

### **NOSM Activity Report**

Dr. Roger Strasser, Dean-CEO
November - December 2018



## NOSM Board Meeting Rooted in the North/ Réunion du conseil d'administration de l'EMNO dans le Nord

The Northern Ontario School of Medicine (NOSM) held its annual face-to-face Board of Directors meeting in Sudbury, Ontario on November 22 and 23, 2018.

During the two-day meeting, Board members participated in several presentations and interactive sessions which included topics relating to the role of social accountability in an academic institution and the need for culturally-safe health-care services.

Day one included combined sessions with the School's Academic Council and the Board of Directors. Drs. Catherine Cervin, Vice Dean, Academic; Erin Cameron, Assistant Professor, Human Sciences; Penny Moody-Corbett, Associate Dean Research; and, Roger Strasser, Dean and CEO shared their perspectives on what the role of social accountability is in an academic institution, like NOSM, with the vision of achieving a healthier North. This discussion lead to the presentation of recommendations outlined in the Expert Panel on Indigenous Relations Report. Dr. Jerry Maniate, Vice-President, Education, The Ottawa Hospital and Expert Panel member along with Drs. Joseph LeBlanc, NOSM's Director of Indigenous Affairs and Catherine Cervin highlighted key findings and reviewed next steps.

Diane Smylie, Program Director, Ontario Indigenous Cultural Safety Program along with Leila Monib and Randi Ray, both Provincial Practice Leads, delivered a presentation entitled *Transformation in Service*Settings - Getting to the Roots of Tolerance. Following thought-provoking presentation, a workshop was held to delve deeper into the characteristics of Indigenous cultural safety.

The second day of the meeting focused on the School's strategic priorities, including an update from Ray Hunt, NOSM's Chief Operating Officer, on the progress of the 2015 – 2020 strategic plan and looking

Le conseil d'administration de <u>l'École de médecine du</u> Nord de <u>l'Ontario (EMNO)</u> s'est réuni en face à face à Sudbury (Ontario) les 22 et 23 novembre 2018.

Au cours de ces deux jours, les membres ont assisté à plusieurs présentations et à des séances interactives portant sur le rôle de la responsabilité sociale dans un établissement d'enseignement et sur la nécessité de services de santé respectueux de la culture.

Une journée a été consacrée à des séances combinées du Conseil de l'enseignement et du conseil d'administration de l'EMNO. La Dre Catherine Cervin, vice-doyenne, Enseignement; PreErin Cameron, Ph. D., professeure adjointe en sciences humaines, Penny Moody-Corbett, Ph. D, doyenne associée, Recherche, et le Dr Roger Strasser, doyen et PDG de l'EMNO, ont exposé leurs perspectives sur le rôle de la responsabilité sociale d'un établissement d'enseignement comme l'EMNO pour améliorer la santé dans le Nord. Cette discussion a conduit aux recommandations indiquées dans le rapport du groupe d'experts sur les relations avec les Autochtones. Le Dr Jerry Maniate, vice-président, L'Hôpital d'Ottawa et membre du groupe d'experts, Joseph LeBlanc, Ph. D. directeur des affaires autochtones à l'EMNO, et la DreCatherine Cervin, ont souligné les principales conclusions et passé en revue les prochaines étapes.

Diane Smylie, directrice de programmes, Ontario Indigenous Cultural Safety Program, Leila Monib et Randy Ray, toutes deux responsables de l'exercice dans la province, ont fait une présentation intitulée Transformation in Service Settings – Getting to the Roots of Tolerance(Transformation des cadres de service – Aller aux racines de la tolérance). Après cette présentation qui donnait matière à réflexion, un atelier a examiné en profondeur les caractéristiques de la sécurité culturelle autochtone. Le deuxième jour a été consacré aux priorités stratégiques de l'École, avec une mise à jour présentée par Ray Hunt, chef des opérations à l'EMNO, sur les progrès réalisés dans la mise en œuvre du plan stratégique 2015-2020 et sur les perspectives pour le plan stratégique 2020-2025. Il y a aussi eu une mise à jour sur le plan de communication

forward to developing the 2020 – 2025 strategic plan; an update on the School's communication plan; and, concluded with the open meeting of the Board of Directors, including a presentation on the School's preparation for MD program accreditation in April 2020.

The Board received copies of two recent NOSM publications: <u>The Scope</u>, the School's research newsletter, and the <u>2018 Report to Northern Ontario</u>: Rooted in the North.

The next meeting of the Board of Directors and the Annual Meeting of Members is scheduled to occur on March 20, 2019. For a complete list of Board members, please visit our website at <a href="nosm.ca/board">nosm.ca/board</a>

de l'École. La journée s'est terminée avec la réunion publique du conseil d'administration, y compris une présentation sur les préparatifs pour l'agrément du programme de médecine en avril 2020.

Les membres du Conseil ont reçu deux nouvelles publications de l'EMNO : <u>Le Scope</u>, le bulletin sur la recherche à l'EMNO, et le <u>Rapport au Nord de l'Ontario 2018 : Enracinée dans le Nord</u>.

La prochaine réunion du conseil et l'assemblée générale des membres sont prévues pour le 20 mars 2019. La liste complète des membres du conseil se trouve à <a href="https://www.nosm.ca">www.nosm.ca</a>.

### NOSM Releases Annual Report: Rooted in the North/ L'EMNO publie son rapport annuel : *Enracinée dans le Nord*

Highlights Success and Community Engagement Across Northern Ontario

The Northern Ontario School of Medicine (NOSM) is more than a medical school; it is a strategy to address the health needs of Northern Ontarians, improve access to quality care, and contribute to the economic development of Northern Ontario. People, communities and organizations across the North had a dream that everyone in the region—no matter where they live—deserves access to quality health care. When NOSM was opened officially in 2005, the School's first staff, faculty, community partners and students tended to the seeds of that dream, based on the vision of what NOSM could become.

The Northern Ontario School of Medicine is rooted in the North. The School owes its progress in making Northern Ontario a healthier place to the many people and communities who have embraced the School's students, supported NOSM and advocated for improved health services across the region.

A fully bilingual document—Rooted in the North: NOSM's Report to Northern Ontario 2018—has been released and demonstrates how NOSM is "Rooted in the North." The report highlights many achievements, including:

- More than 90 communities now participate in the education of NOSM learners.
- 94% of NOSM graduates who have completed both their MD and residency programs at NOSM are now practising in Northern Ontario.
- 595 MD graduates since 2009.

Les succès et l'engagement communautaire dans le Nord de l'Ontario

L'École de médecine du Nord de l'Ontario (EMNO) est plus qu'une école de médecine; c'est une stratégie pour répondre aux besoins de la population du Nord de l'Ontario en matière de santé, pour améliorer l'accès à des soins de qualité et pour contribuer au développement économique du Nord de l'Ontario. Des gens, des communautés et des organismes du Nord rêvaient que chaque personne peu importe où elle vit dans la région, ait accès à des soins de santé de qualité. Lorsque l'EMNO a été fondée en 2005, ses premiers employés, professeurs, partenaires communautaires et étudiants ont entrepris de réaliser ce rêve en entrevoyant seulement ce que l'EMNO pouvait devenir.

L'EMNO est enracinée dans le Nord. Elle doit ses progrès dans l'amélioration de la santé dans le Nord de l'Ontario aux nombreuses personnes et communautés qui ont accueilli nos étudiants, nous ont aidés et plaidé pour l'amélioration des services de santé dans notre région.

Le rapport bilingue intitulé <u>Enracinée dans le Nord :</u> <u>Rapport de l'EMNO au Nord de l'Ontario 2018</u> a été publié et illustre comment l'EMNO est « enracinée » dans le Nord. Il met de nombreux accomplissements en évidence, notamment :

 Plus de <u>90 communautés</u> participent maintenant à la formation des étudiants de l'EMNO.

#### Stay Connected







 135 Registered Dietitians have graduated from NOSM's Northern Ontario Dietetic Internship Program since the internship began in 2007.

"The majority of learners at the Northern Ontario School of Medicine come from the North, and many stay in the North once they graduate. Since 2011, 194 NOSM-educated family physicians are now practising in our region, resulting in better access to care for approximately 228,000 people," says Dr. Roger Strasser, NOSM Dean.

To learn more about NOSM is making an impact across the North, follow us on social media @thenosm. Hard copies of Rooted in the North: NOSM's Report to Northern Ontario 2018 can be requested by contacting NOSM's Communications Unit at communications@nosm.ca or 807-766-7452.

- 94% des diplômés en médecine de l'EMNO qui ont fait leurs études de <u>médecine</u> et leur <u>résidence</u> à l'EMNO exercent maintenant dans le Nord de l'Ontario.
- 595 diplômés en médecine depuis 2009.
- 135 diététistes ont obtenu leur grade de l'EMNO depuis le début du <u>Programme de</u> stages en diététique dans le Nord de <u>l'Ontario</u> en 2007.

« La majorité des étudiants de l'École de médecine du Nord de l'Ontario sont originaires du Nord, et beaucoup y restent à la fin de leurs études. Depuis 2011, 194 médecins de famille formés à l'EMNO exercent maintenant dans notre région, ce qui améliore l'accès aux soins pour environ 228 000 personnes » a déclaré le doyen de l'EMNO, le D' Roger Strasser.

Pour connaître l'impact de l'EMNO dans le Nord, suivez-nous sur Twitter à @thenosm. Il est possible de se procurer des exemplaires imprimés du rapport à l'Unité des communications en écrivant à communications@nosm.ca ou en appelant au 807-766-7452.

#### NOSM faculty honoured by CFPC/OCFP

Five faculty members and graduates of the Northern Ontario School of Medicine (NOSM) have been honoured with awards from the College of Family Physicians of Canada (CFPC) and the Ontario College of Family Physicians (OCFP) ahead of the groups' annual Family Medicine Forum (FMF) conference this week.

**Dr. Dieter Poenn**, NOSM Assistant Professor, the 2018 Reg L. Perkin Family Physician of the Year award from the OCFP. The award is the college's highest honour, presented annually to a family doctor who provides exceptional care to patients, while significantly contributing to the health and well-being of communities and society.

**Dr. Grant McKercher**, NOSM Assistant Professor and former NOSM PGY3 Family Medicine Care of the Elderly Enhanced Skills Program Director, received the 2018 CFPC/Canadian Geriatrics Society (CGS) Award of Distinction in Health Care of the Elderly. This award recognizes Canadian family physicians in active practice who had made substantial contributions to the high-quality, patient-centred care of Canadian seniors.

**Dr. Lianne Gauvin**, NOSM Assistant Professor and charter class graduate, received the 2018 OCFP Community Teacher of the Year Award. This award celebrates excellence in a community family medicine preceptor, and is nominated by Ontario's family medicine residents and medical school students.

**Dr. Reid Cameron**, a graduate of NOSM's Family Medicine Residency Program, received a 2018 OCFP Board Award of Merit. This award recognizes ongoing contributions to the profession of family medicine through comprehensive and compassionate medical care, continuity of care and an unwavering commitment to the health and wellbeing of patients.

**Dr. Lynne Schwertfeger**, NOSM Assistant Professor, received a 2018 CFPC Award of Excellence. The Awards of Excellence recognizes outstanding contributions in a specific area pertaining to the specialty of family medicine.

#### Stay Connected







#### Awards of Education and Scholarship



Faculty, residents and students of the Northern Ontario School of Medicine (NOSM) play an integral role in achieving the School's mission of "Innovative education and research for a healthier North." NOSM recognizes the contributions that all NOSM members are making to education, research, clinical care, and administration in Northern Ontario. The NOSM strategic plan calls for the School to foster excellent

faculty relations, while more clearly articulating how contributions in the areas of education, research, clinical care, and administration enrich faculty members' careers as clinical and non-clinical academicians.

The strategic plan also promotes an environment that will enhance the quality of education, increase research output; increase grant funding; align research initiatives with NOSM's mission and values; encourage an increasing number of NOSM faculty and learners to incorporate research, teaching, and other scholarly pursuits into daily activities; and encourage research collaboration across programs and divisions.

For more information, please read the **2018 Faculty Awards of Education Information Package** or contact **Julie Neill**, Administrative Assistant for Faculty Affairs and CEPD.

The deadline for nominations is **Friday**, **December 14**, **2018**. Kindly complete and submit the **2018 Faculty Awards of Education Nomination Form**.

September 2018 Edition is available online <a href="https://www.nosm.ca/thescope/">https://www.nosm.ca/thescope/</a>



Respectfully submitted,

Dr Roger Strasser Professor of Rural Health Dean and CEO Northern Ontario School of Medicine









"I chose to attend CampMed because I felt it would be a fun learning experience and great opportunity to explore different health careers. I want to help improve the health of those in our communities and help save people's lives. CampMed opened my eyes to the various fields in medicine, especially towards disciplines, such as dermatology, which are not easily accessible

in my hometown of Thunder Bay. The activities that I enjoyed the most at CampMed were putting on a cast and inserting IV needles in the mannequin. Prior to CampMed, I didn't know how this was done, and now, through the hands-on activities, I have a better understanding and an appreciation for how it's done.

Since attending, I've told my friends at school to consider attending CampMed. I hope this opportunity continues to be available to the communities of Northern Ontario."

**Gene Mendowegan** Thunder Bay, ON

# Rooted North.

The Northern Ontario School of Medicine (NOSM) is more than a medical school; it is a strategy to address the health needs of Northern Ontarians, improve access to quality care, and contribute to the economic development of Northern Ontario. People, communities and organizations across the North had a dream that everyone in the region—no matter where they live—deserves access to quality health care.

NOSM is rooted in the North. We owe our progress in making Northern Ontario a healthier place to the many people and communities who have embraced our students, supported NOSM and advocated for improved health services in our region.

# Rooted North

# Over the past thirteen years, NOSM has taken root in the North.

- 94% of NOSM graduates who have completed both their MD and residency programs at NOSM are now practising in Northern Ontario.
- 92% of NOSM MD students are from Northern Ontario. The remaining 8% are from other rural and remote areas of Canada.
- There have been 595 MD graduates from NOSM since 2009.
- Since 2007, 135 Registered Dietitians have graduated from NOSM's Northern Ontario Dietetic Internship Program.



Northern Ontario School of Medicine École de médecine du Nord de l'Ontario P·∇∩a` ⟨PU≳D













The Northern Ontario School of Medicine is a registered charity. Canadian Revenue Agency # 86466 0352 RR0001.



There are many aspects of NOSM where your support can help us provide the tools, equipment and funding needed by learners to obtain a world-class education. Meet some of the NOSM people who understand the needs of our learners.

#### **Health Sciences Library**



**Patty Fink:** "Having the right tools for our users is vital to ensuring that up-to-date and relevant information is available at their time of need. By investing in the growth of our digital library collection you will be providing access to the evidence needed to investigate a question, learn and teach health-related concepts, or

diagnosis and treat an illness. The virtual collection directly supports the education, research and clinical activities of our users by providing access to online books and journals, from anywhere across Northern Ontario, when it is needed most."

#### CampMed



**Véronique Poirier:** "To provide greater opportunity for students living in rural and remote areas of Northern Ontario to attend CampMed, I recommend having 15 travel awards of \$1,600 each. CampMed is hosted in Thunder Bay and Sudbury for youth entering grades 10 and 11 and gives them valuable experiences to learn

about career opportunities in health care. CampMed provides sessions in casting, simulation training with high-tech teaching equipment, working through a mock crime-scene investigation, and more. Your gift can give more students the opportunity to learn about health care in the North."

#### **Culinary Medicine Labs**



**Lee Rysdale:** "Supplies for the Culinary Medicine Labs for undergraduate medical students is a pilot project that gives medical students the opportunity to increase their knowledge and skills of healthy nutrition and lifestyle choices. Culinary medicine blends the art of food and cooking with the science of medicine and

provides physicians with another tool to support their patients' personal lifestyle and medical decisions in health promotion and chronic disease prevention and treatment. The interactive learning labs give the students a chance to learn from dietitians the value of a healthy diet on their patients' overall health as well as their own."

#### **Student Financial Support**



**Sarah Habinski:** "Without support from generous and inspiring donors, my dreams wouldn't have been possible. Thank you for allowing me to achieve my dreams, thank you for helping me to help others."

Medical school is both intensive and expensive and Sarah and many other NOSM students have been able

to realize their dream of being a physician without the burden of financial aid. By donating to support financial aid you will make that dream a reality.

#### **Visionary Fund**



NOSM is a true *made in the North* solution to help increase the supply of physicians, dietitians, physician assistants and other health-care professionals in Northern Ontario. It takes a lot of financial resources and sometimes there are pressing needs for funding. Projects may include the modernizing of classrooms

and other learning spaces, the purchase of supplies and equipment used in any of the teaching and research labs, or the conference attendance of the student representatives. Your support of the Visionary Fund help to ensure that everyone in our region, no matter where they live gets access to quality health-care.

To find out more about how your donation will help improve access to health care in Northern Ontario, visit **nosm.ca/donate**.

#### Please contact us for more information.

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