

FIRST YEAR

MIDDLE YEARS

FINAL YEAR

ACADEMIC SUCCESS



DEVELOP

a Course Plan and
Build Academic Skills

- Check out the [Academic Support Zone](#) for writing and tutoring support.
- Review your program requirements in the [Academic Calendar](#).
- Familiarize yourself with your myInfo account, self help and degree audit tools.
- Read through the [Academic Regulations](#).
- If you need academic accommodations, meet with our [Student Accessibility Services team](#).
- There are 4 streams of Biology, begin to think about what stream you want to go into: Animal Sciences, Biodiversity & Conservation, Plant Sciences, or Neurosciences.

- Attend Academic Skills Prep sessions.
- Visit the [Student Success Centre Academic Support Zone](#).
- Meet with your Chair or Student Central Professional to discuss your academic progress and current/future courses.
- Consider post-degree programs that may require specific courses or academic requirements - start to create a plan.
- Make sure to check your degrees audit and the beginning and end of the year (found on [myInfo](#)). Check this anytime you add/drop courses.
- If transferring to Lakehead please check the "[Academic Requirements](#)" tab.
- You can declare a minor or double major, in Mathematical Sciences, Outdoor Education, or Chemistry. Check below to see what your options are.
- Think about doing a thesis or special topics on any topic.

- Meet with your Chair and Student Central to ensure you have completed and are in-progress to complete all necessary degree requirements needed for graduation consideration.
- Submit your Intent to Graduate.
- RSVP for your convocation ceremony.
- Understand application requirements, processes and deadlines for future programs of interest.
- If doing a Thesis or Special Topics, ensure that you are on track to complete on time.
- Take advantage of peer reviews!

ACADEMIC SKILLS CHECKLIST

- Visit the Academic Support Zone.
- Email Biology students advisors (Dr. Joe Carney and Dr David Law for APLS program) of the Department of Biology to ensure degree requirements are being met.
- Declare your intent to graduate.
- Develop professional contacts with faculty instructors.
- Enhance the value of your degree through specialization options.



CONNECT

and Gain Experience
with the Local and
Global Community

- Register for courses that contain in-class experiential learning opportunities such as case studies, special topics, HBSc thesis and labs.
- Meet the Students advisors and Chair of your Department - get to know them, and let them get to know you.
- Consider joining [Lakehead University Association of Biology Students](#) to connect with peers.
- Consider [other clubs](#) like the Neuroscience Society, the Research Interest Group, Lakehead University WildLife Society, or the Pre Med Society.
- Ask faculty about volunteering for the department.
- Internships are offered to students within the department as they become available; check out faculty's interest areas and see if they align with yours!

- Develop networks by connecting with your academic professors.
- Consider a [work-study job](#). This is a great opportunity to gain experience, as well as assist in the cost of your education.
- If doing a Thesis or Special Topics, start planning early and speak to peers in your department.
- Speak to faculty to see if there are any research opportunities you can participate in.
- Start attending conferences and seminars in your chosen concentration to network.

- Consider working on applied research, such as a thesis project.
- Connect to the local community through attending courses that involve case studies.
- Join different networking platforms such as [Lakehead Connect](#).
- Communicate interest in career-related opportunities with your professor.
- Get involved in case competitions.
- Consider a leadership role in a student club or organization.
- Participate in Research and Innovation Week.
- You can participate as an undergrad in conferences to further networking within your field of choice.

EXPERIENTIAL LEARNING CHECKLIST

- (Co-op)
- Work Integrated Learning @ Lakehead ([WIL@Lakehead](#))
- Internships
- Research Assistantships
- Case Competitions
- Student clubs and organizations
- Participate in Research and Innovation week poster presentations.
- Talk to a Career Advisor about starting your [Co-Curricular Record!](#)
- Consider taking an [Informational Interview](#).
- Looking to add to your resume and gain essential soft skills? Complete [online certificates](#).



FIRST YEAR

- Visit the [Career Zone](#) to find out about the career services offered.
- Discuss bursary and award opportunities with Student Central.
- Check out the job bank at mysuccess.lakeheadu.ca to learn about summer job and on-campus opportunities in your program.
- Consider applying for OSAP/Provincial Loan funding.
- Meet with a Student Central Professional to discuss financial management, and funding resources.
- Meet with your Chair of Student Central Professional to discuss your academic progress, and current/future courses.

MIDDLE YEARS

- Start connecting with employers through on campus recruitment events, such as career fairs and employer visits.
- Join Lakehead Connect to make connections with alumni in the industry.
- Consider taking the [Strong Interest Inventory Assessment](#) to learn about career options.
- Develop relationships with faculty. Future references can be important.
- As a Biology student you will have access to the Lakehead University Instrumentation Lab- take advantage and conduct your own research.
- Participate in field school.
- Start looking into graduate school or into possible job opportunities to help fine tune your plans for upcoming graduation next year!

FINAL YEAR

- Build career readiness skills by attending resume, job search and interview skills workshops in the [Career Zone](#).
- Attend the Career and Job Fair/Career and Summer Job Fairs to network with employers.
- Consider and discuss graduate school options with your faculty.
- Finish strong with your final year – in many cases, grad programs only look at your last year or two of grades.
- Understand the terms and conditions of your provincial funding to understand the repayment requirements.
- Speak to Alumni in your department to see what their next steps were when approaching graduation.
- Talk to faculty about your options for graduate school.

ACADEMIC SUCCESS

CAREER DEVELOPMENT CHECKLIST

- Apply for job opportunities in your field.
- Create a LinkedIn account.
- Network with employers on and off campus.
- Network during Volunteer and Career Fairs. Ensure you attend these events.
- Research employment opportunities tied to skills developed in your major.
- Consider checking out [Resources and Tools](#) on the Career Zone Website, to learn more about professional development (i.e. the Strong Interest Inventory).
- Keep track of your skills and experiences for your cover letters and resumes.
- Keep track of your on-campus extracurricular activities to add to your Co-Curricular Record (found on [mySuccess](#)).



PREPARE

for Postgraduation or Career

What skills do employers want?

- Research in a specific area
- Proficient in writing research proposals
- Ability to formulate and test hypotheses
- Experience with laboratory equipment
- Proficient in collecting and analyzing scientific data
- Ability to summarize research findings
- Experience in writing a thesis and technical reports
- Ability to present research findings in a seminar

What skills will I gain with this major?

- Identifying problems in specific area
- Research / quantitative skills
- Designing experiments
- Utilizing field and laboratory equipment
- Using computers for computation / simulation
- Writing research proposals
- Summarizing research findings
- Explaining complex ideas for technical and nontechnical audiences
- Reporting results and conclusions orally and in writing

What could I add to my degree?:

- Standard First Aid
- Environmental Sustainability
- Certificate in Business Information Technology Management
- Certificate in Education Studies
- Entrepreneur Certificate Program

What graduate degrees could I pursue?

- Master of Science in Biology or Biological Science
- Master of Education
- Medical School
- Master of Laboratory Medicine and Pathobiology
- Master of Cell and Systems Biology
- Master of Chemistry
- Master of Bioinformatics
- Bio Physics
- Animal Bioscience

What types of minors can I do?

- Mathematical Sciences
- Geography
- Computer Science
- Physics
- Outdoor Education
- Chemistry
- Anthropology
- Economics

What double degrees can I do with this major?

- Environmental Science
- Education
- Chemistry
- Physics
- Outdoor Education
- Anthropology
- Geology

What careers can I pursue?*

- Molecular Biology
- Cytotechnologist
- Medical Geneticist
- Forensic Laboratory Analyst
- Conservation Biologist
- Environmental Health Officer
- Biochemist
- Botanist
- Zoologist
- Operations Research Analyst
- Bioinformatics Specialist/Programmer

*Your career path is not limited to this list. There could be other options to explore!

What field of work are alumni working in?

- Biology Technician
- Professor
- Researcher in Federal and Provincial government departments
- Researcher in Private Research labs
- Lab and Field Assistants
- Medical Professional
- Pharmacology

What percentage of graduates are employed within 2 years after graduation?

- 100.0% of graduates from Agriculture & Biological Sciences are employed!

STUDENT SUCCESS CENTRE

THUNDER BAY (SC0008)

(807) 343-8018
ssc@lakeheadu.ca
 Monday - Friday | 8:30am - 4:30pm

ORILLIA (OR1021)

(705) 330-4010 x 2118
orillia.ssc@lakeheadu.ca
 Monday - Friday | 8:30am - 4:30pm

CAREER ZONE

HUNDER BAY (UC00)

(807) 343-8010 x 8264
careerzone.ssc@lakeheadu.ca
 Monday - Friday | 10:00am - 4:30pm

SOCIAL MEDIA

THUNDER BAY

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ORILLIA

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