

HOW TO BECOME A MENTOR

1

APPLICATION

We want to get to know you! Tell us what makes you excited to mentor.

2

PAPERWORK

Complete your Vulnerable Sector Check (VRC) and Intervention Record Check (IRC).

3

ORIENTATION & TRAINING

Learn how and why we do what we do, and get all the tools you need to have a successful mentoring experience. This pre-match training may also include specialized training depending on your specific program requirements.

4

INTERVIEWS & REFERENCE CHECK

You'll need to do an in-person interview with our Enrollment Coordinator, plus we'll check your references and more depending on your program's requirements.

5

LET'S MAKE A MATCH

Our Program Coordinators will contact you to set up an initial match meeting and help you get started, always supporting you throughout your volunteering experience.

NEED MORE INFO?

Contact Brianne Maxwell
Big Brothers Big Sisters Coordinator
Phone: 620-6839
Email: brianne@ourkidscount.ca

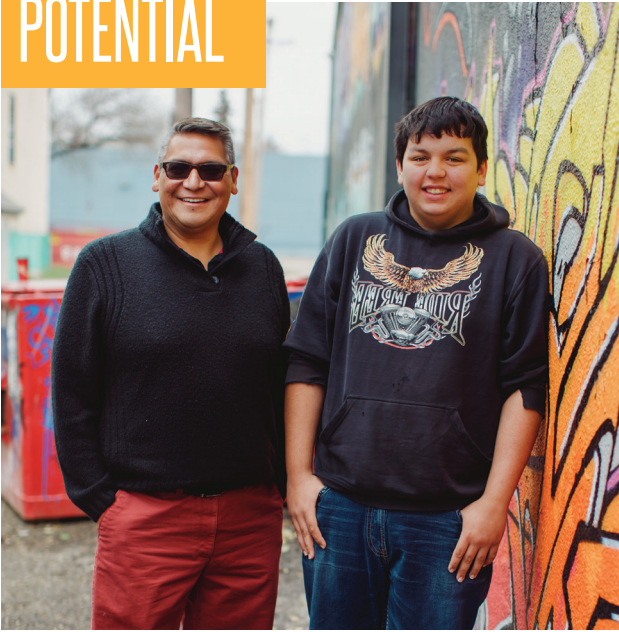
SMALL ACT. BIG IMPACT.



#BIGGERTOGETHER

Big Brothers
Big Sisters

IGNITE
POTENTIAL



IN-SCHOOL MENTORING

Spend one hour a week with a youth doing non-academic activities at their school. Be someone a child can talk to and learn from—sharing interests with them, encouraging them, building on their strengths, all of which can lead to improved self-esteem and a more positive outlook on their life.



COMMUNITY-BASED MENTORING

Meet for a few hours, a couple times each month and provide a youth with a role model to talk to and share experiences with. Through regular activities, a relationship is developed between the mentor and the mentee, built on trust and common interests. The result is a life-changing experience for both the mentor and the mentee.

This program is either 1:1 relationships, or we also provide a Couples Matching program. Couples Matching provides a unique opportunity to work together mentoring one child. The commitment is the same as a 1:1 mentoring match, and the mentee benefits not only from adding two new caring people into their life, but also gets to see first-hand how two adults interact in a healthy, loving relationship.

WE BELIEVE IN THE VALUE OF MENTORING.

Studies show that **mentoring helps kids** stay in school, avoid risky behaviour, and grow up having more respect for family, peers and community.

Helping children reach their full potential can lead to **positive community outcomes** like safer schools and neighbourhoods, reduction in poverty and unemployment, and a new generation of civic-minded adults.

SOCIAL RETURN ON INVESTMENT

\$23:1

\$1 invested in mentoring by Big Brothers Big Sisters returns up to \$23 to society. Changing the course of young lives changes the future of communities. By every measure, Big Brothers Big Sisters returns positive results in the mental health, employment and civic engagement of the recipients of our programs.

*Social Return on Investment Study assessed the economic benefits of our programs by the Boston Consulting Group, 2013.



Mentor Application

Date: _____

Please consider this my formal application to volunteer with AGENCY NAME in the following program:

- Big Brothers Big Sisters
- Couples Matching
- Go Girls!
- Unsure

- In-School Mentoring
- Big Bunch
- Game On!
- Other _____

Full Name: _____

Address: _____

Postal Code: _____ Home Phone: _____

Length of time at this address _____ How long have you lived in the area? _____

Work Phone: _____ Can we call you at work? Yes No

If yes, during what hours do you work? _____

Email: _____

Volunteers must be older than 18 years old to volunteer with children and youth in our programs. Are you older than 18 years? Yes No

How did you hear about this program?

- | | | |
|--|--|--|
| <input type="checkbox"/> TV | <input type="checkbox"/> Radio | <input type="checkbox"/> Newspaper |
| <input type="checkbox"/> Current Volunteers | <input type="checkbox"/> Special Event | <input type="checkbox"/> Friend/Relative |
| <input type="checkbox"/> Billboard/Bus Shelter | <input type="checkbox"/> Former Little | <input type="checkbox"/> Website |
| <input type="checkbox"/> I've always known | <input type="checkbox"/> Other: _____ | |

Have you ever been, or applied to be, a volunteer with a Big Brothers Big Sisters agency in the past? Yes No

If yes, where and when? _____

Why do you want to become a volunteer in the program now?

References

Personal Reference (must have known the applicant for at least two years)

Name: _____

Address: _____

City _____ Prov. _____ Postal Code _____

Home Phone _____ Business Phone _____ ext _____

How long have you known this person? _____ In what capacity? _____

Vulnerable sector Reference¹ (if no volunteer or paid experienced exists in the vulnerable sector within the last five years, an employment reference is required)

Name: _____

Address: _____

City _____ Prov. _____ Postal Code _____

Home Phone _____ Business Phone _____ ext _____

How long have you known this person? _____ In what capacity? _____

Significant Other (if no significant other exists, a family reference is required)

Name: _____

Address: _____

City _____ Prov. _____ Postal Code _____

Home Phone _____ Business Phone _____ ext _____

How long have you known this person? _____ In what capacity? _____

This information is true to the best of my knowledge.

Applicant Signature

Date

¹ Please provide a reference(s) if you have worked with or volunteered with a person or organization responsible for the well-being of children under the age of 18 or with vulnerable persons who, because of their age, a disability, or other circumstances are at greater risk than the general population of being harmed by a person in a position of authority or trust relative to them.