



# Hand-Sanitizing Procedure



1. Place dime-sized drop of alcohol-based hand-sanitizer in your palm



2. Rub hands together, palm to palm



3. Rub back of each hand with palm and interlaced fingers of the other hand



4. Rub around each thumb clasped in the opposite hand



5. Rub fingertips of each hand backward and forward in the opposite hand



6. Keep rubbing until your hands are dry, paper towel is not needed