



# DORSET PIER

## MENTAL HEALTH

1204 Roland Street - Unit E  
Thunder Bay, Ontario  
P7B 5M4

T: (807) 333 - 0896  
E: support@dpmh.ca

### JOB COMPETITION #DPMH-003

JOB DESCRIPTION	Clinical Psychotherapy Associate
DATE POSTED	April 24 <sup>th</sup> , 2021
DATE WITHDRAWN	when filled
JOB CLASSIFICATION	Full-Time, Compressed Days (see Additional Information)
HOURS PER WEEK	32 avg (21.5 avg in session per week)
COMPENSATION RANGE	\$69,648 to \$74,956
REPORTS TO	Executive Director

### JOB OVERVIEW

Clinical Psychotherapy Associates help individuals who are experiencing emotional and psychological difficulties to understand their problems and make appropriate changes to their lives. They work with clients who are affected by difficulties such as depression, phobias, stress, anxiety, emotional and relationship problems, physical or psychosomatic disorders and behavioural problems, helping them become better adjusted, face fears or traumas, overcome emotional problems, and live a more effective and fulfilling lives.

Clinical Psychotherapy Associates form the backbone of Dorset Pier Mental Health's service delivery.

### RESPONSIBILITIES AND DUTIES

Activities performed by Clinical Psychotherapy Associates include:

- Performing therapy sessions in accordance with Standards of Practice in a controlled environment, preferably in-person but also virtually via telephone or videoconferencing;
- Using verbal interaction to explore behaviour, attitudes and emotions;
- Helping clients to understand and address their inner conflicts;
- Carrying out different forms of psychotherapy, utilizing commonly recognized frameworks such as CBT, DBT, EFT, EMDR and other therapeutic modalities as required and as different clinical situations dictate;
- Developing detailed and organized session notes, directly within our digital client management system on a contemporaneous basis;
- Participation in clinical roundtables, concurrently receiving clinical oversight and supervision and participating in offering clinical guidance on other files;
- Able to be accommodating and flexible with work hours, occasionally including evenings and weekends to meet the demand of client schedules;
- Development and delivery of group programs and presentations to clinical and community groups;
- Commitment to continuous improvement by way of continuing education, supplementary training and active professional participation in the mental health community;
- Reflecting the mission and values of Dorset Pier Mental Health in a respectful and professional manner at all times.



# DORSET PIER

## MENTAL HEALTH

1204 Roland Street - Unit E  
Thunder Bay, Ontario  
P7B 5M4

T: (807) 333 - 0896  
E: [support@dpmh.ca](mailto:support@dpmh.ca)

### QUALIFICATIONS

Clinical Psychotherapy Associates must have the following qualifications:

- Registered Social Worker in good standing with the Ontario College of Social Workers and Social Service Workers (OCSWSSW);  
OR
- Registered Psychotherapist in good standing with the College of Registered Psychotherapists of Ontario (CRPO);
- Supplementary training in one or more therapeutic modalities such as CBT, DBT, EMDR, EFT and others;
- Ability to work in a busy, high-volume, fast paced environment;
- Ability to work independently;
- Ability to work in a multidisciplinary environment and be a team player;
- Excellent written and verbal communication skills;
- Experience using Owl Practice client management system an asset but not required.

### "MUST LOVE DOGS" ... AND RABBITS

Dorset Pier Mental Health is Thunder Bay's first mental health clinic to focus on animal assisted psychotherapy. While psychotherapy associates are not required to practice with the assistance of animals, they must at a minimum be comfortable handling and being in the presence of the practice's therapy animals.

### ADDITIONAL INFORMATION

At Dorset Pier Mental Health, we understand that the impact of one's physical environment is often overlooked when it comes to addressing mental health concerns.

Research shows that when our environment feels dark, we can feel dark; when our environment feels chaotic, we can feel chaotic; and, when our environment doesn't feel judgment-free, we can feel judged. Accordingly, we have spent a significant amount of time ensuring that our counselling offices are warm, welcoming and comforting. It's like nothing else in Thunder Bay.

Our full-time professionals enjoy compressed weekdays (8:30 am to 2:30 pm OR 2:30 pm to 8:30 pm), shortened Fridays (8:30 am to 1:00 pm OR 1:00 pm to 5:30 pm) and alternating weekends (10:00 am to 5:00 pm), for a total of 32 hours per week (64 hours over 2 weeks), of which no more than 21.5 hours are spent in session (43 hours over 2 weeks). Employer RSP contributions and a comprehensive benefits plan round out the total compensation for full-time professionals.

Alternative part-time staffing arrangements will also be considered, where the benefits and compensation would be pro-rated to one's professional involvement.

Interested applicants should forward their CV to [support@dpmh.ca](mailto:support@dpmh.ca).