Dr. Rose Zacharias MD CCFP

External Member, Board of Governors

Dr. Rose Zacharias is a Family Physician with a hospital-based practice. She and her husband, a pediatrician, were both recruited to Orillia Soldiers' Memorial Hospital in 2003. Over the last two decades, she has intermittently practiced emergency medicine, acute and psychiatry medicine at Georgian Bay General Hospital and Waypoint Centre for Mental Health Care. As a family of 6, they reside along the beautiful shores of Bass Lake in Oro-Medonte.

Dr. Zacharias was the President at the Ontario Medical Association during 2022-2023. She also served as OMA Board Director from 2020-2024. The OMA represents all 44000 physicians in Ontario and her role, as President, was to meet with physician members across the province, make health care system recommendations to the Ontario government and speak to the press. In total, she has taken nearly 500 media interviews. She also holds a certificate from Harvard Medical School in "Medicine and Media". Currently, she is enrolled in the Global Executive MBA Program with a focus on Health and Life Sciences at Rotman School of Business, University of Toronto.

Politically, she was the Ontario Liberal Party candidate in Barrie-Springwater-Oro-Medonte in February 2025, and served as co-chair of the provincial campaign. She also ran as the federal candidate for the Liberal Party of Canada in April 2025, achieving over 29000 votes.

Her most meaningful work has involved relationship-building and establishing trust among both colleagues and constituents for a positive impact. She also loves to run (having completed 8 marathons to date!) and spend time with her friends and family. Rose looks forward to joining the Lakehead University Community.