



## Honours Bachelor of Social Work 1-Year Program

The one year HBSW is designed for students who have already attained an undergraduate degree in another discipline and wish to receive the training and professional qualification to allow them to enter into the profession of Social Work. The program offers the course content of the professional years of the HBSW program in a compressed, intensive 12 month time frame.

### APPLYING

If you have already completed either a 3 or 4 year university degree, then you would be eligible to apply for our One Year Program, which commences every July. This program offers a dynamic and challenging Social Work education that builds upon your previous university, volunteer and work experience.

Applications are due in December of each year. The One-Year program begins in July.

To enter the One Year Program, it is helpful to know that admission is based on the four areas listed below. The weight assigned to each area is listed in brackets.

1. Academic grades, based on the 10 most recent undergraduate/graduate university level, full course equivalents, completed at the time of application. A minimum average of 70% is required. (40%)
2. Volunteer and work experience (15%)
3. References (20%)
4. A personal statement exam (25%)

## SUMMER SESSION

### Required Courses

SOWK 1100 - Intro to Social Welfare (1 FCE)  
SOWK 2011 – Foundations of Social Work Practice (.5 FCE)  
SOWK 2012 – Human Development (.5 FCE)  
SOWK 3401 – Theory of SW Practice I (1 FCE)  
= 3 Full Credit Equivalents (FCE)

### Considerations

- The summer session runs from the start of July to the end of August. Courses are held Monday- Friday 8:30-4:30 ON CAMPUS for a total of 38 days.
- The Summer session must be complete before moving forward into the fall term.

## FALL/ WINTER

### Required Courses

SOWK 3500 – Field Instruction I\* (1.5 FCE)  
SOWK 4212 – Social Policy & Social Welfare (.5 FCE)  
SOWK 4300 – Theory of SW Practice II (1 FCE)  
SOWK 4405 – Research in Social Work (1 FCE)  
SOWK 4407 - Social Work Interviewing and Communication Skills I & II (1 FCE)  
SOWK 4411 – Social Work Practice and Indigenous Peoples (.5 FCE)  
Social Work elective – (.5 FCE)  
= 6 Full Credit Equivalents (FCE)

### Considerations

- Planning for your 100 day placement will begin in the fall and your placement will begin in January.
- Social work electives are offered in Mental Health, Addictions, Child Welfare, Diversity and more!
- Elective courses are offered in Fall Winter and Spring terms.
- Check in with your Social Work Advisor to ensure you are not missing any requirements.
- Lakehead Graduate school applications due in February.

## SPRING SESSION

### Required Courses

SOWK 4501 - Field Instruction II (1 FCE)  
= 1 Full Credit Equivalents (FCE)

### Considerations

- This is a continuation of your 100 day placement, ensure you are registered.
- Submit your intent to graduate starting from mid-July.



**Lakehead**  
UNIVERSITY

School of  
**Social Work**