

# ANTH 3312-FA/FAO Medical Anthropology I (Fall 2017)

**LECTURE/SEMINAR:** Wednesdays 4:00 – 5:30 pm **ROOMS:** AT 5041 & OA 2020

## **CONTACT INFORMATION:**

Instructor: Dr. Carolan Wood Email: cwood3@lakeheadu.ca

Office hours: Mondays and Wednesdays 3:00-4:00 pm

**Office location:** 3<sup>rd</sup> floor sessional area (DESK #5) and in OA 2020 when time permits **Course website:** Desire2Learn will be used to inform students of important course-related information. It is the student's responsibility to check the website and their LU email regularly.

### **REQUIRED READINGS:**

1) Wiley AS & JS Allen. 2017. *Medical Anthropology: A Biocultural Approach*, 3<sup>rd</sup> edition. Oxford: Oxford University Press. ISBN 978-0-19-046449-3

- **2)** Goldman B. 2010. The Night Shift: Real Life in the Heart of the E.R. Toronto: Harper Collins Canada. ISBN 978-1-55468—392-5
- 3) Open access course material (links provided on last page of syllabus).

**COURSE DESCRIPTION:** The course critically discusses the influence of culture on western medicine in a historical perspective. In order to offer a point of contrast, a variety of indigenous (e.g. Chinese, Ayurveda, and Shamanism) and alternative healing methods (e.g. Rolfing, Acupuncture, Reiki, and Therapeutic Touch) are reviewed.

# **LEARNING OUTCOMES:**

By the end of the course students will:

- Be able to describe how culture shapes group-specific perspectives of illness, health, and healing and how biomedicine both helps and hinder practitioners and patients.
- Have foundational knowledge of the processes of human nutrition, growth and development, reproductive health, aging, and mental health in biocultural context.
- Be able to outline the strong link between social determinants and health outcomes.
- Have researched an alternative healing method, imparted this knowledge to their peers, and practiced effective, clear, empathic communication through discussion.
- Have gained a better understanding their own beliefs and assumptions regarding health and illness, which may create more positive health outcomes for themselves and others.

| EVALUATION:                          | DUE:               | %   |
|--------------------------------------|--------------------|-----|
| Participation                        | weekly             | 15% |
| Presentation topic approval required | Sept 25            | N/A |
| Midterm Exam (online)                | Oct 16-18          | 25% |
| Student assigned reading             | Oct 23             | N/A |
| Reflection Paper                     | Nov 13             | 15% |
| Presentations                        | Nov 20, 22, 27, 29 | 20% |
| Final Exam (online)                  | Dec 7-9            | 25% |

**Nov 7, 2017** is the final day to **drop this course from your academic record** and GPA. You will have 25% of your final grade completed and returned to you by this date.

# ANTH 3312-FA/FAO Medical Anthropology I COURSE SCHEDULE FALL 2017

| DATE    | LECTURE /SEMINAR TOPIC  | REQUIRED READINGS                         |  |
|---------|---|---|--|
| Sept 6  | Course Introduction   | Wiley & Allen CH 1                        |  |
|         | What is Medical Anthropology?                                     |   |  |
| Sept 11 | Anthropological approaches to the                                 | Wiley & Allen CH 2                        |  |
| Sept 13 | study of health and disease                                       | Goldman CH 1 & 2                          |  |
|         |   | Farrimond 2011                            |  |
| Sept 18 | Ethnomedical approaches   | Wiley & Allen CH 3                        |  |
| Sept 20 |   | Goldman CH 3 & 4                          |  |
| C 1 O F | Duna and altitude de mile and announced and annive of             | Telles et al. 2014                        |  |
| Sept 25 | Presentation topic approval required Biomedicine as Ethnomedicine | Goldman CH 5 & 6                          |  |
| Sept 27 | Biomedicine as Emnomedicine                                       | Gomes et al. 2014                         |  |
|         |   | Howlett et al. 2016                       |  |
| Oct 2   | Diet and Nutrition  | Wiley & Allen CH 4                        |  |
| Oct 4   |   | Goldman CH 7 & 8                          |  |
|         |   | Chan 2016                                 |  |
| Oct 9   | READING WEEK  |   |  |
| Oct 11  |   |   |  |
| Oct 18  | ONLINE MIDTERM EXAM (25%)   |   |  |
| Oct 23  | Student assigned reading due                                      | Wiley & Allen CH 5 & 7                    |  |
| Oct 25  |   | Goldman CH 9 & 10                         |  |
|         | Growth, development and aging                                     | Parker 2015                               |  |
| Oct 30  | Gender and the health experience                                  | Wiley & Allen CH 6                        |  |
| Nov 1   |   | Goldman CH 11 - 13                        |  |
|         |   | Vissandjee et al 2014                     |  |
|         |   | Varcoe et al. 2013                        |  |
| Nov 6   | Stress, Social inequality and race                                | Wiley & Allen CH 10                       |  |
| Nov 8   |   | Government of Canada. 2011. What          |  |
|         |   | determines Health?                        |  |
|         |   | The Current: Health and Wealth:           |  |
|         |   | Prescribing money to treat low-income     |  |
|         |   | patients. 2013                            |  |
| Nov 13  | Reflection paper due (15%)  | Wiley & Allen CH 11                       |  |
| Nov 15  | Mental health and illness   | The Current: 'How many Islanders have to  |  |
|         | Mornar noam and mness   | be failed by the system?' P.E.I. parents  |  |
|         |   | fight for better mental health care. 2017 |  |
| Nov 20  | Alternative Healing presentations (20%)                           | Student-assigned readings (TBA)           |  |
| Nov 20  | Allerialive fleating presentations (20%)                          | 310detti-assigned reddings (TDA)          |  |
| Nov 27  | Alternative Healing presentations (20%)                           | Student-assigned readings (TBA)           |  |
| Nov 29  | (20/0)  |   |  |
| Dec 4   | Course Summary  | Wiley & Allen epilogue                    |  |
| Dec 7-9 |   |   |  |
|         | ONLINE FINAL EXAM (25%)   |   |  |

Please note that the course schedule may change to accommodate guest speakers.

# **IMPORTANT COURSE INFORMATION**

**COURSE FORMAT:** Contact time will usually consist of a lecture and a seminar discussion. Approximately half of our contact time will consist of discussions /debates surrounding the required readings. Regular attendance is required as lecture notes **will not be posted**, and inclass discussion cannot be made up with alternative work. If you miss a lecture, it is your responsibility to get the notes from someone in the class. Questions are strongly encouraged!

**COPYRIGHT IN INSTRUCTIONAL SETTINGS:** Students may not tape-record, photograph, video record or otherwise reproduce lecture presentations, course notes or other similar materials provided by the instructor. All such reproduction is an infringement of copyright and is absolutely prohibited. In the case of private use by students with disabilities, the instructor's consent will not be unreasonably withheld. Arrangements for such accommodations must be made through student accessibility services.

### **LEARNING ASSESSMENTS:**

Class Discussion/Participation (15%): Students must complete the weekly required readings prior to attending class in order to participate in discussion. Participation will be evaluated on your ability to discuss and critique the assigned readings and ask meaningful questions. When we have guest speakers, you will be asked to write a brief personal reflection of your experience (submitted on the course discussion board). You must also attend all student presentations and ask poignant questions of your peers. Students are also required to seek feedback on their presentation AT LEAST one week prior to their presentation date. Poor preparation, coming late and leaving early will adversely affect your participation grade. Be sure your cell phone is silent and stored during class time and your laptop is used for word processing only – failure to do so will result in a zero grade for that day's practical.

**Midterm (25%) and Final Examination (25%):** Examinations will not be cumulative. The midterm will cover all material presented, up to and including October 4, with the final exam covering all remaining material. Exams will require you to demonstrate your understanding of topics, concepts and arguments covered in lecture, readings and class discussions. Exams will consist of short answer questions (e.g. definitions, short explanations & comparisons).

**Reflection paper (15%):** Students will write a brief anthropological reflection paper on Goldman's 2010 book 'The Night Shift'. A detailed rubric with requirements will be provided.

Presentation (20%): Students will research an indigenous or alternative healing method and present their findings to their peers. A detailed rubric with requirements and expectations will be provided. The topic of your presentation must be approved on or before September 25. You must also have an appropriate course reading for your presentation topic approved before Oct 23. Your chosen reading will then be assigned to the class. Presentations must be formal, thoroughly researched, properly referenced and visually appealing. Each presentation will be 12-15 minutes long, plus time for questions. You will be graded on your visualization, clarity, conciseness, and ability to identify and explain key issues.

**SUBMISSION OF ASSIGNMENTS:** Late assignments will NOT be accepted. Students will receive a 0 for any assignment not turned in on time. Written assignments must be submitted electronically using D2L prior to 4 pm on the due date. Personal computer/internet issues will not be considered - be sure to upload your assignment far in advance of the deadline. Submissions by alternate means will not be graded.

MISSED WORK POLICY: If you are ill (have a death in the family, or other issue beyond your control) and miss an assignment or exam, you have up to 72 hours from the due date/time of

the missed exam/assignment to submit your request for a make-up and provide the supporting documentation to the instructor via email. Late requests will NOT be considered. For a death in the family or other tragedy, contact the instructor immediately to determine the necessary documentation. For illness, a medical doctor's note MUST include the statement "This student was unable to write the test on date(s) for medical reasons." Documentation must show that the physician was consulted within one day of the exam or assignment due date. A statement merely confirming a report of illness made by the student is NOT acceptable.

Requests for extensions will be granted only on the basis of legitimate medical or compassionate grounds. Official, university-approved documentation (e.g. medical certificate, death certificate, accident report etc.) must be submitted to make-up missed work. The Lakehead Medical Certificate may be downloaded from the university website. Please note that the Lakehead medical certificate will not be issued in all cases. If your request is granted, be prepared for the makeup exam/or to submit the assignment at any time. There is no opportunity to defer a makeup test or a renegotiated assignment deadline.

**REMARKING TERM WORK:** Requests for "remarks" must be submitted in writing **within 1 week** of the date the graded assignments/tests were made available for students to pick up. The particular day you choose to retrieve your assignment is irrelevant. To request a remark, you must submit a **written request explaining precisely why you believe your assignment should receive a different grade**. Any work remarked by the instructor will involve the entire assignment, not simply the questions or portion you believe were scored improperly. As a result, it is possible that your revised mark may actually go down, rather than going up or staying the same. The revised mark stands.

**EMAIL POLICY:** It is best to ask questions in class or on the discussion board so your peers may also benefit from the answer. Contact the professor at the email provided above. Students are requested to keep email inquiries brief. Treat email as professional correspondence, use a formal tone and phrase questions clearly and concisely. Please use your **official Lakehead email address** for all course communication; the instructor will not open email from other sources. Include the course code 'ANTH 3312' (first) in your subject line to ensure the email is not sent to a junk folder. You should get a response within 48 hours (likely within 24 hours), but weekends and holidays may take longer. If you do not get a reply within 48 hours – I did not receive your email. Ensure the above criteria have been met and resend. Please note: if I send you an email that requires a reply, I also expect that you will reply within 48 hours.

**FINAL GRADES:** Final grades will be calculated according to the weights listed in the <u>university's Grading Scheme</u> There will be no make up assignments or extra credit assignments. The grades you earn are the grades you will receive. Interim grades can be found in D2L under the Grades tool.

**SUPPORT FOR STUDENTS WITH DISABILITIES:** Student Affairs coordinate services and facilitates reasonable academic accommodations for students with disabilities. Academic accommodations are provided on the basis of documentation of a disability. Additional information is available at the following website: <a href="https://www.lakeheadu.ca/current-students/student-services/accessibility">https://www.lakeheadu.ca/current-students/student-services/accessibility</a>

**ACADEMIC DISHONESTY:** The University takes a most serious view of offences against academic honesty such as plagiarism, cheating and impersonation. Penalties for academic offences will be strictly enforced. Please see the <u>Academic Dishonesty webpage</u> for what constitutes academic misconduct, as well as the <u>"Code of Student Behaviour and Disciplinary Procedures"</u> including sections on plagiarism and other forms of misconduct.

### ADDITIONAL ANTH 3312 ASSIGNED OPEN ACCESS COURSE MATERIAL

Chan C. 2016. The Canada Food guide is killing you: 'The obesity epidemic... really began with our dietary guidelines'. National Post, April 4, 2016. Available at:

http://nationalpost.com/news/canada/the-canada-food-guide-is-killing-you-the-obesity-epidemic-really-began-with-our-dietary-guidelines

Farrimond S. 2010. The top 10 medical TV myths. Doctor Stu's Science Blog, Jan 19, 2011. Available at: https://realdoctorstu.com/2011/01/19/the-top-10-medical-tv-myths/

Gomes T, Mamdani MM, Paterson JM, Dhalla IA & DN Juurlink. 2014. Trends in high-dose opioid prescribing in Canada. Canadian Family Physician, 60: 826-832. Available at: http://www.cfp.ca/content/60/9/826.full

Government of Canada. 2011. What determines Health? Oct 21, 2011. Available at: <a href="https://www.canada.ca/en/public-health/services/health-promotion/population-health/what-determines-health.html">https://www.canada.ca/en/public-health/services/health-promotion/population-health/what-determines-health.html</a>

Howlett K, Giovanetti J, Vanderklippe N, & L Perreaux. 2016. A killer high: How Canada got addicted to fentanyl. Globe and Mail, 28: June 2016. Available at:

https://www.theglobeandmail.com/news/investigations/a-killer-high-how-canada-got-addicted-tofentanyl/article29570025/

Parker L. The anti-vaccine generation: how movement against shots got its start. National Geographic, Febuary 6, 2015. Available at:

http://news.nationalgeographic.com/news/2015/02/150206-measles-vaccine-disney-outbreak-polio-health-science-infocus/

Telles S, Pathak S, Singh N & A Balkrishna. 2014. Research on Traditional Medicine: What Has Been Done, the Difficulties, and Possible Solutions. Evidence-Based Complementary and Alternative Medicine, 2014: 1-6. Available at: https://www.hindawi.com/journals/ecam/2014/495635/

Varcoe C, Brown H, Calam B, Harvey T & M Tallio. 2013. Help bring back the celebration of life: A community-based participatory study of rural Aboriginal women's maternity experiences and outcomes. *BioMed Central Pregnancy and Childbirth*, 13(26): 1-10. Available at: http://www.biomedcentral.com/1471-2393/13/26

Vissandjée B, Denetto S, Migliardi P and J Proctor. 2014. Female genital cutting (FGC) and the ethics of care: community engagement and cultural sensitivity at the interface of migration experiences. BioMed Central International Health and Human Rights, 14(13): 1-10. Availble at: https://bmcinthealthhumrights.biomedcentral.com/articles/10.1186/1472-698X-14-13

CBC radio podcast – The Current: Health and Wealth: Prescribing money to treat low-income patients (November 2013). Available at: <a href="http://www.cbc.ca/radio/thecurrent/health-and-wealth-prescribing-money-to-treat-low-income-patients-november-2013-encore-1.2684497">http://www.cbc.ca/radio/thecurrent/health-and-wealth-prescribing-money-to-treat-low-income-patients-november-2013-encore-1.2684497</a>

CBC radio podcast – The Current: 'How many Islanders have to be failed by the system?' P.E.I. parents fight for better mental health care (June 2017). Available at: <a href="http://www.cbc.ca/radio/thecurrent/how-many-islanders-have-to-be-failed-by-the-system-p-e-i-parents-fight-for-better-mental-health-care-1.4168925?autoplay=true">http://www.cbc.ca/radio/thecurrent/how-many-islanders-have-to-be-failed-by-the-system-p-e-i-parents-fight-for-better-mental-health-care-1.4168925?autoplay=true</a>