

Request for Calendar Change Form

Tracking No:
(Senate Secretary's Office
use only)

Date:
13/01/2010

To	Secretary of Senate	
From	Name(Dean):	Faculty
	Dr. Lori Livingston	Health and Behavioural Sciences
	Department the change relates to	
	Kinesiology	
	Contact Person	
	Dr. Jane Taylor	

Is the proposed calendar change Undergraduate

Instructions:

1. In all cases please complete and attach section 1 and 2
2. If the calendar change affect other departments/schools/faculties complete and attach section 3
3. If the answer to any of the questions below is yes, explain. Attach separate sheets with reference to the question

- | | | |
|--|---------------------------------|---|
| 1. Do the proposed changes affect other departments/ schools/faculties in terms of their calendar change? | Yes
<input type="checkbox"/> | No
<input checked="" type="checkbox"/> |
| 2. Is a transition plan needed for student in progress? | Yes
<input type="checkbox"/> | No
<input checked="" type="checkbox"/> |
| 3. Are the proposed changes likely to affect student enrollment in your department/school/faculty? | Yes
<input type="checkbox"/> | No
<input checked="" type="checkbox"/> |
| 4. Are the proposed changes likely to affect student enrollment in other departments/schools/faculties at Lakehead University? | Yes
<input type="checkbox"/> | No
<input checked="" type="checkbox"/> |
| 5. Will the proposed changes require additional teaching space and/or teaching staff and/or equipment and/or other resources? | Yes
<input type="checkbox"/> | No
<input checked="" type="checkbox"/> |
| 6 Will the proposed changes affect existing teaching loads within your department/school/faculty? | Yes
<input type="checkbox"/> | No
<input checked="" type="checkbox"/> |
| 7. Will the proposed changes increase demand for teaching support services such as the library, computing services and technical staff ? | Yes
<input type="checkbox"/> | No
<input checked="" type="checkbox"/> |
| 8. Will the proposed change require direct or in-kind support from outside the academic unit? | Yes
<input type="checkbox"/> | No
<input checked="" type="checkbox"/> |
| 9. Do the proposed changes include change in course(s) which is/are required core course(s) for a major? | Yes
<input type="checkbox"/> | No
<input checked="" type="checkbox"/> |
| 10. Do the proposed changes include a change in course which is service/required course(s) in another program? | Yes | No |

11. Do the proposed changes include change in course(s) which is/are open elective available to any student in any program? Yes No

12. Do the proposed changes include change in course(s) which is/are elective in a major i.e. restricted to students in a major? Yes No

Signatures:

M Jane Taylor Kinesiology

Date approved by faculty council

17/12/2009

Section 1
Description of the Proposed Calendar Change: Changes related to Kinesiology courses.
Rationale of the Proposed Calendar Change(s): (Corresponding to Section 2 where required)
Annual review of Kinesiology calendar items.

Section 2

Existing Calendar Entries:
(Page reference based on hard copy or URL based on electronic version of calendar)

Proposed Calendar Entries/Addition/ Deletion
-If only addition, specify page number and placement in university calendar
-If only deletion, write Deleted

1

<http://mycoursecalendar.lakeheadu.ca/pg246.html>

PROGRAMS

3. Honours Bachelor of Kinesiology Co-operative Program Option

Placement Information

Second paragraph, first sentence reads:

The student is required to seek at least two different work term placement locations during the program.

PROGRAMS

3. Honours Bachelor of Kinesiology Co-operative Program Option

Placement Information

Second paragraph, first sentence should read as follows:

The student is [expected] to seek at least two different work term placement locations during the program.

2

<http://mycoursecalendar.lakeheadu.ca/pg162.html#449>

Kinesiology 1035 Physical Growth and Motor Development

Description: Last sentence reads:

Particular emphasis will be placed on learning and applying the observational analysis techniques of fundamental movement patterns.

Kinesiology 1035 Physical Growth and Motor Development

Description: Last sentence should read:

Particular emphasis [is] placed on learning and applying observational analysis techniques [related to] fundamental movement patterns.

3

<http://mycoursecalendar.lakeheadu.ca/pg162.html#449>

Kinesiology 1113 Principles of Health: A Physical Activity Perspective

Description: An introduction to the principles of health based on the influence of physical activity as an essential stimulus for the development of the social, emotional, intellectual, spiritual and biological principles of health. Specific references throughout the course are made to issues and policies that reflect the health of Canadian society. This

Kinesiology 1113 Principles of Health: A Physical Activity Perspective

Should read:

Description: An introduction to the principles of health based on the influence of development and balance of the physical, social, emotional, intellectual, and spiritual dimensions of health. Specific references throughout the course

course has been designed to help first year students in making a successful transition into the contemporary university learning environment.

4

<http://mycoursecalendar.lakeheadu.ca/pg162.html#449>

Kinesiology 1710
Concepts of Fitness, Nutrition, and Wellness

Description: Designed to provide the student with the knowledge and skills required for a healthy active lifestyle. Fitness and wellness needs vary significantly from one to another individual. The information and the activities delivered will allow students to develop a personal lifetime program that promotes fitness, proper nutrition, and wellness. Lectures will be supplemented with a variety of laboratory experiences.

are made to issues that reflect the health of Canadian society. An introduction to what it means to be part of an interprofessional health care team that aims to improve health care services to the population is included.

Kinesiology 1710
course title change:
Introduction to Lifestyle Management

New Description:
Description: An introduction to personal lifestyle concepts using a Bio Psycho Social approach. Behavioral change theory is applied to balancing the primary lifestyle concepts of activity level, nutrition, weight management, stress management and related issues. Lifestyle disorders are studied through practical laboratory exercises and theoretical discussion.

5

<http://mycoursecalendar.lakeheadu.ca/pg162.html#449>

Kinesiology 1711 Movement Skill
Development

Kinesiology 1711

Change course title to:
Movement, Observation & Assessment

6

<http://mycoursecalendar.lakeheadu.ca/pg162.html#449>

Kinesiology 2015 Introduction to
Biomechanics

Kinesiology 2015 Introduction to Biomechanics

Description: The definition of Biomechanics and its relationship to a knowledge of movement fundamentals. Basic concepts and principles as they relate to the analysis of human motion will be studied. Mechanical constructs will be presented as a basis for qualitative analysis.

New Description:
An introduction to biomechanics and its relationship to human movement. Basic mechanical principles and concepts as they relate to the analysis of motion are studied. Examples of human movement commonly observed in the areas of physical activity, rehabilitation, ergonomics and sport are used to demonstrate and explain theoretical concepts.

7

<http://mycoursecalendar.lakeheadu.ca/pg162>

html#449

Kinesiology 2059 Psychology of Physical Activity

Description: An introduction to the study of psychological dimensions in sport and physical activity. Topics to be covered include determinations of behaviour, personality, achievement motivation, emotion and stress, coping, psychological preparation, gender differences, social influence, group dynamics, and leadership.

Kinesiology 2059 Psychology of Physical Activity

New Description:

An introduction to fundamental psychological theories and constructs relating to human behaviour, cognition, and affect in physical activity and sport. Practical Issues regarding the application, conceptualizations, and measurement of various psychological constructs are discussed. Selected topics include achievement motivation, personality, perfectionism, psychology of injury, aggression, and group dynamics.

8

<http://mycoursecalendar.lakeheadu.ca/pg162.html#449>

Kinesiology 3030 Introductory Statistics

Kinesiology 3030 Introductory Statistics

Add Note after course Offering as follows:

Note: A general statistics course from another department may be considered equivalent to Kine 3030. Students who have taken an alternate statistics course should meet with the Director of the School of Kinesiology prior to registering for Kine 3030.

9

<http://mycoursecalendar.lakeheadu.ca/pg162.html#449>

Kinesiology 3610 Nutrition, Physical Activity, and Health

Kinesiology 3610 Nutrition, Physical Activity, and Health

Prerequisite(s): Biology 2030 and Chemistry 1210

Delete Prerequisites:

Course description should read:

Description: An introduction to the science of nutrition. Topics include nutrition in everyday life, basic nutritional principles and their application. The course explores emerging topics and controversies regarding nutritional practices while reviewing the biological foundation of nutrition.

Description: An introduction to the science of nutrition based on basic nutritional principles and their application. Specific references to metabolism and functional approaches to the macro- and micro-nutrients are discussed. The course explores emerging concepts and controversies regarding nutritional practices while reviewing nutrition in everyday life.

10

<http://mycoursecalendar.lakeheadu.ca/pg162.html#449>

Kinesiology 4059 Advanced Psychology of Physical Activity

Description: Exploration and application of current research issues related to social and personal factors that influence behaviour in physical activity and sport. Potential topics include motivation, leadership, group dynamics, attribution, self-efficacy, gender issues.

11

<http://mycoursecalendar.lakeheadu.ca/pg162.html#449>

Kinesiology 4179 Special Topics

Description: A variety of courses are offered each year to allow students to participate in areas of their choice. The topics change from year to year and are determined by student demand and/or faculty availability and consequent School approval.

12

<http://mycoursecalendar.lakeheadu.ca/pg162.html#449>

Kinesiology 4193 Camp School or Hiking School

Description: This is a non-credit course comprised of Camp School or Hiking School.

Note: A non-credit required course.

Kinesiology 4059 Advanced Psychology of Physical Activity

New Description reads as follows:

Description: Focus directed at psychological factors that influence participation and performance in physical activity. Topics include psychological effects of participating in physical activity and interventions that can be utilized to enhance participation, performance, and personal growth. The relevancy of pertinent applied sport psychology theory, research, and mental skills is established through presentation of case studies, readings from popular texts, and class members' efforts to apply the material to their own personal experiences in physical activity and other achievement contexts.

Kinesiology 4179 Special Topics

Changes as follows:

Description: A special topic course may be offered to allow students to participate in additional kinesiology related areas. Topics change from year to year and are determined by student demand and/or faculty availability and School approval.

Kinesiology 4193 Camp School or Hiking School

New Description and Notes read as follows:

Description: Camp School includes a 6-week preparation component in third year culminating in a 4-day canoe adventure at the beginning of fourth year. Hiking School includes a major hiking/camping experience at the beginning of fourth year, including a 3-day hike over Thanksgiving weekend.

Notes: A non-credit required course. Students are required to participate in one of Camp School OR Hiking School.

13

<http://mycoursecalendar.lakeheadu.ca/pg162.html#449>

Kinesiology 4220 Research Project

Note: Only of Kinesiology 4220 and 4230 may be completed for credit.

Kinesiology 4220 Research Project

Change note to read as follows:

Notes: Only one of Kinesiology 4220 and 4230 may be completed for credit. A minimum of 75% cumulative kinesiology average is required to participate in Kine 4220.

14

<http://mycoursecalendar.lakeheadu.ca/pg162.html#449>

Kinesiology 4230 Inquiry into Research

Notes: Although a half-course equivalent, this course will be scheduled over both fall and winter terms. Only one of Kinesiology 4220 and 4230 may be completed for credit.

Kinesiology 4230 Inquiry into Research

Changes to Notes as follows:

Notes: Although a half-course equivalent, this course will be scheduled over both fall and winter terms. As there is limited enrolment in each section, students may not be able to register in their first choice. Only one of Kinesiology 4220 and 4230 may be completed for credit.

15

<http://mycoursecalendar.lakeheadu.ca/pg162.html#449>

Kinesiology 4310 Ergonomics

2nd sentence of course description reads:

Using a multi-disciplinary approach, the student will study movement efficiency, environmental concerns and health threatening disorders affecting worker performance.

Last sentence of course description reads:

Students will be required to complete and present assignments using the prescribed techniques in a variety of workplace sites.

Kinesiology 4310 Ergonomics

2nd sentence of course description should read:

A multi-disciplinary approach is used to study movement efficiency, environmental concerns and health threatening disorders affecting worker performance.

Last sentence of course description should read:

Students will be required to complete and present assignments using prescribed techniques in a variety of workplace settings.

16

<http://mycoursecalendar.lakeheadu.ca/pg162.html#449>

Kinesiology 4610 Advanced Issues in

Kinesiology 4610

Nutrition

Description: Analysis and discussion of current research and controversies surrounding micronutrient roles in disease prevention and health promotion are emphasized. The course includes other issues such as supplement use and ergogenic aids in sports, nutrition applications in the life cycle and environmental concerns.

Change course title to read:

Advanced Issues in Nutrition: A Chronic Disease Perspective

New course description as follows:

An introduction and analysis of current research and guidelines in medical nutrition therapy for the prevention and management of chronic diseases including Diabetes, Obesity, Cardiovascular Disease and Cancer. Specific references to the roles of macro- and micro-nutrients and of non-nutrients in disease prevention are discussed. A case study approach is used to aid in understanding dietary and lifestyle principles.

17

<http://mycoursecalendar.lakeheadu.ca/pg162.html#449>

Kinesiology 4712 Cardiac Rehabilitation Apprenticeship

Kinesiology 4712 Cardiac Rehabilitation Apprenticeship

Note: Before registering for Kinesiology 4712, students must provide proof, to the School of Kinesiology, of certification in Cardiopulmonary Resuscitation and Canadian Physical Activity Fitness and Lifestyle Appraisal.

Change in Notes:

Notes: Before the beginning of classes for Kinesiology 4712, students must provide proof, to the School of Kinesiology, of current certification in Cardiopulmonary Resuscitation and Canadian Physical Activity Fitness and Lifestyle Appraisal. Additionally, as course enrolment is limited, a student's cumulative kinesiology average may determine final acceptance into the course.

18

<http://mycoursecalendar.lakeheadu.ca/pg162.html#449>

Kinesiology 4713 Career Exploration

Kinesiology 4713 Career Exploration

Description: The application of theory and practice of Kinesiology community placement hours and career seminar classes are required.

See changes in description with []:

Description: The application of theory and practice of Kinesiologyplacement hours and career seminar classes are required.

Restricted to fourth year Kinesiology students. Students are required to submit a written request, including background information, to remain in Kinesiology 4713.

CHANGE as follows - at end of paragraph:

After initial registration, students must submit a written request, including background information, to remain in Kinesiology 4713.

Note: A police criminal reference check is required before placement.

CHANGES in notes:

Notes: Restricted to fourth year Kinesiology students. A police criminal reference check is required before placement. A minimum of 75% cumulative kinesiology average is required. May not be taken by students in the Honours Bachelor of Kinesiology Co-op Program Option.

19

<http://mycoursecalendar.lakeheadu.ca/pg162.html#449>

Kinesiology 4714 Exercise Therapy

Description: Course content is designed to prepare students with clinical skills for both preventive and treatment applications using exercise therapy techniques. Functional and applied anatomy concepts, musculoskeletal assessment and exercise prescription will be combined through clinically relevant applications.

Kinesiology 4714

Course title change to read:
Clinical Exercise Therapy

New Description to read as follows:

Designed to provide the required clinical skills and applied knowledge for assessment of musculoskeletal movement patterns and the prescription of exercise. A theoretical and case study approach is used through interactive laboratory experiences. Ethical and professional clinical practices are simulated in the clinical setting.

20

<http://mycoursecalendar.lakeheadu.ca/pg245.html>

KINESIOLOGY SUBJECT AREAS

Health

Kinesiology 4610 - Advanced Issues in Nutrition

Practice of Kinesiology
Kinesiology 1710* - Concepts of Fitness, Nutrition, and Wellness

Kinesiology 1711* - Movement Skill Development

Kinesiology 4714 - Exercise Therapy

KINESIOLOGY SUBJECT AREAS

CHANGE here as well, assuming changes above are approved:

Health

Kinesiology 4610 - Advanced Issues in Nutrition: A Chronic Disease Perspective

Practice of Kinesiology
Kinesiology 1710* - Introduction to Lifestyle Management

Kinesiology 1711* - Movement, Observation & Assessment

Kinesiology 4714 - Clinical Exercise Therapy

Section 3

The Faculty(ies) affected by the proposed calendar change

None

I have been consulted regarding the attached calendar change and understand the academic and budgetary implication on my Dept./School/Faculty.

I agree to this calendar change proposal

Yes

No

Name: *Lori Livingston*

Faculty: *Health and Behavioural Sciences*

Date: *Jan 15/10*

Signature of Dean

