

VOLUNTEER OPPORTUNITY

CHOICES

PROGRAM

WHO DID YOU LOOK UP TO WHILE GROWING UP?

We've all had special people in our lives that we admire – why not be that person for someone else?

If you're an adult who wants to give back to the community and youth, consider [volunteering for our CHOICES program!](#)

We're looking for individuals who have personal experiences they'd like to share with youth in the community that can help them forge their own path.

Volunteers participate [every week for 10 weeks as role models](#), supporting youth to find the right direction in life.

We know life can get in the way sometimes. If you're interested in volunteering but are concerned about personal barriers such as [transportation](#) or [child care](#), let us know and [we can help you out](#).

Volunteer opportunities are available

- Tuesdays 10:15am to 12:45pm
- Wednesdays 10:15am to 12:45pm



2023 IN-PERSON TRAINING

(Mandatory • 544 Winnipeg Avenue)

Saturday, September 23rd, 2023
9am to 5pm

APPLY TODAY!

You must be 19 years of age or older.

www.tbaycounselling.com/get-involved/students-volunteers/