

FIRST YEAR

MIDDLE YEARS

FINAL YEAR

ACADEMIC SUCCESS



DEVELOP

a Course Plan and
Build Academic Skills

- Check out the [Academic Support Zone](#) for free writing and tutoring support.
- Review program requirements on the [Academic Calendar](#) and if you have questions, meet with a [Student Central Professional](#).
- Consider elective courses that interest you.
- Familiarize yourself with your [myInfo](#) account, self help and degree audit tools.
- Read through and understand the [Academic Regulations](#).
- Meet with a [Student Central Professional](#) to discuss financial management, and funding resources.
- Need academic accommodations? Meet with [Student Accessibility Services](#).
- Review and understand the necessary requirements to becoming a licensed Registered Nurse to practice in Ontario.
- Familiarize yourself with Lakehead University's School of Nursing [Student Policies](#).
- Ensure you have submitted your [required](#) clinical documents package by the relevant deadline.

- Attend Academic Skills Prep Sessions offered by the [Academic Support Zone](#).
- Meet with your Nursing Year Level Coordinator a [Student Central Professional](#) to discuss your academic progress, and current/future courses.
- Consider [post-degree programs](#) that may require specific courses or academic requirements - create a plan.
- Ensure your degree audit is accurate and check your audit anytime you add or drop a course.
- Running into academic challenges? Meet with [Student Central](#) early.
- Ensure you have completed the checklist and forms on [this page](#).
- Ensure you complete the necessary [clinical documentation](#) as required.

- Meet with your Year Level Coordinator and [Student Central](#) to ensure you have completed and are in-progress to complete degree requirements needed for graduation.
- Submit your Intent to Graduate (on [myInfo](#)).
- RSVP for convocation ceremonies.
- Understand application requirements, processes and deadlines for future programs of interest.
- Register to write the NCLEX exam in order to practice as a nurse under the [College of Nurses of Ontario](#). Prepare for this and the Jurisprudence Examination.
- Look into the College of Nurses of Ontario website, they host webinars for exam preparation and registration.
- Ensure you complete the necessary [clinical documentation](#) as required.

ACADEMIC SKILLS CHECKLIST

- Visit the [Academic Support Zone](#). Attend their workshops and take advantage of free tutoring and writing services.
- Develop your interests; take electives or conduct research in areas of interest, and reach out to faculty, peers, or mentors to gain support and discuss.
- Develop professional contacts with faculty instructors.
- Complete all the [necessary steps](#) to graduate.
- Familiarize yourself with the [faculty](#). Reach out to build relationships and obtain support.



CONNECT

and Gain Experience
with the Local and
Global Community

- Register in courses with in-class experiential learning opportunities such as case studies and labs.
- Develop your interests through electives.
- Meet with the professors in your Department; try visiting during office hours!
- Join the [Lakehead University Nursing Association \(LUNA\)](#).
- Connect with peers and faculty; start growing a supportive network.
- Determine the health care settings that you enjoy working in, and begin networking in that field.
- Explore the [Canadian Nursing Students' Association \(CNSA\)](#).
- If you're an international student, check out Lakehead International [resources and programs](#).
- If you identify as Indigenous check out [Indigenous Initiatives](#) and the [Indigenous Student Services Centre](#).

- Build professional networks with mentors, faculty, employers, and mentors.
- Connect with your professors. Reach out to discuss research and explore interests. Visit during their office hours even if you don't have a specific query.
- Consider a [work-study job](#), which is a great opportunity to gain experience, as well as assist in the cost of your education.
- Look through the job bank on [mySuccess](#) to find opportunities within your field.
- Reach out to make connections in your field. Check out the [Lakehead Nurse Practitioner Clinic](#), which also highlights many other organizations you can reach out to under their 'resources' section.
- Look into other organizations such as the [Nurse Practitioners Association of Ontario](#). Volunteer locally. Find opportunities through [mySuccess](#) or by asking faculty.
- Inquire into whether faculty need any assistance. Sometimes they look for student workers during the year or over the summer.

- Connect to the local community through attending courses that involve case studies.
- Join networking platforms such as [LinkedIn](#) and [Ten Thousand Coffees](#). Communicate interest in career-related opportunities with your professors.
- [Attend](#) career fairs and employer events.

EXPERIENTIAL LEARNING CHECKLIST

- Connect with mentors and faculty.
- Consider reaching out to potential employers or contacts for an [Informational Interview](#). This is a great way to build your network, gain mentors, and explore career options.
- Join the Lakehead University Nursing Association (LUNA).
- Grow your public speaking and interpersonal skills by attending Toastmasters.
- Keep track of all your experience as you progress; continuously update your resume/ curriculum vitae (CV).
- Talk to a Student Success Advisor about starting your [Co-Curricular Record](#).



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PREPARE

for Postgraduation or Career

- Visit the [Career Zone](#) to find out about the career services offered.
- Check out the job bank on [My Success](#) to learn about summer job and on campus opportunities in your program.
- Apply for the [Lakehead University Work Study Program \(LUWSP\)](#). This is an excellent way to both gain experience and finance your studies.
- Meet with a Student Central Professional to discuss financial management and funding resources.
- You can try to find experience locally or through [mySuccess](#).
- Speak to faculty about opportunities and ask them for help with making connections.
- Research requirements for post-grad programs of interest.
- Speak to faculty about getting connected to alumni in the field, and ensure you are on track to meeting these requirements.

- Start connecting with employers through recruitment [events](#), such as career fairs and employer visits.
- Join [Lakehead Connect](#) to make connections with alumni in industry.
- Develop relationships with faculty and mentors. Future references can be important.
- Explore the Registered Nurses' Association of Ontario's website (RNAO). They have [events](#) and [workshops](#) you can engage with to expand your interests and network.

- Build career readiness skills by attending resume, job search and interview skills workshops in the [Career Zone](#).
- [Attend](#) the Career and Job Fair/Career and Summer Job Fairs to network with employers. Consider and discuss graduate school options with your faculty.
- Finish strong with your final year – in many cases, grad programs only look at your last year or two of grades.
- Understand the terms and conditions of your provincial funding to understand the repayment requirements. **E**nsure you are on track with post-grad application deadlines and requirements.

CAREER DEVELOPMENT CHECKLIST

- Visit the [Career Zone](#).
- Research job requirements in your field and begin applying.
- Start applying for part time job opportunities in your field early in your studies.
- Create a [LinkedIn](#) account.
- Attend Career Zone job readiness workshops. Check the [calendar](#).
- Network with employers.
- Update your resume. Seek assistance from the Career Zone if needed.
- Check out [Resources and Tools](#) on the Career Zone Website to learn more about professional development and career readiness.
- Want to boost your employability profile, earn certificates, and add to your resume? [Take courses](#) designed to help you achieve soft skills; the types of skills most important to employers!
- Familiarize yourself with the [faculty](#). Reach out to them to build relationships and obtain support.

What skills do employers want?

- Nursing experience
- Communication skills
- Collaboration and team building
- Strong interpersonal skills
- Organizational skills
- Ability to prioritize and problem solve
- Clinical nursing skills

What skills will I gain with this major?

- Interpersonal skills
- Teamwork
- Ethics
- Responsibility
- Initiative
- Physical endurance
- Observation
- Attention to detail
- Communication (throughout identification, working, and resolution stages)
- Organization and time-management
- Mathematical skills
- Adaptability and flexibility
- Critical thinking
- Resilience and endurance

What types of minors can I do?

- Psychology
- Gerontology
- Aging and Health
- Indigenous Learning
- Gender and Women's Studies

What can I add to my degree?

- Indigenous Languages Specialists
- Education Studies
- French Proficiency for Non-French Majors
- Indigenous Learning
- International Languages
- Entrepreneurship
- Interdisciplinary Health Care Ethics (new in Fall 2022)

What graduate degrees could I pursue?

- Master of Nursing (MN)- specializations in Nurse Practitioner or Advanced Practice Nursing
- Master of Public Health (MPH)- specializations in nursing or nurse practitioner
- Masters of Science in Nursing
- Doctor of Medicine
- PhD

What careers can I pursue?*

- Medical or Surgical Acute Care Nurse
 - Maternal-Infant Nurse
 - Mental Health Nurse
 - Pediatric Nurse
 - Community Health Nurse
 - Public Health Nurse
 - Peri-Operative Nurse
 - Critical Care Nurse
 - Occupational Health and Safety Nurse
 - Nurse Administrator/Manager
- *Your career path is not limited to this list. There could be other options to explore!

What field of work are alumni working in?

- Acute care/hospital nursing
- Complex chronic care/rehabilitation nursing
- Community care nursing
- Public health nursing
- Long term care/older adult care nursing
- Correctional nursing
- Primary health care nursing
- Indigenous health nursing

What percentage of graduates are employed within 2 years after graduation?

- 100%

STUDENT SUCCESS CENTRE

THUNDER BAY (SC0008)

(807) 343-8018
ssc@lakeheadu.ca
Monday - Friday | 8:30am - 4:30pm

ORILLIA (OR1021)

(705) 330-4010 x 2118
orillia.ssc@lakeheadu.ca
Monday - Friday | 8:30am - 4:30pm

CAREER ZONE

THUNDER BAY (UC00)

(807) 343-8010 x 8264
careerzone.ssc@lakeheadu.ca
Monday - Friday | 10:00am - 4:30pm

SOCIAL MEDIA

THUNDER BAY

lakeheadlife
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ORILLIA

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