



Lakehead University
Faculty of Health and Behavioural Sciences

REQUEST REPORT

Request Tracking Number: 2013-HBS-2921
Request Title: Kinesiology Course Edits

Request Effective Date: Fall 2014
Request Status: In Workflow
 Request can't be split

Request Contents

Type		Title
1.	New Version of a Course	Musculoskeletal Injuries I
2.	New Course	Health Promotion and Weight Management
3.	New Version of a Course	Principles of Health: A Personal Wellness Perspective
4.	New Version of a Course	Musculoskeletal Injuries II

Request History

Workflow Step	Workflow Action	User	Change Made	Comments	Date
Initiator	Approved	Sarah Walker	Yes	Submitted to workflow	11/19/2013
Dean and Faculty Council Review Stage	Approved	Lori Livingston	No	These changes were approved by the Directors Committee on November 11, 2013 (on behalf of Faculty Council).	11/19/2013

Supporting Documents

File Name	Uploaded By	Upload Date	Size
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Supporting Documents Audit Trail

File Name	User	Date	Action
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Notes

Printed: 11/21/2013

Date	User	Note
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1.	New Version of a Course	Kinesiology 3134 - Musculoskeletal Injuries I
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Course Details

CURRENT VERSION	PROPOSED VERSION
Kinesiology 3134 - Musculoskeletal Injuries I Start Term: Fall 2012 End Term: No Specified End Date	Kinesiology 3134 - Musculoskeletal Injuries I Start Term: Fall 2012 2014 End Term: No Specified End Date

<u>Course Details</u>	
CURRENT VERSION	PROPOSED VERSION
Code Kinesiology 3134	Code Kinesiology 3134
Title Musculoskeletal Injuries I	Title Musculoskeletal Injuries I
Description A comprehensive study of musculoskeletal injuries with emphasis on etiology, pathology, basic treatment and prevention of peripheral joint injuries. Encompasses a practical approach including laboratory experience.	Description A comprehensive study of musculoskeletal injuries with emphasis on etiology, pathology, basic treatment and prevention of peripheral joint injuries. Encompasses a practical approach including laboratory experience.
End Term No Specified End Date	End Term No Specified End Date
Institution Lakehead University	Institution Lakehead University
Faculty Faculty of Health and Behavioural Sciences	Faculty Faculty of Health and Behavioural Sciences
CreditWeight 0.5	CreditWeight 0.5
Rationale	Rationale <i>The School of Kinesiology initiated this proposed change to the course description. Please contact the Director, Dr. Joey Farrell, should you have any questions or concerns: joey.farrell@lakeheadu.ca or (807) 346-7754. Thank you. - sjw</i>
Requiredor Elective	Requiredor Elective
Cross List	Cross List
Offering 2-2; or 2-2	Offering 2 3-2; or 2 3-2
Prerequisites Biology 2011, 2012 and 2030	Prerequisites Biology 2011, 2012 and 2030
Corequisites	Corequisites

Notes	Notes
SpecialTopicDropdown	SpecialTopicDropdown
GradeSchemePF	GradeSchemePF
EffectonEnrolmentINIT	EffectonEnrolmentINIT
EffectonEnrolmentOTHER	EffectonEnrolmentOTHER
AdditionalTeachingSpace	AdditionalTeachingSpace
EffectonTeachingLoads	EffectonTeachingLoads
EffectonServices	EffectonServices
DirectinkindSupport	DirectinkindSupport

2.	New Course	Kinesiology 3113 - Health Promotion and Weight Management
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Course Details

<p>Kinesiology 3113 - Health Promotion and Weight Management Start Term: Fall 2014 End Term: No Specified End Date</p>
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<u>Course Details</u>
<p>Code Kinesiology 3113</p>
<p>Title Health Promotion and Weight Management</p>
<p>Description Using a health promotion lens, students will examine issues surrounding weight management from both individual and societal perspectives. Contributory factors such as health behaviours (e.g., physical activity, diet) and the obesogenic environment will be examined, and research evidence aimed at uncovering solutions to attenuate the burden of this epidemic will be integrated.</p>
<p>End Term No Specified End Date</p>
<p>Institution Lakehead University</p>
<p>Faculty Faculty of Health and Behavioural Sciences</p>
<p>CreditWeight 0.5</p>
<p>Rationale The School of Kinesiology initiated this proposed change to the course description. Please contact the Director, Dr. Joey Farrell, should you have any questions or concerns: joey.farrell@lakeheadu.ca or (807) 346-7754. Thank you. - sjw</p>
<p>Requiredor Elective</p>
<p>Cross List</p>
<p>Offering 3-0; or 3-0</p>
<p>Prerequisites Kinesiology 1113</p>
<p>Corequisites</p>

Notes
SpecialTopicDropdown
GradeSchemePF
EffectonEnrolmentINIT
EffectonEnrolmentOTHER
AdditionalTeachingSpace
EffectonTeachingLoads
EffectonServices
DirectinkindSupport

3.	New Version of a Course	Kinesiology 1113 - Principles of Health: A Personal Wellness Perspective
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Course Details

CURRENT VERSION	PROPOSED VERSION
Kinesiology 1113 - Principles of Health: A Physical Activity Perspective Start Term: Fall 2012 End Term: No Specified End Date	Kinesiology 1113 - Principles of Health: A Physical Activity - Personal Wellness Perspective Start Term: Fall 2012 2014 End Term: No Specified End Date

<u>Course Details</u>	
CURRENT VERSION	PROPOSED VERSION
Code Kinesiology 1113	Code Kinesiology 1113
Title Principles of Health: A Physical Activity Perspective	Title Principles of Health: A Physical Activity - Personal Wellness Perspective
Description An introduction to the principles of health based on the influence of development and balance of the physical, social, emotional, intellectual, and spiritual dimensions of health. Specific references throughout the course are made to issues that reflect the health of Canadian society. An introduction to what it means to be part of an interprofessional health care team that aims to improve health care services to the population is included.	Description An introduction to the principles of health based on the influence of development and balance of the physical, social, and wellness from a personal perspective. Dimensions of physical, emotional, intellectual, and spiritual dimensions of health. Specific references throughout the course are made to issues that reflect the health of Canadian society. An introduction to what it means to be part of an interprofessional health care team that aims to improve health care services to the population is included. spiritual, interpersonal, and environmental health will be explored. Health-related topics and issues affecting Canadians will be discussed in a Kinesiology context with particular emphasis on increasing personal knowledge and awareness with regards to optimizing individual health and life balance. The first year experience will also be addressed.
End Term No Specified End Date	End Term No Specified End Date
Institution Lakehead University	Institution Lakehead University
Faculty Faculty of Health and Behavioural Sciences	Faculty Faculty of Health and Behavioural Sciences
CreditWeight 0.5	CreditWeight 0.5
Rationale	Rationale <i>The School of Kinesiology initiated this proposed change to the course description. Please contact the Director, Dr. Joey Farrell, should you have any questions or concerns: joey.farrell@lakeheadu.ca or</i>

	<i>(807) 346-7754. Thank you. - sjw</i>
Requiredor Elective	Requiredor Elective
Cross List	Cross List
Offering 3-1; or 3-1	Offering 3-1; or 3-1
Prerequisites	Prerequisites
Corequisites	Corequisites
Notes	Notes
SpecialTopicDropdown	SpecialTopicDropdown
GradeSchemePF	GradeSchemePF
EffectonEnrolmentINIT	EffectonEnrolmentINIT
EffectonEnrolmentOTHER	EffectonEnrolmentOTHER
AdditionalTeachingSpace	AdditionalTeachingSpace
EffectonTeachingLoads	EffectonTeachingLoads
EffectonServices	EffectonServices
DirectinkindSupport	DirectinkindSupport

4.	New Version of a Course	Kinesiology 3135 - Musculoskeletal Injuries II
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Course Details

CURRENT VERSION	PROPOSED VERSION
Kinesiology 3135 - Musculoskeletal Injuries II Start Term: Fall 2012 End Term: No Specified End Date	Kinesiology 3135 - Musculoskeletal Injuries II Start Term: Fall 2012 2014 End Term: No Specified End Date

<u>Course Details</u>	
CURRENT VERSION	PROPOSED VERSION
Code Kinesiology 3135	Code Kinesiology 3135
Title Musculoskeletal Injuries II	Title Musculoskeletal Injuries II
Description A comprehensive study of musculoskeletal injuries with emphasis on etiology, basic treatment and prevention of spinal, facial and abdominal injuries. The student will also be introduced to a variety of pathological conditions and diseases that affect both the spinal and peripheral joint regions. Encompasses a practical approach including laboratory experience.	Description A <i>An advanced and</i> comprehensive study of musculoskeletal injuries with emphasis on etiology, <i>diagnosis</i> , basic treatment and prevention of spinal, facial and abdominal injuries. The student will also be <i>Expanding upon the foundation established in Kine 3134, the student is</i> introduced to a variety of pathological conditions and diseases that affect both the spinal and peripheral joint regions. Encompasses a practical approach including laboratory experience <i>A clinical reasoning approach is enhanced through in-class practical experiences.</i>
End Term No Specified End Date	End Term No Specified End Date
Institution Lakehead University	Institution Lakehead University
Faculty Faculty of Health and Behavioural Sciences	Faculty Faculty of Health and Behavioural Sciences
CreditWeight 0.5	CreditWeight 0.5
Rationale	Rationale <i>The School of Kinesiology initiated this proposed change to the course description. Please contact the Director, Dr. Joey Farrell, should you have any questions or concerns: joey.farrell@lakeheadu.ca or (807) 346-7754. Thank you. - sjw</i>
Requiredor Elective	Requiredor Elective
Cross List	Cross List
Offering 3-0; or 3-0	Offering 3-0; or 3-0

Prerequisites Kinesiology 3134	Prerequisites Kinesiology 3134
Corequisites	Corequisites
Notes	Notes
SpecialTopicDropdown	SpecialTopicDropdown
GradeSchemePF	GradeSchemePF
EffectonEnrolmentINIT	EffectonEnrolmentINIT
EffectonEnrolmentOTHER	EffectonEnrolmentOTHER
AdditionalTeachingSpace	AdditionalTeachingSpace
EffectonTeachingLoads	EffectonTeachingLoads
EffectonServices	EffectonServices
DirectinkindSupport	DirectinkindSupport

Prerequisites

CURRENT VERSION			PROPOSED VERSION		
R1: ... All Course(s) from the following...			R1: ... All Course(s) from the following...		
Code	Title	Credits	Code	Title	Credits
Kinesiology 3134	Musculoskeletal Injuries I	0	Kinesiology 3134	Musculoskeletal Injuries I	0