# **Request for Calendar Change Form** Tracking No: (Senate Secretary's Office use only) Date: То Secretary of Senate From Name(Dean): Faculty Health and Behavioural Sciences Lori Livingston Department the change relates to Kinesiology Contact Person Jane Taylor and Derek Kivi

Is the proposed calendar change Graduate

# **Instructions:**

- 1. In all cases please complete and attach section 1 and 2
- 2. If the calendar change affect other departments/schools/faculties complete and attach section 3
- 3. If the answer to any of the questions below is yes, explain. Attach separate sheets with reference to the question

1. Do the proposed changes affect other departments/ schools/faculties in terms of their calendar change?	Yes	No V
2. Is a transition plan needed for student in progress?	Yes	No 🔽
3. Are the proposed changes likely to affect student enrollment in your department/school/faculty?	Yes	No
4. Are the proposed changes likely to affect student enrollment in other departments/schools/faculties at Lakehead University?	Yes	No 🔽
5. Will the proposed changes require additional teaching space and/or teaching staff and/or equipment and/or other resources?	Yes	No
6 Will the proposed changes affect existing teaching loads within your department/school/faculty?	Yes	No ✓
7. Will the proposed changes increase demand for teaching support services such as the library, computing services and technical staff?	Yes	No ✓
8. Will the proposed change require direct or in-kind support from outside the academic unit?	Yes	No
9. Do the proposed changes include change in course(s) which is/are required core course(s) for a major?	Yes	No ✓
10. Do the proposed changes include a change in course which is	Yes	No

service/required course(s) in another program?			<b>~</b>
11. Do the proposed changes include change in course(s) which is/are open elective available to any student in any program?		Yes	No ✓
12. Do the proposed changes include change in course(s) which is/are elective in a major i.e. restricted to students in a major?		Yes	No ✓
Signatures:	Date approved by faculty c	ouncil	
Section 1			
Description of the Proposed Calendar Change:			
Addition of new graduate Type III Diploma Program.			
Rationale of the Proposed Calendar Change(s): (Corresponding to Section 2 where required)			
Increased graduate enrollment for university. Provides transition program for students who wish to become professional kinesiologists, a new initiative in Ontario.			

Section 2		
Existing Calendar Entries: (Page reference based on hard copy or URL based on electronic version of calendar)	Proposed Calendar Entries/Addi -If only addition, specify page r placement in university calenda -If only deletion, write Deleted	number and
1		
	SCHOOL OF KINESIOLOGY	
	Professor and Dean of Faculty of Health and Behavioural Science	
	Associate Professor and Directo	or J.M. Farrell
	GRADUATE DIPLOMA IN KINESIOLOGY	
	Graduate Coordinator	D. Kivi
	Type III Core Faculty	J.E. Crossman J.M. Farrell J. Gotwals L.A. Livingston M.N. McPherson W.J. Montelpare I.J. Newhouse M.J. Taylor G. Yang
2		
	ADMISSION REQUIREMENTS	
	Admission to the program is consistent with Lakehead University's policy for admission to Graduate Programs. Students must successfully complete a four year degree in Kinesiology, Human Kinetics or a related degree, with a minimum of 70% overall average based on their last 20 half courses or equivalent. Prospective students must provide proof of valid certification in CPR-C and first aid.	
	Applications to the Graduate Di Kinesiology will be accepted an throughout the year. Application February 1. Late applicants manadmission.	od processed on deadline is

#### GRADUATE DIPLOMA IN KINESIOLOGY

Lakehead University provides opportunity for qualified students to study for a Type III standalone graduate diploma. The Graduate Diploma in Kinesiology is designed to provide advanced academic opportunities for professional training and clinical skill upgrading for current and future practitioners of Kinesiology. Through the proposed Graduate Diploma, individuals will be given advanced training in the specific areas of Professional Kinesiology that will enable them to meet the specific requirements of working within the scope of practice for a Kinesiologist.

The diploma program is offered over a 12-month timeframe commencing in September and is intended for full-time students only. The program includes four online half-courses, four on-site practical half courses, and a full-course internship.

The four online courses are spread throughout the 12-month period designed to commence approximately one month prior to the corresponding practical course. Online courses are offered through a facilitated online delivery approach commencing in October, January, April and June. Preparatory information for the associated practical course will be delivered within its preceding online content course. The online and corresponding practical course will both be completed approximately one month following the practical course corresponding with the conclusion of the fall, winter, spring and summer university terms.

The four on-site practical courses are held throughout the 12-month term to introduce and review specific skills and information related to the practice of kinesiology, as related to the corresponding online course. Practical courses include 36 hours of instruction over 4 days. A 3-hour session will be held Wednesday evening. Thursday, Friday, and Saturday will include 10 hours each day. The course will conclude with a final 3-hour session Sunday morning. Practical courses are scheduled in November, February, May and July and may be held at the Thunder Bay or Orillia campus. Students will be required to complete

assignments for the practical courses to complete the evaluation component of each course.

The internship requirement includes 200 hours over the course of the year. Acceptable placement opportunities are matched to the specific interest of the student and approved by the internship coordinator in discussion with the student.

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### **PROGRAM**

Five FCE courses are required to fulfill the requirements for graduation. The required internship course (Kinesiology 5380) is equivalent to one FCE course. Other required half-courses include:

KINE 5310 - Clinical Assessment for Kinesiologists

KINE 5315 - Clinical Assessment Practical

KINE 5330 - Therapeutic Exercise Prescription

KINE 5335 - Therapeutic Exercise Prescription
Practical

KINE 5350 - Exercise Prescription for Clients with Chronic Disease/Disorder

KINE 5355 - Exercise Prescription for Clients with Chronic Disease/Disorder Practical

KINE 5370 - Business, Ethics, and Risk Management

KINE 5375 - The Practice of Kinesiology

KINE 5380 - Experiences in Professional

Kinesiology

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### **GRADUATE COURSES**

May only be taken by students in the Graduate Diploma in Kinesiology program.

Kinesiology 5310 Clinical Assessment for Credit Weight: 0.5 Kinesiologists

Description: Designed to provide the theoretical foundations of Clinical Assessment. Topics include gathering relevant medical history, functional assessment, understanding posture, balance, and

	gait, and performing upper and lower body muscular testing and neurological screening.	
6		
	Kinesiology 5315 Clinical Assessment Practical Credit Weight: 0.5  Co-requisite: Kinesiology 5310  Description: Focuses on the practical application of the theoretical foundation of Clinical	
	Assessment. Students will be provided with the opportunity to gain practical experience in taking a medical history, performing functional tests and assessments, and analyzing gait and posture.  Note: A 36-hour on-site practical course.	
7		
	Kinesiology 5330 Therapeutic Exercise Credit Weight: 0.5 Prescription  Description: Designed to provide the theoretical foundations of Therapeutic Exercise Prescription. Focus will be around functional capacity models of rehabilitation, maintenance and prevention as applicable to individual needs.	
8		
	Kinesiology 5335 Therapeutic Exercise Credit Weight: 0.5 Prescription Practical  Co-requisite: Kinesiology 5330  Description: Focuses on the practical application of the theoretical foundation of Therapeutic Exercise Prescription. Will encompass critical analysis, development and implementation of treatment plans for specific case scenarios.  Note: A 36-hour on-site practical course.	
9		

Kinesiology 5350 **Exercise Prescription for** Clients with Chronic Disease/Disorder Credit Weight: 0.5 Description: Designed to provide the theoretical foundations of Therapeutic Exercise Prescription for populations with chronic disease and/or related disorders. Topics will include exercise prescription for cardiovascular disease, obesity, cancer, diabetes and musculoskeletal disorders. Kinesiology 5355 Exercise Prescription for Clients with Chronic Disease/Disorder Practical Credit Weight: 0.5 Co-requisite: Kinesiology 5350 Description: Focuses on the practical application of theoretical foundation of Therapeutic Exercise Prescription for populations with chronic disease and/or related disorders. Will encompass critical analysis, development and implementation of treatment plans for specific case scenarios related to populations introduced. Note: A 36-hour on-site practical course. 11 Kinesiology 5370 Business, Ethics, and Risk Credit Weight: 0.5 Management Issues Description: Provides students with conceptual knowledge of applications in business management, ethics, and risk management. Business related topics may include project management, marketing and accounting principles. Issues related to legal liability, the fitness and safety standards and guidelines will be discussed from an ethical practitioner/clinician approach. 12

	Kinesiology 5375 The Practice of Kinesiology Credit Weight: 0.5  Co-requisite: Kinesiology 5370
	Description: Skills in assessment, treatment and business practice will be incorporated in this culminating course. Scenarios will provide a comprehensive overview of the practice of kinesiology drawing from experiences gained by the students throughout the program.  Note: A 36-hour on-site practical course.
3	
	Kinesiology 5380 Experience in Professional Credit Weight: 0.5 Kinesiology
	Description: Professional internship experiences will be identified and selected from a diverse and varied pre-approved list of placement partners. Students will be assigned placements based on specific criteria and through discussion with the internship coordinator, and will gain experience under the direction of an on-site supervisor/mentor. The internship is 200 hours and is graded on a pass-fail basis.
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Section 3					
The Faculty(ies) affected by the proposed cale	ndar change				
I have been consulted regarding the attached calendar change and understand the academic and budgetary implication on my Dept./School/Faculty.					
I agree to this calendar change proposal	Yes 🗆	No 🗆			
Name:					
Faculty:					
Date:	gnature of Dear	1			
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