

Your  
Gateway  
Advisor  
Presents:

# Top Ten Study Tips!

*"Some people dream of  
success... while others wake up  
and work hard at it." – Author  
Unknown*

- 10. Review your notes on a regular basis**—before exam time rolls around, it's a good idea to become familiar with your notes by taking time to review them after every class. The more times you review your notes, the more you will retain!
- 9. Begin studying EARLY! DON'T CRAM!**- it's important to give yourself enough time to study! Don't procrastinate until the night before!
- 8. Create a study plan**—plan out when you'll begin to study for each course, making sure you make the best out of each study session. Pin-point which times of day you're most productive and how long each day you'll study for a given subject. A good plan will help you keep on track!
- 7. Choose a good study environment**—a calm, well-lit, distraction free area will improve your ability to concentrate on the study material.
- 6. Create detailed study notes**—go through all course material, including all notes and textbooks, summarizing concepts in your own words to better understand the material.
- 5. Check the library's online "Reserves" for past exams**—if offered, use the past exams in the online Library "Reserves" to help familiarize yourself with the exam format and example exam questions.
- 4. Take short study breaks!** - make sure to not wear yourself down—study for an hour or an hour and a half then take a 20 minute break. It's important to let the information sink in—take short breaks, then return to the material and see what you've retained!
- 3. Form a small study group**—a great way to surround yourself with different study techniques you may not have considered before is through discussion with other students in the course!
- 2. Contact your professors with any questions**—make sure to clear up any unanswered questions you may have with your professor before the exam!
- 1. Stay calm!** - Don't PSYCH yourself out! If you don't know the answer to a question right way, take a deep breath, skip it, then come back to it—trust that you've made the effort to be able to succeed; you've come this far :)