



### FIRST YEAR

### MIDDLE YEARS

### FINAL YEAR

### ACADEMIC SUCCESS



#### DEVELOP

a Course Plan and  
Build Academic Skills

- Check out the Academic Support Zone for writing and tutoring support.
- Book an appointment with an Academic Advisor on [mysuccess.lakeheadu.ca](https://mysuccess.lakeheadu.ca) for help with note-taking, exam writing, studying, and much more.
- Review your program requirements on the [Academic Calendar](#).
- Meet with a Student Central Professional to discuss financial management, and funding resources, including OSAP and bursaries.
- Complete Standard First Aid/CPR certification (or higher), and submit proof prior to departmental deadlines. It is required to participate in certain courses.
- Familiarize yourself with your myInfo account, self help, and degree audit tools.
- Read through the [Academic Regulations](#).

- Attend Academic Skills Prep Sessions offered by the [Academic Support Zone](#).
- Check in with your Chair or Student Central to ensure you have/are taking the correct courses.
- If you agreed on any exceptions to program requirements with your Chair, make sure they're recorded on your degree audit. You must also check your audit anytime you add/drop courses.
- Consider post-degree programs that may require specific courses or academic requirements - create a plan.
- Meet with a Student Central Professional if you're running into any academic challenges.

- Meet with your Chair and Student Central to ensure you have completed all previous year requirements, and to make sure you'll graduate pending completion of your final year registration.
- Submit your Intent to Graduate.
- RSVP for your convocation ceremony.
- Understand application requirements, processes and deadlines for future programs of interest

#### ACADEMIC SKILLS CHECKLIST

- Visit the Academic Support Zone.
- Attend an Academic Prep Session.
- Meet with a Student Central Professional to discuss financial options, such as OSAP or bursaries.
- Complete First Aid Certification and submit paperwork to the department.
- Submit your Intent to Graduate.
- Book an appointment with your [Academic Advisor](#).



#### CONNECT

and Gain Experience  
with the Local and  
Global Community

- Register in courses that involve community-based learning, such as OUTD1150.
- Consider first-year courses with in-class experiential learning, such as: applied research, field placement, labs, and case studies (refer to Course Descriptions).
- Interested in entrepreneurship? Check out Ingenuity's [events](#).
- Seek connections outside of the academic institution through volunteer or work experience within the community.
- Join the [Outdoor Recreation Student Society](#).
- Meet with your professors and the Chair of your Department - get to know them, and let them get to know you!

- Seek potential supervisors for project opportunities to develop your applied research skills.
- Consider taking courses that involve experiential learning such as, field placement opportunities.
- Apply for job opportunities, such as on campus employment, to build your transferable skills.
- Attend events developed by the Outdoor Recreation Student Society to network and build career readiness skills.
- Develop networks and connect with your academic professors; visit during their office hours.
- Consider a work-study job, which is a great opportunity to build experience and assist with education costs.

- Consider enrolling in leadership and management courses that include a placement, such as OUTD4810. Enrol in Outdoor Recreation 4920 (Career Explorations).
- Attend fairs and events to connect with the community, such as the Graduate Fair.
- Join different networking platforms, such as [Lakehead Connect](#).
- Communicate interest in career-related opportunities with your professors.
- If you have conducted research, seek opportunities to share and present it!

#### EXPERIENTIAL LEARNING CHECKLIST

- Check out field placement opportunities.
  - Gain volunteer/work experience.
  - Attend fairs and events to connect with the community.
  - Register for electives that include placement and/or experiential learning opportunities.
  - Keep track of your experience and skills for future cover letters.
- Start your [Co-Curricular Record](#).
- Meet with your professors and the Chair of your Department to discuss experiential learning opportunities in courses.
  - Consider arranging an [informational interview](#) to build your network, gain valuable mentorship, and discover opportunities in your field.



# OUTDOOR RECREATION, PARKS AND TOURISM

HBOR, BA/HBOR, BSc/HBOR, HBOR/BE

## CAREER INFORMATION



Lakehead  
UNIVERSITY

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#### PREPARE

for Postgraduation or Career

- Visit the Career Zone to find out about the career services offered.
- Check out the job bank at [mysuccess.lakeheadu.ca](https://mysuccess.lakeheadu.ca) to learn about summer jobs and on-campus opportunities in your program.
- Consider joining the Outdoor Recreation Student Society to build industry connections.
- Research some potential post-graduation degrees, double degrees, and concentrations you could pursue.

- Start connecting with employers through on-campus recruitment events, such as career fairs and employer visits.
- Join [Lakehead Connect](#) to make connections with alumni in industry.
- Consider taking the Strong Interest Inventory Assessment to learn about career options.
- Develop relationships with faculty. Future references can be important.
- Consider a work-study or part-time job - these are great ways to gain experience and assist with education costs.

- Build career readiness skills by attending resume, job search and interview skills workshops in the Career Zone.
- Attend the Career and Job Fair/Career and Summer Job Fairs to network with employers.
- Consider and discuss graduate school options with your faculty.
- Enrol in Outdoor Recreation 4920 (Career Explorations).
- Attend events developed by the ORSS to network and build career readiness skills.
- Understand terms and conditions of your provincial funding, including repayment requirements.

#### CAREER DEVELOPMENT CHECKLIST

- Join the Outdoor Recreation Student Society.
- Visit the [Career Zone](#).
- Apply for job opportunities in your field.
- Create a [LinkedIn account](#).
- Attend Career Zone job readiness workshops. See the Career Zone [calendar](#).
- Network with employers on campus.
- Familiarize yourself with your [mysuccess.lakeheadu.ca](https://mysuccess.lakeheadu.ca) account.
- Check out different career readiness [resources and tools](#).

#### ▶ What skills do employers want?

- Written and verbal communication skills
- Qualitative researching abilities
- Time management skills
- Ability to operate to strict deadlines
- Ability to think critically
- Ability to recognize quality information
- Ability to apply reasoning and logic to analyze data and formulate arguments and hypotheses
- Ability to express, interpret and discuss analysis and

#### ▶ What skills will I gain with this major?

- Leadership skills
- Technical outdoor recreation skills
- Critical thinking skills
- Experience with Geographic Information Systems (GIS)
- Computer programs and multimedia video skills
- Assessing and creating visitor experiences
- Planning and leading guided tours
- Awareness of social and environmental responsibilities

#### ▶ What double degrees can I do with this major?

- BA (Geography)/ Honours Bachelor of Outdoor Recreation
- BA (History)/Honours Bachelor of Outdoor Recreation
- BSc (Natural Science)/ Honours Bachelor of Outdoor Recreation
- BA (Women's Studies)/ Honours Bachelor of Outdoor Recreation

#### ▶ What concentrations can I pursue?

- Outdoor Leadership
- Parks
- Tourism
- Nature Based Therapeutic Recreation

#### ▶ What are the certification requirements for this degree?

(Must choose one First Aid course from the following)

- Canadian Red Cross Society Standard First Aid Certificate
- St. John Ambulance Standard First Aid Certificate
- Canadian Ski Patrol First Aid Certificate
- EMP Canada - Medic First Aid Basic Plus (16 hour course)
- Royal Life Saving Society Aquatic Emergency Care Certificate
- Wilderness First Aid & Safety Association of B.C. First Aid Certificate
- Solo Wilderness Emergency Medical Technician course
- Wilderness First Responder
- American Red Cross First Aid Certificate
- Wilderness Advanced First Aid (WAFA)

#### ▶ What professional programs can I take in addition to this degree?

- Honours Bachelor Outdoor Recreation, with Bachelor of Education (Primary/Junior)
- Honours Bachelor Outdoor Recreation, with Bachelor of Education (Intermediate/Senior)

#### ▶ What graduate degrees could I pursue?

- Master of Environmental Studies Degree in Nature Based Recreation and Tourism

#### ▶ What careers can I pursue?\*

- Tourism Development and Planning Officer
- Small Business Owner
- Outdoor/Field Instructor
- Adventure Guide
- Interpretive Programmer
- Municipal Recreation Manager
- Outdoor Education Coordinator
- Conservation Officer
- Youth Camp Director
- Primary/Secondary Teacher
- Various Parks Canada/Provincial Park positions

\*Your career path is not limited to this list. There could be other options to explore!

#### ▶ What field of work are alumni working in?

- Community and Government Sustainability
- Hospitality Management
- Nature Conservation
- Post Secondary Education Industry
- Provincial Park Management
- Writing and Photography

### STUDENT SUCCESS CENTRE

THUNDER BAY (SC0008)

(807) 343-8018  
ssc@lakeheadu.ca  
Monday - Friday | 8:30am - 4:30pm

ORILLIA (OR1021)

(705) 330-4010 x 2118  
orillia.ssc@lakeheadu.ca  
Monday - Friday | 8:30am - 4:30pm

### CAREER ZONE

THUNDER BAY (UC00)

(807) 343-8010 x 8264  
careerzone.ssc@lakeheadu.ca  
Monday - Friday | 10:00am - 4:30pm

### SOCIAL MEDIA

THUNDER BAY

lakeheadlife  
 @lakeheadlife  
 @lakeheadlife

ORILLIA

lakeheadlifeor  
 @lakeheadlifeor  
 @lakeheadlifeor