internal iliac a.
obturator a.
superior gluteal a.
inferior gluteal a.
internal pudendal a.

femoral a.

deep femoral a. (profundus)

popliteal a. posterior tibial a. anterior tibial a. dorsalis pedis a. fossa ovalis (remnants)

tricuspid valve

bicuspid (mitral) valve

semilunar valve of pulmonary a.

semilunar valve of aorta

papillary mm. chordae tendineae

trabeculae

pectinate m. moderator band

trachea

bifurcation of trachea (carina)

right bronchus left bronchus

external iliac v. femoral v.

greater saphenous v. lesser saphenous v.

#### Vessels of the upper extremities:

axillary a. superficial palmar br. of radial a.

brachial a. princeps pollicis a.

radial a. common palmar digital aa. ulnar a. proper palmar digital aa. anterior humeral circumflex a. superficial palmar arch

Vessels of the head and neck:

superficial temporal a. internal jugular v. maxillary a. external jugular v.

common carotid a. subclavian a. internal carotid a.

Vessels of the abdomen:

left gastric a. hepatic a.

superior mesenteric a. superior mesenteric v.

celiac trunk splenic a. splenic v.

abdominal aorta

renal v. renal a. testicular (ovarian) a. common iliac a.

common iliac v. inferior mesenteric a. inferior mesenteric v.

#### **SENSORY STRUCTURES**

#### Structures of the eye:

sclera cornea retina choroid iris lens

pupil vitreous humor optic papilla macula fovea centralis retinal vv.

retinal aa. superior oblique m. inferior oblique m. lateral rectus m. medial rectus m. superior rectus m.

inferior rectus m. lacrimal gland optic nerve

#### Structures of the ear:

auricle oval (vestibular) window external acoustic meatus round (cochlear) window tympanic membrane lateral semicircular canal

malleus (a) head (b) neck (c) manubrium

incus (body, short crus, long crus, lenticular process of incus)

stapes (head, anterior crus, posterior crus, base

posterior semicircular canal cochlea

vestibulocochlear n. (CN VIII) internal acoustic meatus

anterior (superior) semicircular canal tensor tympani m.