



# New Horizons for Seniors Program

Community-based  
projects

Call for Proposals  
2023-2024

Regional Community  
Engagement

# New Horizons for Seniors Program (NHSP)

**Investments that help seniors to be valued  
in their communities:**

**Community-based  
stream**

**Pan-Canadian  
stream**

# NHSP funding opportunities

**Community-based  
projects**

**up to \$25,000 for up  
to 12 months**

**Pan-Canadian  
projects**

**up to \$5,000,000 for  
up to 5 years**

# NHSP objectives

**1. Promoting volunteerism among seniors and other generations**

**2. Engaging seniors in the community through the mentoring of others**

**3. Expanding awareness of elder abuse, including financial abuse**

**4. Supporting social participation and inclusion of seniors**

**5. Providing capital assistance for new and existing community projects and programs for seniors**

# Eligible activities



- Volunteering, mentoring, and leadership training for seniors
- Seniors learning new skills and skill matching for seniors



- Seniors sharing knowledge, skills and experience with others
- Intergenerational and intercultural learning for seniors
- Relationship-building programs and activities for seniors



- Seniors developing and/or sharing tools and/or resource materials
- Seniors sharing best practices

# National priorities 2023-2024

## 1. Supporting healthy ageing

- addressing social isolation, including through supporting seniors' digital literacy
- addressing ageism
- supporting mental health and dementia

## 2. Preventing senior abuse

- providing measures to reduce crimes and harm against seniors including elder abuse
- developing educational material to prevent unscrupulous practices, financial fraud and scams from happening to seniors

## 3. Celebrating diversity and promoting inclusion

- promoting intergenerational mentoring and engagement
- advancing reconciliation with Indigenous Peoples and helping to secure a better quality of life for Indigenous seniors
- collaborating with diverse communities, notably, by serving members of the following vulnerable groups: low-income seniors, Indigenous Peoples, members of 2SLGBTQI+ communities, members of official language minority communities, seniors who primarily speak languages other than English and French, members of racialized and newcomer groups, persons with disabilities and veterans; and seniors living in rural or remote areas

## 4. Supporting financial security

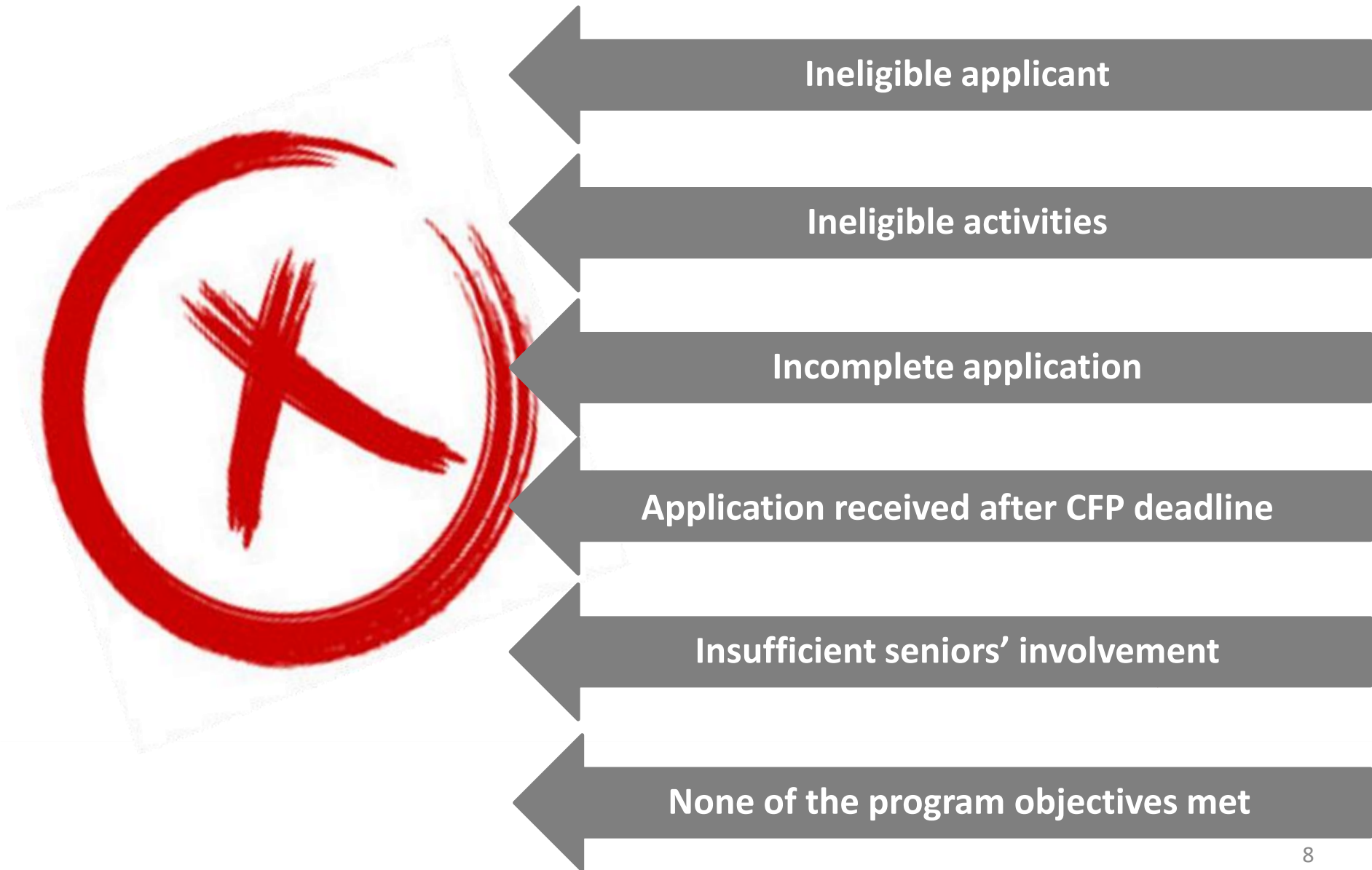
- helping seniors navigate and access government services and benefits and providing support to file their taxes
- supporting financial empowerment of seniors

# Ineligible activities

- × Minimal seniors' participation or unclear description of their role
- × Regular or core organizations' activities
- × Renovation or maintenance of buildings not owned by applicants or locations where direct services to seniors are not provided
- × Beautification or esthetic modifications to buildings and sites
- × Purchase of personal or health-care items
- × Purchase of gift cards
- × Purchase of vehicles
- × Purchase of land or buildings, including new construction
- × Purchase of equipment for a new building not yet occupied by applicant
- × Programs or services that fall within the responsibility of other levels of government



# Reasons for screening out





# How to improve projects

## Strong projects

- meet one or more program objectives
- meet one or more national priorities\*
- demonstrate seniors' leadership
- address specific seniors' needs
- involve volunteers
- create and involve partnerships\*
- demonstrate community support
- present innovative practices\*
- make a difference in communities
- use resources effectively

## Weak projects

do not provide details about:

- seniors' participation
- seniors' benefits from activities
- how seniors' needs are addressed
- benefits for the community
- relevant budget costs or the costs are not reasonable
- how costs actually support the activities
- timelines or milestones or the latter are not feasible
- expected results or they are not clearly defined



## Assessment Standards

# Application submission methods

## Grants and Contributions Online Services (GCOS) OR online form

### For the GCOS application, you will be able to:

- create, view, edit, save, submit or withdraw your project proposal with a 24/7 access
- track the status of your submission and easily upload supporting documents
- use several browsers such as Windows Internet Explorer 8, Mozilla Firefox, Google Chrome and Apple Safari

### For the online form, remember:

- that the system will notify you after 20 minutes of inactivity on a page
  - press OK within the expected delay time to not lose the entered information
- to use the "Save and Continue later" if you need to stop at any point during the application process
- to provide email address and password to save the application
- your password to be able to retrieve your application
- a link to your draft application will be sent to your email and will only be available for 48 hours from the time you initiate your application
- that you will not be to submit a saved application after the deadline
- you will be able to attach the supporting documents prior to the submission
- to print a copy of your application before submitting your application

### GCOS assistance

Tel.: 1-800-367-5693

Email: [NA-GCOS-SELSC-GD@hrsdc-rhdcc.gc.ca](mailto:NA-GCOS-SELSC-GD@hrsdc-rhdcc.gc.ca)

### Online form assistance

Tel.: ...\*

Email: ...\*

# Application and project life cycle processes

## Application

- Online submission
- Acknowledgement notification



## Assessment

- Screening
- In-depth review and assessment



## Funding approval

- Official notification
- Signing of agreement



## Project delivery

- Implementation of activities
- Touch-base call



## Final report

- Recipient's project results
- Online submission

# Success stories



**Regent Park  
Community**



**Fengcai  
Arts  
Association**



**Petit Espoir  
Community  
Centre**



## NHSP Call for Proposals

- ✓ Launch – August 1, 2023, at noon, Eastern Standard Time (EST)
- ✓ Deadline to apply - September 14, 2023, at 3 p.m., EST
- ✓ Application methods - Grants and Contributions Online Services (GCOS) or online form
- ✓ For further details - [New Horizons for Seniors Program - Community-based projects \(up to \\$25,000\) - Canada.ca](#)



# Questions

