

# Building Sustainable and Resilient Collaborations

This interactive, three-hour learning experience will highlight 10 sustainability factors which, when build into a collaborative process will increase the capacity of the coordinating table to move their work from idea to impact. Participants will also engage with 10 resilience practices which are designed to assist collective efforts with navigating community change processes.



**Liz Weaver**  
Co-Chief Executive Officer,  
Tamarack Institute



## Pre-Conference Workshop

Delta Hotel

Thunder Bay, ON

Monday

**June 5, 2023**

9AM to 12:30PM

For more information and  
to register visit:  
[c2uexpo.lakeheadu.ca](http://c2uexpo.lakeheadu.ca)

**Registration Now Open**



Lakehead University, Thunder Bay, Ontario  
June 5-8, 2023

# Fundamentals of Community-Based Research

CBRCanada's workshop will explore how research can be an intervention towards positive change in society. Workshop facilitators and their special guests will reflect on how research that is community-driven, participatory, and action-oriented can contribute to critical reflection and social action. Through short presentations, group discussions, and moderated conversational facilitation, workshop participants will learn the fundamentals of how to conduct community-based research and will get an in-depth explanation of the three guiding hallmarks using case examples to illustrate what each hallmark looks like in practice.



**Dr. Joanna Ochocka**  
Executive Director, CBRCanada



**Amanda Demmer**  
Program Coordinator, CBRCanada

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# Big Ship, Open Waters - Strategic Planning for Community Engagement

In 2021, Carleton University deepened this commitment launching their first university-wide Centre for Community Engagement, followed by the design and launch of a Strategic Plan for Community Engagement (SP4CE). The university is now poised to take stock of its past contributions, current state, and future responsibilities towards community members through the development of the Centre and plan.



**Dr. Karen Schwartz**  
Faculty Member, School of Social  
Work, Carleton University



**Prof. Chantal Trudel**  
Director, Centre for Community Engagement & Assoc.  
Professor, School of Industrial Design, Carleton University

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